

RESULTS



5000 Metres Women - Round 1

First 5 of each heat (Q) plus 5 fastest times (q) qualify to Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	14:06.62	Letesenbet GIDEY	ETH	22	Estadio de Atletismo del Turia, Valencia	7 Oct 2020
Championships Record CR	14:26.72	Hellen OBIRI	KEN	30	Khalifa International Stadium, Doha (QAT)	5 Oct 2019
World Leading WL	14:12.98	Ejgayehu TAYE	ETH	22	Hayward Field, Eugene, OR (USA)	27 May 2022
Area Record AR		National Record NR		Personal Best PB		Season Best SB

Heat 1
2

20 July 2022 16:25 START TIME

33° C TEMPERATURE 35 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	642	Gudaf TSEGAY	ETH	23 Jun 97	4	14:52.64	Q
2	640	Dawit SEYAUM	ETH	27 Jul 96	14	14:53.06	Q
3	896	Beatrice CHEBET	KEN	5 Mar 00	7	14:53.34	Q SB
4	904	Margaret Chelimo KIPKEMBOI	KEN	9 Feb 93	9	14:53.45	Q SB
5	1203	Karissa SCHWEIZER	USA	4 May 96	13	14:53.69	Q SB
6	1173	Emily INFELD	USA	21 Mar 90	16	15:00.98	q SB
7	870	Ririka HIRONAKA	JPN	24 Nov 00	2	15:02.03	SB
8	740	Konstanze KLOSTERHALFEN	GER	18 Feb 97	3	15:17.78	
9	954	Maureen KOSTER	NED	3 Jul 92	17	15:18.17	
10	1099	Sarah LAHTI	SWE	18 Feb 95	10	15:26.05	
11	604	Rahel DANIEL	ERI	16 Nov 01	1	15:31.03	
12	699	Amy-Eloise MARKOVIC	GBR	5 Aug 95	18	15:31.62	SB
13	1056	Caster SEMENYA	RSA	7 Jan 91	6	15:46.12	
14	868	Kaede HAGITANI	JPN	10 Oct 00	5	15:53.39	
15	402	Florencia BORELLI	ARG	30 Oct 92	15	16:06.36	
16	1223	Edymar BREA	VEN	3 Mar 97	11	16:41.32	
	661	Camilla RICHARDSSON	FIN	14 Sep 93	12	DNF	
	435	Natalie RULE	AUS	8 Aug 96	8	DNF	

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INTERMEDIATE TIMES

100 m	17.06 Ririka HIRONAKA	200 m	33.84 Gudaf TSEGAY
300 m	51.86 Ririka HIRONAKA	400 m	1:09.67 Ririka HIRONAKA
500 m	1:27.88 Ririka HIRONAKA	600 m	1:45.83 Ririka HIRONAKA
700 m	2:03.73 Ririka HIRONAKA	800 m	2:21.55 Ririka HIRONAKA
900 m	2:39.35 Ririka HIRONAKA	1000 m	2:57.16 Ririka HIRONAKA
1100 m	3:14.96 Ririka HIRONAKA	1200 m	3:32.77 Ririka HIRONAKA
1300 m	3:50.73 Ririka HIRONAKA	1400 m	4:08.67 Ririka HIRONAKA
1500 m	4:26.49 Ririka HIRONAKA	1600 m	4:44.54 Ririka HIRONAKA
1700 m	5:02.96 Ririka HIRONAKA	1800 m	5:20.97 Ririka HIRONAKA
1900 m	5:39.21 Ririka HIRONAKA	2000 m	5:57.41 Ririka HIRONAKA
2100 m	6:15.59 Ririka HIRONAKA	2200 m	6:33.55 Ririka HIRONAKA
2300 m	6:51.65 Ririka HIRONAKA	2400 m	7:09.99 Ririka HIRONAKA
2500 m	7:28.13 Ririka HIRONAKA	2600 m	7:46.18 Ririka HIRONAKA
2700 m	8:04.16 Ririka HIRONAKA	2800 m	8:22.56 Ririka HIRONAKA
2900 m	8:41.14 Ririka HIRONAKA	3000 m	8:59.90 Ririka HIRONAKA
3100 m	9:19.12 Ririka HIRONAKA	3200 m	9:38.31 Ririka HIRONAKA
3300 m	9:57.46 Ririka HIRONAKA	3400 m	10:16.01 Ririka HIRONAKA
3500 m	10:35.06 Ririka HIRONAKA	3600 m	10:54.05 Ririka HIRONAKA
3700 m	11:12.67 Ririka HIRONAKA	3800 m	11:31.15 Ririka HIRONAKA
3900 m	11:48.90 Karissa SCHWEIZER	4000 m	12:06.78 Karissa SCHWEIZER
4100 m	12:24.22 Karissa SCHWEIZER	4200 m	12:41.59 Karissa SCHWEIZER
4300 m	12:58.68 Karissa SCHWEIZER	4400 m	13:15.15 Gudaf TSEGAY
4500 m	13:32.53 Gudaf TSEGAY	4600 m	13:49.32 Gudaf TSEGAY
4700 m	14:05.94 Gudaf TSEGAY	4800 m	14:22.23 Gudaf TSEGAY
4900 m	14:38.46 Gudaf TSEGAY		

RESULTS
5000 Metres Women - Round 1
Heat 2 2

20 July 2022 16:51 START TIME 33° C TEMPERATURE 33 % HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT	
1	636	Letesenbet GIDEY	ETH	20 Mar 98	7	14:52.27	Q
2	891	Caroline Chepkoech KIPKIRUI	KAZ	26 May 94	19	14:52.54	Q SB
3	951	Sifan HASSAN	NED	1 Jan 93	10	14:52.89	Q SB
4	982	Karoline Bjerkeli GRØVDAL	NOR	14 Jun 90	18	14:53.07	Q
5	1150	Elise CRANNY	USA	9 May 96	1	14:53.20	Q
6	908	Gloria KITE	KEN	10 Jan 98	15	14:53.62	q SB
7	700	Eilish MCCOLGAN	GBR	25 Nov 90	9	14:56.47	q SB
8	694	Jessica JUDD	GBR	7 Jan 95	2	14:57.64	q
9	883	Nozomi TANAKA	JPN	4 Sep 99	8	15:00.21	q SB
10	755	Alina REH	GER	23 May 97	16	15:13.92	
11	936	Laura GALVÁN	MEX	5 Oct 91	5	15:15.92	
12	1032	Mariana MACHADO	POR	12 Nov 00	11	15:18.09	PB
13	1116	Esther CHEBET	UGA	9 Oct 97	14	15:26.40	
14	797	Selamawit TEFERI	ISR	24 Mar 94	12	15:44.30	SB
15	417	Rose DAVIES	AUS	21 Dec 99	4	15:45.95	
16	1224	Joselyn Daniely BREA	VEN	12 Aug 94	6	15:46.75	SB
17	779	Parul CHAUDHARY	IND	15 Apr 95	17	15:54.03	
18	723	Sara BENFARES	GER	27 May 01	13	16:34.23	
19	503	Gracelyn LARKIN	CAN	01	3	16:48.78	

INTERMEDIATE TIMES

100 m	17.45 Elise CRANNY	200 m	36.71 Eilish MCCOLGAN
300 m	54.84 Eilish MCCOLGAN	400 m	1:12.83 Eilish MCCOLGAN
500 m	1:30.61 Eilish MCCOLGAN	600 m	1:48.26 Eilish MCCOLGAN
700 m	2:06.08 Eilish MCCOLGAN	800 m	2:23.99 Eilish MCCOLGAN
900 m	2:41.70 Eilish MCCOLGAN	1000 m	2:59.33 Eilish MCCOLGAN
1100 m	3:16.97 Eilish MCCOLGAN	1200 m	3:34.86 Eilish MCCOLGAN
1300 m	3:52.55 Eilish MCCOLGAN	1400 m	4:10.05 Eilish MCCOLGAN
1500 m	4:27.88 Eilish MCCOLGAN	1600 m	4:45.84 Eilish MCCOLGAN
1700 m	5:03.71 Eilish MCCOLGAN	1800 m	5:21.59 Eilish MCCOLGAN
1900 m	5:39.59 Eilish MCCOLGAN	2000 m	5:57.67 Eilish MCCOLGAN
2100 m	6:15.58 Eilish MCCOLGAN	2200 m	6:33.46 Eilish MCCOLGAN
2300 m	6:51.39 Eilish MCCOLGAN	2400 m	7:09.39 Eilish MCCOLGAN
2500 m	7:27.37 Eilish MCCOLGAN	2600 m	7:45.22 Eilish MCCOLGAN
2700 m	8:03.28 Eilish MCCOLGAN	2800 m	8:21.80 Eilish MCCOLGAN
2900 m	8:40.08 Eilish MCCOLGAN	3000 m	8:58.00 Eilish MCCOLGAN
3100 m	9:16.25 Eilish MCCOLGAN	3200 m	9:34.81 Eilish MCCOLGAN
3300 m	9:53.03 Eilish MCCOLGAN	3400 m	10:11.21 Eilish MCCOLGAN
3500 m	10:29.48 Eilish MCCOLGAN	3600 m	10:47.92 Eilish MCCOLGAN
3700 m	11:06.35 Eilish MCCOLGAN	3800 m	11:24.63 Eilish MCCOLGAN
3900 m	11:43.08 Eilish MCCOLGAN	4000 m	12:01.49 Eilish MCCOLGAN
4100 m	12:20.01 Eilish MCCOLGAN	4200 m	12:38.14 Eilish MCCOLGAN
4300 m	12:56.44 Eilish MCCOLGAN	4400 m	13:14.65 Jessica JUDD
4500 m	13:32.19 Caroline Chepkoech KIPKIRUI	4600 m	13:49.10 Jessica JUDD
4700 m	14:05.72 Jessica JUDD	4800 m	14:22.09 Karoline Bjerkeli GRØVDAL
4900 m	14:37.97 Karoline Bjerkeli GRØVDAL		

RESULTS

5000 Metres Women - Round 1

ALL-TIME OUTDOOR TOP LIST				2022 OUTDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2022
14:06.62	Letesenbet GIDEY (ETH)	de Atletismo del Turia, Valencia	7 Oct 20	14:12.98	Ejgayehu TAYE (ETH)	Hayward Field, Eugene, OR (USA)	27 May
14:11.15	Tirunesh DIBABA (ETH)	Bislett Stadion, Oslo (NOR)	6 Jun 08	14:24.59	Letesenbet GIDEY (ETH)	Hayward Field, Eugene, OR (USA)	27 May
14:12.59	Almaz AYANA (ETH)	Stadio Olimpico, Roma (ITA)	2 Jun 16	14:25.84	Dawit SEYAUM (ETH)	Bislett Stadion, Oslo (NOR)	16 Jun
14:12.88	Meseret DEFAR (ETH)	Stockholm (SWE)	22 Jul 08	14:26.69	Gudaf TSEGAY (ETH)	Bislett Stadion, Oslo (NOR)	16 Jun
14:12.98	Ejgayehu TAYE (ETH)	Hayward Field, Eugene, OR (USA)	27 May 22	14:31.07	Karoline Bjerkeli GRØVDAL (NOR)	Bislett Stadion, Oslo (NOR)	16 Jun
14:13.32	Gudaf TSEGAY (ETH)	inkers-Koen Stadion, Hengelo (NED)	8 Jun 21	14:31.11	Alicia MONSON (USA)	Bislett Stadion, Oslo (NOR)	16 Jun
14:15.24	Senbere TEFERI (ETH)	inkers-Koen Stadion, Hengelo (NED)	8 Jun 21	14:32.17	Almaz AYANA (ETH)	Bislett Stadion, Oslo (NOR)	16 Jun
14:15.41	Genzebe DIBABA (ETH)	Paris (FRA)	4 Jul 15	14:33.66	Hawi FEYSA (ETH)	Bislett Stadion, Oslo (NOR)	16 Jun
14:18.37	Hellen OBIRI (KEN)	Stadio Olimpico, Roma (ITA)	8 Jun 17	14:36.66	Rahel DANIEL (ERI)	Hayward Field, Eugene, OR (USA)	27 May
14:20.68	Agnes Jebet TIROP (KEN)	Olympic Stadium, London (GBR)	21 Jul 19	14:37.94	Konstanze KLOSTERHALFEN (GER)	Bislett Stadion, Oslo (NOR)	16 Jun