

# RACE ANALYSIS



## 5000 Metres Men - Round 1

First 5 of each heat (Q) plus 5 fastest times (q) qualify to Final

Heat 2 **2**

21 July 2022 18:32 START TIME 28° C TEMPERATURE 51 % HUMIDITY

1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m	30	3000 m
31	3100 m	32	3200 m	33	3300 m	34	3400 m	35	3500 m	36	3600 m	37	3700 m	38	3800 m	39	3900 m	40	4000 m
41	4100 m	42	4200 m	43	4300 m	44	4400 m	45	4500 m	46	4600 m	47	4700 m	48	4800 m	49	4900 m		

1 2095 Jacob KROP KEN 4 Jun 01 13:13.30

1	15.57	2	16.83	3	16.53	4	16.30	5	16.89	6	16.16	7	16.14	8	16.36	9	17.07	10	16.10
	<b>15.57</b> (1)		32.40 (3)		48.93 (3)		1:05.23 (4)		1:22.12 (3)		1:38.28 (2)		1:54.42 (3)		2:10.78 (2)		2:27.85 (3)		2:43.95 (3)
11	15.78	12	16.26	13	16.00	14	15.97	15	16.76	16	17.18	17	17.34	18	16.00	19	16.42	20	17.65
	2:59.73 (3)		3:15.99 (3)		3:31.99 (3)		3:47.96 (2)		<b>4:04.72</b> (1)		4:21.90 (2)		4:39.24 (2)		<b>4:55.24</b> (1)		5:11.66 (2)		5:29.31 (3)
21	15.94	22	15.32	23	15.96	24	16.25	25	16.11	26	15.90	27	15.93	28	15.75	29	15.48	30	15.40
	5:45.25 (3)		6:00.57 (2)		6:16.53 (3)		6:32.78 (2)		6:48.89 (2)		7:04.79 (3)		7:20.72 (3)		7:36.47 (3)		7:51.95 (3)		8:07.35 (3)
31	15.48	32	15.46	33	15.50	34	15.39	35	15.48	36	15.32	37	15.34	38	15.21	39	15.73	40	15.46
	8:22.83 (3)		8:38.29 (3)		8:53.79 (3)		9:09.18 (3)		9:24.66 (3)		9:39.98 (3)		9:55.32 (3)		10:10.53 (3)		10:26.26 (2)		10:41.72 (2)
41	15.18	42	15.09	43	15.80	44	15.57	45	15.40	46	15.32	47	15.29	48	14.46	49	14.85		14.62
	10:56.90 (2)		11:11.99 (2)		<b>11:27.79</b> (1)		<b>11:43.36</b> (1)		<b>11:58.76</b> (1)		<b>12:14.08</b> (1)		<b>12:29.37</b> (1)		<b>12:43.83</b> (1)		<b>12:58.68</b> (1)		

2 2190 Jakob INGEBRIGTSEN NOR 19 Sep 00 13:13.92

1	17.26	2	17.06	3	17.18	4	15.91	5	16.38	6	16.41	7	16.41	8	16.30	9	16.70	10	16.38
	17.26 (19)		34.32 (19)		51.50 (19)		1:07.41 (19)		1:23.79 (19)		1:40.20 (19)		1:56.61 (18)		2:12.91 (19)		2:29.61 (18)		2:45.99 (19)
11	15.99	12	15.92	13	16.10	14	15.59	15	16.42	16	16.94	17	17.49	18	16.26	19	16.14	20	17.33
	3:01.98 (19)		3:17.90 (19)		3:34.00 (18)		3:49.59 (16)		4:06.01 (16)		4:22.95 (14)		4:40.44 (14)		4:56.70 (14)		5:12.84 (14)		5:30.17 (14)
21	17.37	22	15.78	23	16.08	24	15.86	25	16.03	26	15.33	27	15.73	28	15.71	29	15.86	30	15.30
	5:47.54 (15)		6:03.32 (15)		6:19.40 (15)		6:35.26 (14)		6:51.29 (13)		7:06.62 (13)		7:22.35 (13)		7:38.06 (13)		7:53.92 (13)		8:09.22 (11)
31	15.58	32	15.51	33	15.40	34	15.08	35	15.36	36	15.09	37	15.36	38	15.38	39	15.65	40	15.53
	8:24.80 (11)		8:40.31 (11)		8:55.71 (10)		9:10.79 (9)		9:26.15 (8)		9:41.24 (8)		9:56.60 (8)		10:11.98 (7)		10:27.63 (7)		10:43.16 (6)
41	15.01	42	14.72	43	15.49	44	15.64	45	15.15	46	15.28	47	15.24	48	14.80	49	15.18		14.25
	10:58.17 (6)		11:12.89 (6)		11:28.38 (5)		11:44.02 (4)		11:59.17 (3)		12:14.45 (3)		12:29.69 (3)		12:44.49 (3)		12:59.67 (2)		

3 1948 Luis GRIJALVA GUA 10 Apr 99 13:14.04 <sup>SB</sup>

1	15.60	2	16.93	3	16.59	4	16.10	5	16.96	6	16.39	7	16.49	8	16.25	9	16.82	10	16.16
	15.60 (2)		32.53 (4)		49.12 (4)		1:05.22 (3)		1:22.18 (4)		1:38.57 (6)		1:55.06 (8)		2:11.31 (8)		2:28.13 (7)		2:44.29 (9)
11	15.89	12	16.12	13	16.18	14	15.93	15	16.67	16	17.22	17	17.38	18	16.17	19	16.18	20	16.92
	3:00.18 (8)		3:16.30 (8)		3:32.48 (8)		3:48.41 (8)		4:05.08 (8)		4:22.30 (8)		4:39.68 (8)		4:55.85 (7)		5:12.03 (6)		<b>5:28.95</b> (1)
21	15.29	22	15.28	23	15.68	24	15.54	25	15.44	26	15.50	27	16.03	28	15.79	29	15.92	30	15.66
	<b>5:44.24</b> (1)		<b>5:59.52</b> (1)		<b>6:15.20</b> (1)		<b>6:30.74</b> (1)		<b>6:46.18</b> (1)		<b>7:01.68</b> (1)		<b>7:17.71</b> (1)		<b>7:33.50</b> (1)		<b>7:49.42</b> (1)		<b>8:05.08</b> (1)
31	15.91	32	16.16	33	15.63	34	15.37	35	15.64	36	15.55	37	15.48	38	15.57	39	16.09	40	15.66
	<b>8:20.99</b> (1)		<b>8:37.15</b> (1)		8:52.78 (2)		9:08.15 (2)		9:23.79 (2)		9:39.34 (2)		9:54.82 (2)		10:10.39 (2)		10:26.48 (4)		10:42.14 (5)
41	15.31	42	15.21	43	15.73	44	15.92	45	15.42	46	15.22	47	15.52	48	14.89	49	14.71		13.97
	10:57.45 (5)		11:12.66 (5)		11:28.39 (6)		11:44.31 (6)		11:59.73 (6)		12:14.95 (6)		12:30.47 (6)		12:45.36 (4)		13:00.07 (4)		

4 1799 Yomif KEJELCHA ETH 1 Aug 97 13:14.87

1	16.84	2	17.11	3	17.06	4	15.81	5	16.45	6	16.31	7	16.36	8	15.89	9	16.99	10	15.91
	16.84 (18)		33.95 (16)		51.01 (16)		1:06.82 (16)		1:23.27 (15)		1:39.58 (16)		1:55.94 (15)		2:11.83 (12)		2:28.82 (13)		2:44.73 (11)
11	16.04	12	15.89	13	16.29	14	15.79	15	16.53	16	17.05	17	17.51	18	16.23	19	16.48	20	17.27
	3:00.77 (11)		3:16.66 (11)		3:32.95 (11)		3:48.74 (11)		4:05.27 (11)		4:22.32 (9)		4:39.83 (9)		4:56.06 (9)		5:12.54 (11)		5:29.81 (9)
21	16.14	22	15.48	23	15.89	24	16.04	25	16.27	26	15.77	27	15.98	28	15.81	29	15.67	30	15.44
	5:45.95 (8)		6:01.43 (8)		6:17.32 (8)		6:33.36 (8)		6:49.63 (8)		7:05.40 (8)		7:21.38 (8)		7:37.19 (8)		7:52.86 (7)		8:08.30 (7)
31	15.45	32	15.13	33	15.61	34	15.16	35	15.38	36	15.44	37	15.40	38	15.15	39	15.59	40	15.47
	8:23.75 (7)		8:38.88 (6)		8:54.49 (6)		9:09.65 (5)		9:25.03 (5)		9:40.47 (5)		9:55.87 (5)		10:11.02 (5)		10:26.61 (5)		10:42.08 (4)
41	15.30	42	14.96	43	15.68	44	15.77	45	15.26	46	15.24	47	15.24	48	14.87	49	15.29		15.18
	10:57.38 (4)		11:12.34 (3)		11:28.02 (3)		11:43.79 (2)		11:59.05 (2)		12:14.29 (2)		12:29.53 (2)		12:44.40 (2)		12:59.69 (3)		



RACE ANALYSIS  
5000 Metres Men - Round 1

5 1636 Mohammed AHMED										CAN 5 Jan 91 13:15.17									
1	15.77	2	16.44	3	16.45	4	16.27	5	16.92	6	16.23	7	16.19	8	16.31	9	17.18	10	16.00
	15.77 (5)		32.21 (1)		48.66 (1)		1:04.93 (1)		1:21.85 (1)		1:38.08 (1)		1:54.27 (1)		2:10.58 (1)		2:27.76 (2)		2:43.76 (2)
11	15.91	12	16.21	13	15.97	14	16.19	15	16.68	16	17.06	17	17.44	18	16.43	19	16.18	20	17.61
	2:59.67 (2)		3:15.88 (2)		3:31.85 (2)		3:48.04 (3)		4:04.72 (2)		4:21.78 (1)		4:39.22 (1)		4:55.65 (4)		5:11.83 (4)		5:29.44 (5)
21	16.04	22	15.45	23	15.83	24	16.24	25	16.08	26	15.88	27	15.82	28	15.93	29	15.42	30	15.54
	5:45.48 (5)		6:00.93 (5)		6:16.76 (5)		6:33.00 (5)		6:49.08 (5)		7:04.96 (4)		7:20.78 (4)		7:36.71 (4)		7:52.13 (4)		8:07.67 (4)
31	15.24	32	15.62	33	15.54	34	15.32	35	15.52	36	15.22	37	15.44	38	15.28	39	15.47	40	15.51
	8:22.91 (4)		8:38.53 (4)		8:54.07 (4)		9:09.39 (4)		9:24.91 (4)		9:40.13 (4)		9:55.57 (4)		10:10.85 (4)		10:26.32 (3)		10:41.83 (3)
41	15.40	42	15.23	43	15.66	44	16.03	45	15.44	46	15.28	47	15.29	48	15.58	49	15.02		14.41
	10:57.23 (3)		11:12.46 (4)		11:28.12 (4)		11:44.15 (5)		11:59.59 (5)		12:14.87 (5)		12:30.16 (5)		12:45.74 (6)		13:00.76 (6)		

6 2084 Daniel Simiu EBENYO										KEN 18 Sep 95 13:15.17									
1	16.13	2	16.74	3	16.73	4	15.80	5	16.85	6	16.18	7	16.14	8	16.31	9	17.15	10	16.02
	16.13 (11)		32.87 (9)		49.60 (8)		1:05.40 (5)		1:22.25 (5)		1:38.43 (4)		1:54.57 (4)		2:10.88 (3)		2:28.03 (6)		2:44.05 (5)
11	15.77	12	16.34	13	16.01	14	15.99	15	16.73	16	17.35	17	17.34	18	15.85	19	16.28	20	17.67
	2:59.82 (4)		3:16.16 (5)		3:32.17 (4)		3:48.16 (4)		4:04.89 (6)		4:22.24 (7)		4:39.58 (6)		4:55.43 (3)		5:11.71 (3)		5:29.38 (4)
21	15.96	22	15.37	23	15.91	24	16.18	25	16.23	26	15.58	27	15.78	28	15.71	29	15.27	30	15.11
	5:45.34 (4)		6:00.71 (4)		6:16.62 (4)		6:32.80 (4)		6:49.03 (4)		7:04.61 (2)		7:20.39 (2)		7:36.10 (2)		7:51.37 (2)		8:06.48 (2)
31	14.78	32	15.91	33	15.53	34	15.38	35	15.63	36	15.41	37	15.32	38	15.38	39	15.65	40	15.59
	8:21.26 (2)		8:37.17 (2)		8:52.70 (1)		9:08.08 (1)		9:23.71 (1)		9:39.12 (1)		9:54.44 (1)		10:09.82 (1)		10:25.47 (1)		10:41.06 (1)
41	15.35	42	15.45	43	15.96	44	16.05	45	15.64	46	15.18	47	15.42	48	15.33	49	15.30		14.43
	10:56.41 (1)		11:11.86 (1)		11:27.82 (2)		11:43.87 (3)		11:59.51 (4)		12:14.69 (4)		12:30.11 (4)		12:45.44 (5)		13:00.74 (5)		

7 1794 Muktar EDRIS										ETH 14 Jan 94 13:21.19									
1	16.82	2	17.29	3	17.12	4	15.57	5	16.62	6	15.56	7	16.44	8	15.88	9	16.89	10	16.10
	16.82 (17)		34.11 (18)		51.23 (18)		1:06.80 (15)		1:23.42 (17)		1:38.98 (10)		1:55.42 (10)		2:11.30 (7)		2:28.19 (8)		2:44.29 (8)
11	16.01	12	16.12	13	16.22	14	15.90	15	16.58	16	17.41	17	17.38	18	16.17	19	16.23	20	17.34
	3:00.30 (9)		3:16.42 (9)		3:32.64 (9)		3:48.54 (9)		4:05.12 (9)		4:22.53 (10)		4:39.91 (11)		4:56.08 (10)		5:12.31 (9)		5:29.65 (7)
21	15.95	22	15.49	23	15.81	24	16.21	25	16.12	26	15.96	27	15.94	28	15.70	29	15.45	30	15.49
	5:45.60 (4)		6:01.09 (6)		6:16.90 (6)		6:33.11 (6)		6:49.23 (6)		7:05.19 (6)		7:21.13 (6)		7:36.83 (5)		7:52.28 (5)		8:07.77 (5)
31	15.45	32	15.58	33	15.57	34	15.37	35	15.74	36	15.34	37	15.59	38	15.45	39	15.67	40	15.90
	8:23.22 (5)		8:38.80 (5)		8:54.37 (5)		9:09.74 (6)		9:25.48 (6)		9:40.82 (7)		9:56.41 (7)		10:11.86 (6)		10:27.53 (6)		10:43.43 (7)
41	15.86	42	15.82	43	16.09	44	16.15	45	16.08	46	16.17	47	15.84	48	15.61	49	15.35		14.79
	10:59.29 (7)		11:15.11 (7)		11:31.20 (7)		11:47.35 (7)		12:03.43 (7)		12:19.60 (7)		12:35.44 (7)		12:51.05 (7)		13:06.40 (7)		

8 1888 Marc SCOTT										GBR 21 Dec 93 13:22.54									
1	15.81	2	16.79	3	16.57	4	16.26	5	16.92	6	16.09	7	16.26	8	16.48	9	16.72	10	16.11
	15.81 (6)		32.60 (5)		49.17 (5)		1:05.43 (6)		1:22.35 (6)		1:38.44 (5)		1:54.70 (5)		2:11.18 (6)		2:27.90 (4)		2:44.01 (4)
11	15.82	12	16.24	13	16.14	14	16.03	15	16.61	16	17.09	17	17.33	18	16.47	19	16.28	20	17.62
	2:59.83 (5)		3:16.07 (4)		3:32.21 (5)		3:48.24 (5)		4:04.85 (5)		4:21.94 (3)		4:39.27 (3)		4:55.74 (5)		5:12.02 (5)		5:29.64 (6)
21	16.12	22	15.53	23	15.84	24	16.11	25	16.09	26	15.98	27	15.92	28	15.77	29	15.61	30	15.56
	5:45.76 (7)		6:01.29 (7)		6:17.13 (7)		6:33.24 (7)		6:49.33 (7)		7:05.31 (7)		7:21.23 (7)		7:37.00 (6)		7:52.61 (6)		8:08.17 (6)
31	15.40	32	15.35	33	15.85	34	15.82	35	15.92	36	15.74	37	15.15	38	15.62	39	16.13	40	15.96
	8:23.57 (6)		8:38.92 (7)		8:54.77 (8)		9:10.59 (8)		9:26.51 (10)		9:42.25 (10)		9:57.40 (9)		10:13.02 (9)		10:29.15 (9)		10:45.11 (8)
41	15.90	42	16.43	43	16.63	44	16.49	45	16.36	46	16.03	47	15.59	48	14.79	49	14.61		14.60
	11:01.01 (8)		11:17.44 (8)		11:34.07 (8)		11:50.56 (9)		12:06.92 (9)		12:22.95 (10)		12:38.54 (10)		12:53.33 (8)		13:07.94 (8)		

9 1915 Sam PARSONS										GER 18 Jun 94 13:24.50									
1	16.28	2	17.26	3	17.10	4	15.64	5	16.32	6	16.20	7	16.42	8	16.41	9	16.79	10	16.08
	16.28 (13)		33.54 (14)		50.64 (14)		1:06.28 (11)		1:22.60 (9)		1:38.80 (9)		1:55.22 (9)		2:11.63 (10)		2:28.42 (10)		2:44.50 (10)
11	15.92	12	16.08	13	16.28	14	15.89	15	16.59	16	17.28	17	17.31	18	16.38	19	16.43	20	17.29
	3:00.42 (10)		3:16.50 (10)		3:32.78 (10)		3:48.67 (10)		4:05.26 (10)		4:22.54 (11)		4:39.85 (10)		4:56.23 (12)		5:12.66 (12)		5:29.95 (10)
21	16.21	22	15.75	23	15.80	24	16.01	25	16.29	26	15.76	27	16.09	28	15.78	29	15.80	30	15.53
	5:46.16 (10)		6:01.91 (11)		6:17.71 (10)		6:33.72 (10)		6:50.01 (10)		7:05.77 (10)		7:21.86 (11)		7:37.64 (10)		7:53.44 (10)		8:08.97 (10)
31	15.68	32	15.47	33	15.34	34	15.44	35	15.33	36	15.68	37	15.78	38	15.73	39	15.86	40	15.86
	8:24.65 (10)		8:40.12 (9)		8:55.46 (9)		9:10.90 (10)		9:26.23 (9)		9:41.91 (9)		9:57.69 (10)		10:13.42 (10)		10:29.28 (10)		10:45.14 (9)
41	15.92	42	16.44	43	16.59	44	16.39	45	16.20	46	15.90	47	15.81	48	15.28	49	15.27		15.56
	11:01.06 (9)		11:17.50 (9)		11:34.09 (9)		11:50.48 (8)		12:06.68 (8)		12:22.58 (9)		12:38.39 (8)		12:53.67 (9)		13:08.94 (9)		



**RACE ANALYSIS**  
**5000 Metres Men - Round 1**

10 1750 Merhawi MEBRAHTU										ERI		21 Sep 03		13:24.89					
1	16.25	2	17.13	3	17.22	4	16.04	5	16.45	6	16.29	7	16.68	8	16.14	9	16.50	10	16.36
	16.25 (12)		33.38 (13)		50.60 (13)		1:06.64 (13)		1:23.09 (14)		1:39.38 (15)		1:56.06 (16)		2:12.20 (15)		2:28.70 (12)		2:45.06 (13)
11	16.19	12	15.82	13	16.26	14	15.79	15	16.58	16	17.33	17	17.60	18	16.28	19	16.48	20	17.17
	3:01.25 (14)		3:17.07 (14)		3:33.33 (14)		3:49.12 (14)		4:05.70 (14)		4:23.03 (15)		4:40.63 (15)		4:56.91 (16)		5:13.39 (16)		5:30.56 (17)
21	16.03	22	15.44	23	16.02	24	15.83	25	16.32	26	15.78	27	16.13	28	15.79	29	15.68	30	14.87
	5:46.59 (12)		6:02.03 (12)		6:18.05 (12)		6:33.88 (11)		6:50.20 (11)		7:05.98 (12)		7:22.11 (12)		7:37.90 (12)		7:53.58 (11)		8:08.45 (8)
31	15.50	32	15.15	33	15.63	34	15.16	35	15.80	36	14.90	37	15.64	38	16.02	39	16.50	40	16.60
	8:23.95 (8)		8:39.10 (8)		8:54.73 (7)		9:09.89 (7)		9:25.69 (7)		9:40.59 (6)		9:56.23 (6)		10:12.25 (8)		10:28.75 (8)		10:45.35 (10)
41	16.32	42	16.53	43	16.58	44	16.52	45	15.84	46	15.27	47	16.04	48	16.18	49	15.51		14.75
	11:01.67 (10)		11:18.20 (10)		11:34.78 (10)		11:51.30 (10)		12:07.14 (10)		12:22.41 (8)		12:38.45 (9)		12:54.63 (10)		13:10.14 (10)		

11 2392 William KINCAID										USA		21 Sep 92		13:25.02					
1	16.03	2	16.33	3	16.32	4	16.39	5	16.88	6	16.34	7	16.05	8	16.66	9	16.58	10	16.07
	16.03 (10)		32.36 (2)		48.68 (2)		1:05.07 (2)		1:21.95 (2)		1:38.29 (3)		1:54.34 (2)		2:11.00 (4)		<b>2:27.58 (1)</b>		<b>2:43.65 (1)</b>
11	15.87	12	16.25	13	16.00	14	16.06	15	16.93	16	17.38	17	17.35	18	16.41	19	16.40	20	17.67
	<b>2:59.52 (1)</b>		<b>3:15.77 (1)</b>		<b>3:31.77 (1)</b>		<b>3:47.83 (1)</b>		4:04.76 (3)		4:22.14 (5)		4:39.49 (5)		4:55.90 (8)		5:12.30 (8)		5:29.97 (11)
21	18.69	22	15.92	23	15.78	24	15.86	25	15.89	26	15.77	27	16.00	28	16.30	29	15.88	30	15.89
	5:48.66 (18)		6:04.58 (17)		6:20.36 (17)		6:36.22 (17)		6:52.11 (17)		7:07.88 (16)		7:23.88 (16)		7:40.18 (15)		7:56.06 (15)		8:11.95 (15)
31	16.28	32	15.94	33	15.92	34	15.98	35	16.21	36	16.21	37	16.41	38	16.53	39	16.30	40	16.86
	8:28.23 (15)		8:44.17 (15)		9:00.09 (15)		9:16.07 (13)		9:32.28 (13)		9:48.49 (13)		10:04.90 (12)		10:21.43 (12)		10:37.73 (12)		10:54.59 (12)
41	16.47	42	16.04	43	15.92	44	16.18	45	15.67	46	15.55	47	14.80	48	13.89	49	12.98		12.93
	11:11.06 (11)		11:27.10 (11)		11:43.02 (11)		11:59.20 (11)		12:14.87 (11)		12:30.42 (11)		12:45.22 (11)		12:59.11 (11)		13:12.09 (11)		

12 2200 Hamish CARSON										NZL		1 Nov 88		13:37.62					
1	16.40	2	16.79	3	17.15	4	16.07	5	16.37	6	16.34	7	16.47	8	16.14	9	16.83	10	16.32
	16.40 (14)		33.19 (12)		50.34 (12)		1:06.41 (12)		1:22.78 (11)		1:39.12 (12)		1:55.59 (12)		2:11.73 (11)		2:28.56 (11)		2:44.88 (12)
11	15.91	12	16.02	13	16.27	14	15.78	15	16.69	16	17.16	17	17.46	18	15.59	19	16.39	20	17.63
	3:00.79 (12)		3:16.81 (12)		3:33.08 (12)		3:48.86 (12)		4:05.55 (13)		4:22.71 (13)		4:40.17 (13)		4:55.76 (6)		5:12.15 (7)		5:29.78 (8)
21	16.23	22	15.59	23	15.84	24	16.11	25	16.25	26	15.78	27	15.88	28	15.94	29	15.89	30	15.99
	5:46.01 (9)		6:01.60 (9)		6:17.44 (9)		6:33.55 (9)		6:49.80 (9)		7:05.58 (9)		7:21.46 (9)		7:37.40 (9)		7:53.29 (9)		8:09.28 (12)
31	16.04	32	15.88	33	15.72	34	16.53	35	17.13	36	17.39	37	17.30	38	17.45	39	18.15	40	17.77
	8:25.32 (12)		8:41.20 (12)		8:56.92 (12)		9:13.45 (12)		9:30.58 (12)		9:47.97 (12)		10:05.27 (13)		10:22.72 (13)		10:40.87 (13)		10:58.64 (14)
41	17.41	42	17.34	43	17.50	44	16.69	45	15.84	46	15.30	47	15.03	48	14.59	49	14.58		14.70
	11:16.05 (14)		11:33.39 (14)		11:50.89 (13)		12:07.58 (13)		12:23.42 (13)		12:38.72 (12)		12:53.75 (12)		13:08.34 (12)		13:22.92 (12)		

13 2049 Hyuga ENDO										JPN		5 Aug 98		13:47.07					
1	15.91	2	16.93	3	16.48	4	16.21	5	16.97	6	16.19	7	16.08	8	16.59	9	16.62	10	16.20
	15.91 (9)		32.84 (8)		49.32 (6)		1:05.53 (8)		1:22.50 (8)		1:38.69 (8)		1:54.77 (6)		2:11.36 (9)		2:27.98 (5)		2:44.18 (6)
11	15.84	12	16.25	13	16.06	14	16.07	15	16.61	16	17.18	17	17.39	18	16.51	19	16.32	20	17.68
	3:00.02 (7)		3:16.27 (6)		3:32.33 (6)		3:48.40 (7)		4:05.01 (7)		4:22.19 (6)		4:39.58 (7)		4:56.09 (11)		5:12.41 (10)		5:30.09 (12)
21	16.83	22	15.84	23	16.30	24	16.31	25	16.07	26	15.47	27	16.09	28	15.92	29	16.08	30	15.95
	5:46.92 (13)		6:02.76 (13)		6:19.06 (13)		6:35.37 (15)		6:51.44 (15)		7:06.91 (14)		7:23.00 (14)		7:38.92 (14)		7:55.00 (14)		8:10.95 (14)
31	16.31	32	16.32	33	16.19	34	16.41	35	16.86	36	16.45	37	16.93	38	17.32	39	17.59	40	17.29
	8:27.26 (14)		8:43.58 (14)		8:59.77 (13)		9:16.18 (14)		9:33.04 (14)		9:49.49 (14)		10:06.42 (14)		10:23.74 (14)		10:41.33 (14)		10:58.62 (13)
41	17.15	42	17.43	43	17.74	44	17.77	45	17.65	46	17.79	47	16.51	48	16.32	49	15.54		14.55
	11:15.77 (13)		11:33.20 (13)		11:50.94 (14)		12:08.71 (14)		12:26.36 (14)		12:44.15 (14)		13:00.66 (14)		13:16.98 (14)		13:32.52 (14)		

14 2337 Peter MARU										UGA		3 Apr 03		13:47.65					
1	15.65	2	17.03	3	16.79	4	16.03	5	16.93	6	16.15	7	16.33	8	16.17	9	17.25	10	15.89
	15.65 (3)		32.68 (6)		49.47 (7)		1:05.50 (7)		1:22.43 (7)		1:38.58 (7)		1:54.91 (7)		2:11.08 (5)		2:28.33 (9)		2:44.22 (7)
11	15.79	12	16.27	13	16.15	14	15.89	15	16.51	16	17.14	17	17.40	18	15.94	19	16.32	20	17.61
	3:00.01 (6)		3:16.28 (7)		3:32.43 (7)		3:48.32 (6)		4:04.83 (4)		4:21.97 (4)		4:39.37 (4)		4:55.31 (2)		<b>5:11.66 (1)</b>		5:29.27 (2)
21	15.97	22	15.39	23	15.88	24	16.27	25	16.11	26	16.16	27	15.91	28	16.14	29	16.02	30	15.54
	5:45.24 (2)		6:00.63 (3)		6:16.51 (2)		6:32.78 (3)		6:48.89 (2)		7:05.05 (5)		7:20.96 (5)		7:37.10 (7)		7:53.12 (8)		8:08.66 (9)
31	15.79	32	15.72	33	16.27	34	16.08	35	16.88	36	16.95	37	16.85	38	17.16	39	17.03	40	17.15
	8:24.45 (9)		8:40.17 (10)		8:56.44 (11)		9:12.52 (11)		9:29.40 (11)		9:46.35 (11)		10:03.20 (11)		10:20.36 (11)		10:37.39 (11)		10:54.54 (11)
41	16.96	42	17.20	43	17.76	44	17.67	45	17.54	46	17.10	47	17.31	48	17.24	49	17.35		16.98
	11:11.50 (12)		11:28.70 (12)		11:46.46 (12)		12:04.13 (12)		12:21.67 (12)		12:38.77 (13)		12:56.08 (13)		13:13.32 (13)		13:30.67 (13)		



**RACE ANALYSIS**  
**5000 Metres Men - Round 1**

15 2258 Precious Lesiba MASHELE										RSA 13 Oct 90										13:52.37																			
1	15.90	2	16.89	3	17.03	4	16.13	5	16.81	6	16.26	7	16.47	8	16.49	9	16.89	10	16.40	11	15.90 (8)	12	32.79 (7)	13	49.82 (9)	14	1:05.95 (9)	15	1:22.76 (10)	16	1:39.02 (11)	17	1:55.49 (11)	18	2:11.98 (13)	19	2:28.87 (14)	20	2:45.27 (15)
11	16.31	12	15.85	13	16.36	14	16.00	15	16.51	16	17.12	17	17.70	18	16.11	19	16.47	20	16.79	21	3:01.58 (15)	22	3:17.43 (16)	23	3:33.79 (16)	24	3:49.79 (17)	25	4:06.30 (17)	26	4:23.42 (18)	27	4:41.12 (18)	28	4:57.23 (17)	29	5:13.70 (17)	30	5:30.49 (16)
21	17.38	22	16.08	23	15.84	24	16.06	25	16.16	26	15.95	27	16.33	28	15.96	29	16.21	30	16.29	31	5:47.87 (16)	32	6:03.95 (16)	33	6:19.79 (16)	34	6:35.85 (16)	35	6:52.01 (16)	36	7:07.96 (17)	37	7:24.29 (17)	38	7:40.25 (16)	39	7:56.46 (16)	40	8:12.75 (16)
31	16.40	32	16.74	33	16.85	34	16.94	35	16.72	36	17.01	37	17.16	38	17.22	39	17.10	40	17.56	41	8:29.15 (16)	42	8:45.89 (16)	43	9:02.74 (16)	44	9:19.68 (16)	45	9:36.40 (16)	46	9:53.41 (16)	47	10:10.57 (15)	48	10:27.79 (15)	49	10:44.89 (15)	50	11:02.45 (15)
41	17.27	42	17.25	43	17.26	44	17.25	45	17.05	46	17.00	47	16.86	48	16.95	49	16.14	50	16.89	51	11:19.72 (15)	52	11:36.97 (15)	53	11:54.23 (15)	54	12:11.48 (15)	55	12:28.53 (15)	56	12:45.53 (15)	57	13:02.39 (15)	58	13:19.34 (15)	59	13:35.48 (15)	60	

16 1547 Matthew RAMSDEN										AUS 23 Jul 97										13:52.90																			
1	16.52	2	17.17	3	17.31	4	16.01	5	16.33	6	16.30	7	16.55	8	16.34	9	16.77	10	16.24	11	16.52 (16)	12	33.69 (15)	13	51.00 (15)	14	1:07.01 (17)	15	1:23.34 (16)	16	1:39.64 (17)	17	1:56.19 (17)	18	2:12.53 (17)	19	2:29.30 (17)	20	2:45.54 (16)
11	16.08	12	15.59	13	16.29	14	15.93	15	16.52	16	17.30	17	17.71	18	15.87	19	16.32	20	17.21	21	3:01.62 (16)	22	3:17.21 (15)	23	3:33.50 (15)	24	3:49.43 (15)	25	4:05.95 (15)	26	4:23.25 (17)	27	4:40.96 (17)	28	4:56.83 (15)	29	5:13.15 (15)	30	5:30.36 (15)
21	17.07	22	15.82	23	15.85	24	16.10	25	16.10	26	16.23	27	16.34	28	16.58	29	16.50	30	16.56	31	5:47.43 (14)	32	6:03.25 (14)	33	6:19.10 (14)	34	6:35.20 (13)	35	6:51.30 (14)	36	7:07.53 (15)	37	7:23.87 (15)	38	7:40.45 (17)	39	7:56.95 (17)	40	8:13.51 (17)
31	16.88	32	17.32	33	17.06	34	17.06	35	17.31	36	17.37	37	17.25	38	17.15	39	17.18	40	17.38	41	8:30.39 (17)	42	8:47.71 (17)	43	9:04.77 (17)	44	9:21.83 (17)	45	9:39.14 (17)	46	9:56.51 (17)	47	10:13.76 (17)	48	10:30.91 (17)	49	10:48.09 (17)	50	11:05.47 (16)
41	17.06	42	17.22	43	17.37	44	16.96	45	17.05	46	16.87	47	16.92	48	16.49	49	15.84	50	15.65	51	11:22.53 (16)	52	11:39.75 (16)	53	11:57.12 (16)	54	12:14.08 (16)	55	12:31.13 (16)	56	12:48.00 (16)	57	13:04.92 (16)	58	13:21.41 (16)	59	13:37.25 (16)	60	

17 2122 Hicham AKANKAM										MAR 4 Apr 98										14:05.11																			
1	15.75	2	17.15	3	17.39	4	16.38	5	16.37	6	16.23	7	16.46	8	16.29	9	17.01	10	16.14	11	15.75 (14)	12	32.90 (10)	13	50.29 (11)	14	1:06.67 (14)	15	1:23.04 (13)	16	1:39.27 (14)	17	1:55.73 (13)	18	2:12.02 (14)	19	2:29.03 (15)	20	2:45.17 (14)
11	15.89	12	15.85	13	16.32	14	15.74	15	16.52	16	17.19	17	17.43	18	16.14	19	16.57	20	17.28	21	3:01.06 (13)	22	3:16.91 (13)	23	3:33.23 (13)	24	3:48.97 (13)	25	4:05.49 (12)	26	4:22.68 (12)	27	4:40.11 (12)	28	4:56.25 (13)	29	5:12.82 (13)	30	5:30.10 (13)
21	16.29	22	15.50	23	15.97	24	16.17	25	16.28	26	15.59	27	15.88	28	15.98	29	16.01	30	16.06	31	5:46.39 (11)	32	6:01.89 (10)	33	6:17.86 (11)	34	6:34.03 (12)	35	6:50.31 (12)	36	7:05.90 (11)	37	7:21.78 (10)	38	7:37.76 (11)	39	7:53.77 (12)	40	8:09.83 (13)
31	16.27	32	16.58	33	17.11	34	17.68	35	17.87	36	18.07	37	18.26	38	18.12	39	18.22	40	18.02	41	8:26.10 (13)	42	8:42.68 (13)	43	8:59.79 (14)	44	9:17.47 (15)	45	9:35.34 (15)	46	9:53.41 (15)	47	10:11.67 (16)	48	10:29.79 (16)	49	10:48.01 (16)	50	11:06.03 (17)
41	18.35	42	18.40	43	18.42	44	17.96	45	17.47	46	17.61	47	18.34	48	17.84	49	17.15	50	17.54	51	11:24.38 (17)	52	11:42.78 (17)	53	12:01.20 (17)	54	12:19.16 (17)	55	12:36.63 (17)	56	12:54.24 (17)	57	13:12.58 (17)	58	13:30.42 (17)	59	13:47.57 (17)	60	

18 2286 Yaseen ABDALLA										SUD 13 Aug 01										14:15.59																			
1	15.90	2	17.20	3	17.06	4	16.09	5	16.63	6	16.37	7	16.53	8	16.44	9	16.93	10	16.51	11	15.90 (7)	12	33.10 (11)	13	50.16 (10)	14	1:06.25 (10)	15	1:22.88 (12)	16	1:39.25 (13)	17	1:55.78 (14)	18	2:12.22 (16)	19	2:29.15 (16)	20	2:45.66 (17)
11	16.23	12	15.84	13	16.09	14	16.13	15	16.36	16	16.90	17	17.62	18	16.66	19	16.54	20	16.66	21	3:01.89 (18)	22	3:17.73 (18)	23	3:33.82 (17)	24	3:49.95 (18)	25	4:06.31 (18)	26	4:23.21 (16)	27	4:40.83 (16)	28	4:57.49 (18)	29	5:14.03 (18)	30	5:30.69 (18)
21	18.21	22	17.07	23	17.03	24	17.42	25	17.47	26	17.54	27	17.39	28	18.01	29	17.84	30	18.05	31	5:48.90 (19)	32	6:05.97 (19)	33	6:23.00 (19)	34	6:40.42 (19)	35	6:57.89 (19)	36	7:15.43 (19)	37	7:32.82 (19)	38	7:50.83 (19)	39	8:08.67 (19)	40	8:26.72 (19)
31	18.13	32	18.07	33	17.83	34	17.69	35	18.00	36	18.19	37	17.99	38	17.83	39	18.12	40	17.91	41	8:44.85 (19)	42	9:02.92 (19)	43	9:20.75 (18)	44	9:38.44 (18)	45	9:56.44 (18)	46	10:14.63 (18)	47	10:32.62 (18)	48	10:50.45 (18)	49	11:08.57 (18)	50	11:26.48 (18)
41	17.38	42	17.18	43	17.36	44	17.28	45	16.94	46	16.68	47	17.22	48	17.84	49	16.63	50	14.60	51	11:43.86 (18)	52	12:01.04 (18)	53	12:18.40 (18)	54	12:35.68 (18)	55	12:52.62 (18)	56	13:09.30 (18)	57	13:26.52 (18)	58	13:44.36 (18)	59	14:00.99 (18)	60	

19 2310 Kieran TUNTIVATE										THA 16 Feb 97										14:19.28																			
1	16.41	2	17.55	3	17.13	4	16.31	5	16.33	6	16.14	7	16.79	8	15.93	9	17.14	10	16.02	11	16.41 (15)	12	33.96 (17)	13	51.09 (17)	14	1:07.40 (18)	15	1:23.73 (18)	16	1:39.87 (18)	17	1:56.66 (19)	18	2:12.59 (18)	19	2:29.73 (19)	20	2:45.75 (18)
11	16.11	12	15.76	13	16.44	14	15.96	15	16.46	16	17.21	17	17.48	18	16.56	19	16.51	20	16.67	21	3:01.86 (17)	22	3:17.62 (17)	23	3:34.06 (19)	24	3:50.02 (19)	25	4:06.48 (19)	26	4:23.69 (19)	27	4:41.17 (19)	28	4:57.73 (19)	29	5:14.24 (19)	30	5:30.91 (19)
21	17.59	22	16.18	23	16.54	24	17.39	25	17.72	26	17.96	27	18.09	28	17.98	29	17.87	30	18.19	31	5:48.50 (17)	32	6:04.68 (18)	33	6:21.22 (18)	34	6:38.61 (18)	35	6:56.33 (18)	36	7:14.29 (18)	37	7:32.38 (18)	38	7:50.36 (18)	39	8:08.23 (18)	40	8:26.42 (18)
31	18.21	32	17.96	33	18.32	34	17.57	35	18.03	36	18.16	37	18.05	38	17.78	39	18.16	40	17.92	41	8:44.63 (18)	42	9:02.59 (18)	43	9:20.91 (19)	44	9:38.48 (19)	45	9:56.51 (19)	46	10:14.67 (19)	47	10:32.72 (19)	48	10:50.50 (19)	49	11:08.66 (19)	50	11:26.58 (19)
41	17.45	42	17.30	43	17.24	44	17.18	45	17.04	46	16.54	47	17.28	48	17.90	49	17.00	50	17.77	51	11:44.03 (19)	52	12:01.33 (19)	53	12:18.57 (19)	54	12:35.75 (19)	55	12:52.79 (19)	56	13:09.33 (19)	57	13:26.61 (19)	58	13:44.51 (19)	59	14:01.51 (19)	60	



RACE ANALYSIS  
5000 Metres Men - Round 1

20 1523 Jethro SAINT-FLEUR										ARU 14 Dec 95		16:04.46 <sup>PB</sup>							
1	18.38	2	17.84	3	17.60	4	17.10	5	17.91	6	18.09	7	18.96	8	19.11	9	19.51	10	19.02
	18.38 (20)		36.22 (20)		53.82 (20)		1:10.92 (20)		1:28.83 (20)		1:46.92 (20)		2:05.88 (20)		2:24.99 (20)		2:44.50 (20)		3:03.52 (20)
11	19.57	12	19.32	13	18.55	14	18.28	15	19.44	16	19.31	17	19.50	18	19.07	19	19.94	20	19.49
	3:23.09 (20)		3:42.41 (20)		4:00.96 (20)		4:19.24 (20)		4:38.68 (20)		4:57.99 (20)		5:17.49 (20)		5:36.56 (20)		5:56.50 (20)		6:15.99 (20)
21	19.18	22	18.97	23	19.68	24	19.32	25	18.90	26	18.90	27	19.48	28	19.42	29	19.80	30	19.53
	6:35.17 (20)		6:54.14 (20)		7:13.82 (20)		7:33.14 (20)		7:52.04 (20)		8:10.94 (20)		8:30.42 (20)		8:49.84 (20)		9:09.64 (20)		9:29.17 (20)
31	20.27	32	19.70	33	20.25	34	19.54	35	20.35	36	19.85	37	20.26	38	19.97	39	20.57	40	20.13
	9:49.44 (20)		10:09.14 (20)		10:29.39 (20)		10:48.93 (20)		11:09.28 (20)		11:29.13 (20)		11:49.39 (20)		12:09.36 (20)		12:29.93 (20)		12:50.06 (20)
41	20.09	42	19.91	43	20.41	44	20.44	45	20.48	46	19.55	47	18.88	48	20.05	49	18.58		16.01
	13:10.15 (20)		13:30.06 (20)		13:50.47 (20)		14:10.91 (20)		14:31.39 (20)		14:50.94 (20)		15:09.82 (20)		15:29.87 (20)		15:48.45 (20)		

1663 Ali Hissein MAHAMAT

CHA 5 Jan 00

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