

START LIST



10,000 Metres Women - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	29:01.03	Letesenbet GIDEY	ETH	23	Blankers-Koen Stadion, Hengelo (NED)	8 Jun 2021
Championships Record CR	30:04.18	Berhane ADERE	ETH	30	Stade de France, Paris-St-Denis (FRA)	23 Aug 2003
World Leading WL	30:14.66	Elise CRANNY	USA	26	JSerra Catholic HS, San Juan Capistrano,	6 Mar 2022

16 July 2022 12:20 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
1	700	Eilish MCCOLGAN	GBR	25 Nov 90	30:19.02	30:19.02	6
2	694	Jessica JUDD	GBR	7 Jan 95	31:20.96	31:22.24	20
3	904	Margaret Chelimo KIPKEMBOI	KEN	9 Feb 93	30:45.00	30:45.00	12
4	636	Letesenbet GIDEY	ETH	20 Mar 98	29:01.03	30:44.27	2
5	914	Hellen OBIRI	KEN	13 Dec 89	30:24.27	31:49.88	4
6	605	Dolshi TESFU	ERI	17 Jun 99	31:12.86	32:01.16	41
7	891	Caroline Chepkoech KIPKIRUI	KAZ	26 May 94	31:13.18	31:13.18	71
8	1189	Alicia MONSON	USA	13 May 98	30:51.09	30:51.09	15
9	1200	Natasha ROGERS	USA	7 May 91	31:12.28	31:16.89	43
10	639	Bosena MULATIE	ETH	21 Nov 01	30:47.55	30:47.55	23
11	1203	Karissa SCHWEIZER	USA	4 May 96	30:47.99	30:49.56	13
12	1120	Stella CHESANG	UGA	1 Dec 96	31:13.72	31:13.72	40
13	1117	Mercyline CHELANGAT	UGA	17 Dec 97	31:15.05		54
14	1054	Dominique SCOTT	RSA	24 Jun 92	31:00.10	31:00.10	33
15	604	Rahel DANIEL	ERI	16 Nov 01	30:59.75	30:59.75	65
16	951	Sifan HASSAN	NED	1 Jan 93	29:06.82		1
17	867	Rino GOSHIMA	JPN	29 Oct 97	31:10.02	31:58.97	35
18	641	Ejgayehu TAYE	ETH	10 Feb 00	30:44.68	30:44.68	
19	870	Ririka HIRONAKA	JPN	24 Nov 00	31:00.71	31:30.34	7
20	905	Sheila Chepkirui KIPROTICH	KEN	27 Dec 90	30:45.81	31:50.13	21

World Ranking as of 11 July 2022

ALL-TIME OUTDOOR TOP LIST				2022 OUTDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2022
29:01.03	Letesenbet GIDEY (ETH)	Blankers-Koen Stadion, Hengelo (NED)	8 Jun 21	30:14.66	Elise CRANNY (USA)	JSerra Catholic HS, San Juan Capistrano,	6 Mar
29:06.82	Sifan HASSAN (NED)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun 21	30:19.02	Eilish MCCOLGAN (GBR)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun
29:17.45	Almaz AYANA (ETH)	Estádio Olímpico, Rio de Janeiro (BRA)	12 Aug 16	30:44.27	Letesenbet GIDEY (ETH)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun
29:31.78	Junxia WANG (CHN)	Beijing (CHN)	8 Sep 93	30:44.68	Ejgayehu TAYE (ETH)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun
29:32.53	Vivian Jepkemoi CHERUIYOT (KEN)	Rio de Janeiro (BRA)	12 Aug 16	30:45.00	Margaret Chelimo KIPKEMBOI (KEN)	Stadion, Hengelo (NED)	6 Jun
29:39.42	Gudaf TSEGAY (ETH)	Estádio José Vieira de Carvalho, Maia (P)	8 May 21	30:47.55	Bosena MULATIE (ETH)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun
29:42.56	Tirunesh DIBABA (ETH)	Estádio Olímpico, Rio de Janeiro (BRA)	12 Aug 16	30:47.72	Girmawit GEBRZIHAI (ETH)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun
29:50.77	Kalkidan GEZAHEGNE (BRN)	Vieira de Carvalho, Maia (P)	8 May 21	30:48.48	Almaz AYANA (ETH)	Blankers-Koen Stadion, Hengelo (NED)	6 Jun
29:53.51	Alice Aprot NAWOWUNA (KEN)	Rio de Janeiro (BRA)	12 Aug 16	30:49.56	Karissa SCHWEIZER (USA)	Hayward Field, Eugene, OR (USA)	27 May
29:53.80	Meselech MELKAMU (ETH)	Utrecht (NED)	14 Jun 09	30:51.09	Alicia MONSON (USA)	Hayward Field, Eugene, OR (USA)	27 May

