

IAAF WORLD CHAMPIONSHIPS – MOSCOW 2013

| DAY 1 - Saturday, Morning, 10 August | | | |
|--------------------------------------|---------------|---|---------|
| 09:30 | Discus Throw | W | Q A |
| 09:35 | 100m Dec | M | |
| 10:10 | 100m | M | Prelim. |
| 10:15 | Pole Vault | M | Q A+B |
| 10:35 | Long Jump Dec | M | A+B |
| 10:45 | 100m | W | Prelim. |
| 10:55 | Discus Throw | W | Q B |
| 11:20 | 800m | M | R1 |
| 12:20 | Shot Put Dec | M | A+B |

| DAY 2 - Sunday, Morning, 11 August | | | |
|------------------------------------|------------------|---|-------|
| 09:05 | 110m H Dec | M | |
| 09:40 | 110m H | M | R1 |
| 10:00 | Discus Throw Dec | M | A |
| 10:30 | 1500m | W | R1 |
| 10:45 | Shot Put | W | Q A+B |
| 11:05 | 400m | M | R1 |
| 11:20 | Discus Throw Dec | M | B |
| 11:55 | 100m | W | R1 |
| 13:05 | Pole Vault Dec | M | A+B |

| DAY 3 - Monday, Morning, 12 August | | | |
|------------------------------------|---------------|---|-----|
| 09:30 | 100m H Hep | W | |
| 09:40 | Discus Throw | M | Q A |
| 10:10 | 3000m SC | M | R1 |
| 10:35 | High Jump Hep | W | A+B |
| 11:05 | Discus Throw | M | Q B |
| 11:05 | 400m H | M | R1 |
| 11:50 | 400m H | W | R1 |

| DAY 4 - Tuesday, Morning, 13 August | | | |
|-------------------------------------|-------------------|---|-------|
| 09:30 | Long Jump Hep | W | A+B |
| 09:35 | 20km Race Walk | W | Final |
| 09:50 | High Jump | M | Q A+B |
| 10:20 | 5000m | M | R1 |
| 11:10 | Javelin Throw Hep | W | A |
| 11:25 | Triple Jump | W | Q A+B |
| 12:25 | Javelin Throw Hep | W | B |

| DAY 5 - Wednesday, Morning, 14 August | | | |
|---------------------------------------|----------------|---|-------|
| 08:30 | 50km Race Walk | M | Final |
| 09:30 | Hammer Throw | W | Q A |
| 09:40 | 5000m | W | R1 |
| 10:25 | Long Jump | M | Q A+B |
| 10:35 | 1500m | M | R1 |
| 11:10 | Hammer Throw | W | Q B |

| DAY 1 - Saturday, Evening, 10 August | | | |
|--------------------------------------|------------------|---|-------|
| 14:00 | Marathon | W | Final |
| 16:00 | High Jump Dec | M | A+B |
| 17:05 | Hammer Throw | M | Q A |
| 17:10 | 3000m SC | W | R1 |
| 18:05 | 400m | W | R1 |
| 18:35 | Hammer Throw | M | Q B |
| 18:55 | 10,000m | M | Final |
| 19:20 | Long Jump | W | Q A+B |
| 19:26 | Marathon | W | MC |
| 19:35 | 100m | M | R1 |
| 20:30 | 400m Dec | M | |
| 20:57 | 10,000m | M | MC |
| 21:05 | Opening Ceremony | | |

| DAY 2 - Sunday, Evening, 11 August | | | |
|------------------------------------|-------------------|---|-------|
| 17:00 | 20km Race Walk | M | Final |
| 17:15 | Javelin Throw Dec | M | A |
| 18:30 | Javelin Throw Dec | M | B |
| 19:00 | Long Jump | W | Final |
| 19:05 | 100m | M | SF |
| 19:10 | Pole Vault | W | Q A+B |
| 19:35 | 800m | M | SF |
| 19:55 | 20km W | M | MC |
| 20:05 | 400m | W | SF |
| 20:15 | Discus Throw | W | Final |
| 20:35 | 1500m Dec | M | Final |
| 21:05 | 10,000m | W | Final |
| 21:40 | Long Jump | W | MC |
| 21:50 | 100m | M | Final |
| 21:53 | Decathlon | M | MC |

| DAY 3 - Monday, Evening, 12 August | | | |
|------------------------------------|--------------|---|-------|
| 18:45 | Shot Put Hep | W | A+B |
| 19:00 | Pole Vault | M | Final |
| 19:05 | 110m H | M | SF |
| 19:25 | Discus Throw | W | MC |
| 19:35 | 100m | W | SF |
| 19:55 | 10,000m | W | MC |
| 20:05 | 400m | M | SF |
| 20:25 | Shot Put | W | Final |
| 20:30 | Hammer Throw | M | Final |
| 20:35 | 200m Hep | W | |
| 21:05 | 100m | M | MC |
| 21:15 | 400m | W | Final |
| 21:30 | 110m H | M | Final |
| 21:35 | Shot Put | W | MC |
| 21:50 | 100m | W | Final |
| 21:54 | 400m | W | MC |

| DAY 4 - Tuesday, Evening, 13 August | | | |
|-------------------------------------|--------------|---|-------|
| 18:45 | 20km W | W | MC |
| 18:50 | Hammer Throw | M | MC |
| 19:00 | Discus Throw | M | Final |
| 19:05 | 400m H | W | SF |
| 19:25 | Pole Vault | M | MC |
| 19:35 | Pole Vault | W | Final |
| 19:40 | 400m H | M | SF |
| 20:00 | 110m H | M | MC |
| 20:10 | 800m Hep | W | Final |
| 20:40 | 1500m | W | SF |
| 21:00 | 100m | W | MC |
| 21:10 | 800m | M | Final |
| 21:25 | 3000m SC | W | Final |
| 21:38 | Heptathlon | W | MC |
| 21:50 | 400m | M | Final |
| 21:52 | Discus | M | MC |

| DAY 5 - Wednesday, Evening, 14 August | | | |
|---------------------------------------|--|--|--|
|---------------------------------------|--|--|--|

| DAY 6 - Thursday, Morning, 15 August | | | |
|--------------------------------------|---------------|---|-------|
| 09:30 | Javelin Throw | M | Q A |
| 09:40 | High Jump | W | Q A+B |
| 09:55 | 800m | W | R1 |
| 10:20 | Shot Put | M | Q A+B |
| 10:55 | 200m | W | R1 |
| 11:00 | Javelin Throw | M | Q B |

| DAY 7 - Friday, Morning, 16 August | | | |
|------------------------------------|---------------|---|-------|
| 09:30 | Javelin Throw | W | Q A |
| 09:45 | 100m H | W | R1 |
| 10:00 | Triple Jump | M | Q A+B |
| 10:35 | 200m | M | R1 |
| 11:00 | Javelin Throw | W | Q B |
| 11:30 | 4x400m Relay | W | R1 |

| DAY 8 - Saturday, Morning, 17 August | | | |
|--------------------------------------|--|--|--|
|--------------------------------------|--|--|--|

| DAY 9 - Sunday, Morning, 18 August | | | |
|------------------------------------|--|--|--|
|------------------------------------|--|--|--|

| DAY 6 - Thursday, Evening, 15 August | | | |
|--------------------------------------|--------------|---|-------|
| 18:50 | 800m | M | MC |
| 19:00 | High Jump | M | Final |
| 19:05 | 4x400m Relay | M | R1 |
| 19:31 | Pole Vault | W | MC |
| 19:40 | Triple Jump | W | Final |
| 19:45 | 200m | W | SF |
| 20:05 | 3000m SC | W | MC |
| 20:20 | 3000m SC | M | Final |
| 20:33 | 400m | M | MC |
| 20:45 | 400m H | W | Final |
| 20:49 | 50km W | M | MC |
| 21:00 | 400m H | M | Final |
| 21:07 | 3000m SC | M | MC |
| 21:20 | 1500m | W | Final |

| DAY 7 - Friday, Evening, 16 August | | | |
|------------------------------------|--------------|---|-------|
| 18:45 | 1500m | W | MC |
| 18:50 | 400m H | W | MC |
| 19:00 | Hammer Throw | W | Final |
| 19:05 | 1500m | M | SF |
| 19:21 | Triple Jump | W | MC |
| 19:30 | Long Jump | M | Final |
| 19:40 | 200m | M | SF |
| 20:00 | High Jump | M | MC |
| 20:10 | Shot Put | M | Final |
| 20:15 | 800m | W | SF |
| 20:35 | 400m H | M | MC |
| 20:45 | 5000m | M | Final |
| 21:05 | Hammer Throw | W | MC |
| 21:15 | 200m | W | Final |
| 21:30 | 4x400m Relay | M | Final |
| 21:35 | 5000m | M | MC |

| DAY 8 - Saturday, Evening, 17 August | | | |
|--------------------------------------|---------------|---|-------|
| 15:30 | Marathon | M | Final |
| 18:00 | High Jump | W | Final |
| 18:10 | 200m | W | MC |
| 18:20 | 100m H | W | SF |
| 18:35 | Javelin Throw | M | Final |
| 18:40 | 4x400m Relay | M | MC |
| 18:55 | 5000m | W | Final |
| 19:16 | Long Jump | M | MC |
| 19:30 | 100m H | W | Final |
| 19:35 | Shot Put | M | MC |
| 19:45 | 4x400m Relay | W | Final |
| 19:53 | 5000m | W | MC |
| 20:05 | 200m | M | Final |
| 20:10 | 100m H | W | MC |

| DAY 9 - Sunday, Evening, 18 August | | | |
|------------------------------------|------------------|---|-------|
| 15:40 | 200m | M | MC |
| 15:47 | 4x400m Relay | W | MC |
| 16:00 | Javelin Throw | W | Final |
| 16:15 | 4x100m Relay | W | R1 |
| 16:34 | Javelin Throw | M | MC |
| 16:45 | Triple Jump | M | Final |
| 16:50 | 4x100m Relay | M | R1 |
| 17:12 | High Jump | W | MC |
| 17:25 | 1500m | M | Final |
| 17:35 | Marathon | M | MC |
| 17:50 | 800m | W | Final |
| 17:57 | Javelin Throw | W | MC |
| 18:10 | 4x100m Relay | W | Final |
| 18:15 | 1500m | M | MC |
| 18:25 | 800m | W | MC |
| 18:40 | 4x100m Relay | M | Final |
| 18:45 | Triple Jump | M | MC |
| 18:52 | 4x100m Relay | W | MC |
| 19:00 | 4x100m Relay | M | MC |
| 19:10 | Closing Ceremony | | |