

Shoes Approved by World Athletics - as at 28 May 2021



1. This list is primarily a list concerns shoes that which have been assessed by World Athletics to date.		
2. The assessment and whether a shoe is approved or not is determined by several different factors as set out in Technical Rule 5.		
3. The list is not a complete list of every shoe that has ever been worn by an athlete. If a shoe is not on the list, it can be because a manufacturer has failed to submit the shoe, it has not been approved or is an old model / shoe. Any shoe from before 1 January 2016 is deemed to meet the technical requirements of Technical Rule 5 and does not need to be approved unless requested This deemed approval does not prejudice the rights of World Athletics or Referees set out in the Rules and Regulations.		
4. Any shoe in the list highlighted in blue is a development shoe to be worn only by specific athletes at specific competitions within the period stated.		

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m ≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm	start date	end date
361 Degrees	Flame	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Adios 4	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios 5	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios 6	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Adios Pro	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Adios Pro 2	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Boston 8	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Boston 10	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Discus Hammer	YES	YES	YES	YES	YES	YES		
Adidas	Adizero Pro	NO	NO	NO	NO	YES	NO		
Adidas	Adizero Shot Put	NO	NO	YES	NO	YES	NO		
Adidas	Adizero Sub 2	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 5	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 6	NO	YES	NO	YES	YES	YES		
Adidas	Adizero Takumi Sen 7	NO	YES	NO	YES	YES	YES		
Altra Running	Vanish Prime	NO	NO	NO	NO	YES	NO	20/12/2020	01/12/2021
Atreyu	The Artist / SKU: 2-ART	NO	NO	NO	NO	YES	NO		
Asics	DS-Trainer 25	NO	NO	NO	NO	YES	NO		
Asics	Evoride	NO	NO	NO	NO	YES	NO		

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		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
HokaONEone	Evo Rehi	YES	YES	YES	YES	YES	YES		
HokaONEone	Clifton 7	NO	YES	NO	YES	YES	YES		
HokaONEone	Bondi 7	NO	NO	NO	NO	YES	NO		
HokaONEone	Rocket X	NO	NO	NO	NO	YES	NO		
HokaONEone	Carbon X	NO	NO	NO	NO	YES	NO		
HokaONEone	Carbon X2	NO	NO	NO	NO	YES	NO		
HokaONEone	Mach 4	NO	YES	NO	YES	YES	YES		
Li-Ning Company	Feidian	NO	YES	NO	YES	YES	YES		
Li-Ning Company	Feidian 2.0	NO	NO	NO	NO	YES	NO		
Li-Ning Company	Feidian 2.0 Elite	NO	NO	NO	NO	YES	NO		
Li-Ning Company	Feidian Challenger	NO	NO	NO	NO	YES	NO		
Mizuno	2016 Field Geo Ft	YES	YES	YES	YES	YES	YES		
Mizuno	2019 Field Geo Rd	YES	YES	YES	YES	YES	YES		
Mizuno	2019 Field Geo Rd So1	YES	YES	YES	YES	YES	YES		
Mizuno	2019 Field Geo Th	YES	YES	YES	YES	YES	YES		
Mizuno	Duel Sonic	NO	NO	NO	NO	YES	NO		
Mizuno	Ekiden Spirit	YES	YES	YES	YES	YES	YES		
Mizuno	JJ-25	NO	YES	NO	NO	YES	YES	06/05/2021	05/05/2022
Mizuno	Wave Aero	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Amulet	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Cruise Japan	YES	YES	YES	YES	YES	YES		
Mizuno	Wave Cruise Japan So1	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Cruise Pro	YES	YES	YES	YES	YES	YES		
Mizuno	Wave Duel	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Gtz	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Gtz2	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Duel Neo	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Duel Neo Sp	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Duel Neo 2	NO	YES	NO	YES	YES	YES	06/05/2021	05/05/2022
Mizuno	Wave Duel Neo 2 Elite	NO	YES	NO	YES	YES	YES	06/05/2021	05/05/2022
Mizuno	Wave Ekiden	YES	YES	YES	YES	YES	YES		
Mizuno	Wave Emperor	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Emperor Japan	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Rebellion	NO	NO	NO	NO	YES	NO	09/05/2021	08/05/2022
Mizuno	Wave Spacer Gl	NO	YES	NO	YES	YES	YES		
Mizuno	Wave Spacer Gl So1	NO	NO	NO	NO	YES	NO		
Mizuno	Wave Spacer Gl So2	NO	NO	NO	NO	YES	NO		

NON-SPIKE SHOES

Shoe Company	Model	Track up to 800m*	Track from 800m	HJ, PV, LJ, SP, DT, HT, JT	TJ	Road*	Cross-C	Development Shoe	
		*not including 800m			*incl. track RW			start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Xtep	160X2	NO	NO	NO	NO	YES	NO		
Xtep	160XPro	NO	NO	NO	NO	YES	NO		

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		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Adidas	Adizero Ambition	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Ambition 2	YES	YES	NO	NO	n/a	YES		
Adidas	Adizero Avanti	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Avanti TYO	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Finesse	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero High Jump	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Javelin	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero LJ	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero Prime sp	YES	YES	YES	YES	n/a	YES		
Adidas	Adizero TJ	YES	YES	YES	YES	n/a	YES		
Adidas	Rio Adizero MD	YES	YES	YES	YES	n/a	YES		
Asics	C - LD 1	NO	YES	NO	NO	n/a	YES	20/02/2021	19/02/2022
Asics	C - LD 2	NO	YES	NO	NO	n/a	YES	20/02/2021	19/02/2022
Asics	C - LD 3	NO	YES	NO	NO	n/a	YES	20/02/2021	19/02/2022
Asics	C - LD 4	YES	YES	YES	YES	n/a	YES	20/02/2021	19/02/2022
Asics	C - LD 5	NO	YES	NO	NO	n/a	YES	01/04/2021	31/03/2022
Asics	Cosmoracer LD 2	YES	YES	YES	YES	n/a	YES		
Asics	D Spurt FX	YES	YES	YES	YES	n/a	YES		
Asics	Duo Japan	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro (L)	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro (R)	YES	YES	YES	YES	n/a	YES		
Asics	High Jump Pro 2 (L)	YES	YES	YES	YES	n/a	YES		
Asics	Javelin Pro 2	YES	YES	YES	YES	n/a	YES		
Asics	Javelin Pro 3	YES	YES	YES	YES	n/a	YES		
Asics	Jet Sprint	YES	YES	NO	NO	n/a	YES		
Asics	Long Jump Pro 2	YES	YES	YES	YES	n/a	YES		
Asics	Long Jump Pro 3	YES	YES	YES	YES	n/a	YES		
Asics	Metasprint Tokyo	YES	YES	YES	YES	n/a	YES		
Asics	Sonicsprint Elite 2	YES	YES	YES	YES	n/a	YES		
Asics	TF Spike SO (BD)	YES	YES	NO	NO	n/a	YES		
Asics	TF Spike SO (JP)	YES	YES	YES	YES	n/a	YES		
Asics	TF Spike SO (RY)	YES	YES	NO	NO	n/a	YES		
Asics	Triple Jump Pro	YES	YES	YES	YES	n/a	YES		
Asics	Triple Jump Pro 2	YES	YES	YES	YES	n/a	YES		
Asics	Triple Jump Pro 3	NO	YES	NO	YES	n/a	YES		
Brooks	ELMN8 5	YES	YES	YES	YES	n/a	YES		

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		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Brooks	ELMN8 6	YES	YES	YES	YES	n/a	YES		
Brooks	WIRE 6	YES	YES	NO	NO	n/a	YES		
Brooks	WIRE 7	NO	YES	NO	NO	n/a	YES		
HokaONeOne	Cielo LD	YES	YES	YES	YES	n/a	YES	26/02/2021	25/02/2022
HokaONeOne	Cielo MD	YES	YES	YES	YES	n/a	YES	26/02/2021	26/02/2022
HokaONeOne	Rocket LD	YES	YES	YES	YES	n/a	YES		
HokaONeOne	Rocket MD	YES	YES	YES	YES	n/a	YES		
HokaONeOne	Speed Evo R	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Spectra Type F	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Javelin Throw Pro1 So1	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Javelin Throw Pro2 So2	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Javelin Throw Pro3 So3	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Javelin Throw Pro4 So4	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Spectra Type E	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Aj	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Jt	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Field Geo Jt So1	YES	YES	YES	NO	n/a	YES		
Mizuno	2019 Field Geo Lj	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Lj S02	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Field Geo Lj S03	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Long Jump Pro1 S01	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Spectra Type B (21SS Type B)	YES	YES	YES	YES	n/a	YES		
Mizuno	2019 Spectra Type D	YES	YES	YES	YES	n/a	YES		
Mizuno	Brave Wing FX	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Break	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Break So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Break So2	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Dist 7	YES	YES	YES	YES	n/a	YES		
Mizuno	Chrono Onyx 2	YES	YES	YES	YES	n/a	YES		
Mizuno	Chronoinx9 So2	YES	YES	YES	YES	n/a	YES		
Mizuno	Citius Wing Fx	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo Hj	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo Hj S01	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo HJ-C	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo JT-C	YES	YES	YES	YES	n/a	YES		
Mizuno	Field Geo LJ-C	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Cyclone	YES	YES	YES	YES	n/a	YES		

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		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Mizuno	Geo Silencer Fx	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Sprint 4	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Spurt Md	YES	YES	YES	YES	n/a	YES		
Mizuno	Geo Versus Fx	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type A	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type C	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type A So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Spectra Type E So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type A	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type A So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type B	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type B So1	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type B So2	YES	YES	YES	YES	n/a	YES		
Mizuno	Sprint Pro Type A So2	YES	YES	YES	YES	n/a	YES		
Mizuno	X Blast Elite	YES	YES	YES	YES	n/a	YES		
Mizuno	X Blast Next	YES	YES	YES	YES	n/a	YES		
Mizuno	X Laser Elite	YES	YES	YES	YES	n/a	YES		
Mizuno	X Laser Next	YES	YES	YES	YES	n/a	YES		
New Balance	FuelCell LD-X DEV	NO	YES	NO	YES	n/a	YES	03/05/2021	02/05/2022
New Balance	FuelCell MD-X	YES	YES	NO	NO	n/a	YES		
New Balance	FuelCell PWR-X	YES	YES	NO	NO	n/a	YES		
New Balance	FuelCell SD-X	YES	YES	NO	NO	n/a	YES		
New Balance	LD5K	YES	YES	YES	YES	n/a	YES		
New Balance	MD500	YES	YES	YES	YES	n/a	YES		
New Balance	MD800	YES	YES	YES	YES	n/a	YES		
New Balance	SD100	YES	YES	YES	YES	n/a	YES		
New Balance	SD200	YES	YES	NO	NO	n/a	YES		
New Balance	SD400	YES	YES	NO	NO	n/a	YES		
New Balance	Sigma Aria	YES	YES	NO	NO	n/a	YES		
New Balance	Sigma Harmony	YES	YES	NO	NO	n/a	YES		
New Balance	Vazee Sigma	YES	YES	NO	NO	n/a	YES		
New Balance	Vazee Verge	YES	YES	NO	NO	n/a	YES		
New Balance	ULDELRCX	YES	YES	YES	YES	n/a	YES		
Nike	Air Zoom Victory	YES	YES	YES	YES	n/a	YES		
Nike	High Jump Elite	YES	YES	YES	YES	n/a	YES		
Nike	Matumbo	YES	YES	YES	YES	n/a	YES		
Nike	Maxfly	YES	YES	NO	NO	n/a	YES		

SPIKE SHOES

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		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Nike	Pole Vault Elite	YES	YES	YES	YES	n/a	YES		
Nike	Spike-Flat 2020	NO	YES	NO	YES	n/a	YES		
Nike	Triple Jump Elite 2	NO	YES	NO	YES	n/a	YES		
Nike	Zoom 400	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Ja Fly	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Ja Fly 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Javelin Elite 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom LJ Elite	YES	YES	YES	YES	n/a	YES		
Nike	Zoom LJ 4	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Mamba V	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Rival M 9	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Rival S 9	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Superfly Elite	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Superfly Elite 2	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Superfly R 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Triple Jump Elite	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory 2	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory 3	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory Elite	YES	YES	YES	YES	n/a	YES		
Nike	Zoom Victory Elite 2	YES	YES	YES	YES	n/a	YES		
Nike	ZoomX Dragonfly	YES	YES	YES	YES	n/a	YES		
ON	Cloudspike Shinka	YES	YES	YES	YES	n/a	YES		
ON	Cloudspike tohka	YES	YES	YES	YES	n/a	YES		
Puma	1evoSpeed Tokyo Future Mid	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Complete TFX Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Distance	YES	YES	YES	YES	n/a	YES		
Puma	evopSpeed Distance Nitro Elite+	YES	YES	NO	NO	n/a	YES	05/05/2021	04/05/2022
Puma	evoSpeed Electric	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Haraka	NO	YES	NO	YES	n/a	YES		
Puma	evoSpeed High Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed High Jump Elite	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed High Jump Power	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Javelin	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Javelin Elite	YES	YES	YES	YES	n/a	YES		
Puma	evospeed LJ	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Mid-Distance	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Sprint	YES	YES	NO	NO	n/a	YES		

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		*not including 800m				*incl. track RW		start date	end date
		≤ 20mm	≤ 25mm	≤ 20mm	≤ 25mm	≤ 40mm	≤ 25mm		
Puma	evoSpeed Sprint TFX	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Tokyo Brush	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Brush Mid	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Future	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Future Faster	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Tokyo Future Jump	YES	YES	YES	YES	n/a	YES		
Puma	evoSpeed Tokyo Future Nitro Faster+	YES	YES	NO	NO	n/a	YES		
Puma	evoSpeed Triple Jump	NO	YES	NO	YES	n/a	YES		
Reebok	RTBC Racer 1	YES	YES	NO	NO	n/a	YES		
Reebok	RTBC Racer 2	YES	YES	NO	NO	n/a	YES		
Saucony	Endorphin Track	NO	YES	NO	NO	n/a	YES	29/05/2021	20/05/2022
SAYSH	Spike One	YES	YES	YES	YES	n/a	YES		
Skechers	Speed Freak	YES	YES	YES	YES	n/a	YES	30/11/2020	30/11/2021
Under Armour	Hovr Miler 3 / 3023397	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Shakedown / 3021831	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Silencer / 3022517	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Skyline Hj / 3022518	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Skyline Lj / 3021863	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Skyline Tj / 3021864	YES	YES	YES	YES	n/a	YES		
Under Armour	Hovr Smokerider / 3021831	YES	YES	YES	YES	n/a	YES		
Under Armour	Kick Distance 3 / 3022003	YES	YES	YES	YES	n/a	YES		
Under Armour	Kick Sprint 3 / 3022002	YES	YES	YES	YES	n/a	YES		
Under Armour	Speedform Miler 2 / 3000020	YES	YES	YES	YES	n/a	YES		
Under Armour	Sprint Pro 2 / 3000019	YES	YES	YES	YES	n/a	YES		
Under Armour	Sprint Pro 3 / 3022516	YES	YES	YES	YES	n/a	YES		