

## COMPETITION AND TECHNICAL RULE AMENDMENTS APPROVED BY WORLD ATHLETICS COUNCIL - AUGUST 2023

(to be in force from 1 November 2023 unless stated otherwise)

rule text
deleted
added to rule text
interpretation notes
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text moved unchanged
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Rule	Action	Current	Amended	Reason	Comment
CR3	<del>.</del>		International Officials		<b>,</b>
CR3.1	Amend	Competition definition, the following officials should be appointed internationally: 3.1.1 Organisational Delegate(s) 3.1.2 Technical Delegate(s) 3.1.3 Medical Delegate 3.1.4 Anti-Doping Delegate 3.1.5 International Technical Officials 3.1.6 International Race Walking Judges	3.1 At competitions organised under paragraphs 1. (a), (b), (c), (d) and 1.2 (a), (b), (c), (d) of the World Rankings Competition definition, the following officials should be appointed internationally: 3.1.1 Organisational Delegate(s) 3.1.2 Technical Delegate(s) 3.1.3 Medical Delegate 3.1.4 Anti-Doping Delegate 3.1.5 International Technical Officials World Athletics Referees 3.1.6 International World Athletics Race Walking Judges 3.1.7 International Road Course Measurer 3.1.8 International World Athletics Starter 3.1.9 International World Athletics Photo Finish Judge 3.1.10 Jury of Appeal	Due to changes in the officials' education and certification system.	Editorial
CR5			Technical Delegates	•	
CR5.1	Amend	Technical Delegates appointed for competitions other than one day meetings shall: Technical Delegates appointed for one day meetings shall provide all necessary support and advice to the organisers and ensure the submission of written	Technical Delegates appointed for competitions other than one day invitation meetings shall:  Technical Delegates appointed for one day invitation meetings shall provide all necessary support and advice to the organisers and ensure the submission	Consequential to amendment of TR20.9.	Editorial

		reports on the execution of the	of written reports on the execution of the		
		competition.	competition.		
CR9		International	World Athletics Race Walking Judges (	<del>IRWJs)</del>	
CR11		International World A	thletics Starters and International Photo	Finish Judges	
	Amend	At all competitions under paragraphs 1.	At all competitions under paragraphs 1.	Due to changes in the	Editorial
		(a), (b), (c) and 2. (a), (b) of the World Rankings Competition definition held in	(a), (b), (c) and 2. (a), (b) of the World Rankings Competition definition held in	officials' education and certification system.	
		the stadium, an International Starter and	the stadium, an International World	certification system.	
		an International Photo Finish Judge	Athletics Starter and an International		
		shall be appointed, respectively, by	World Athletics Photo Finish Judge		
		Council, the relevant Area Association	shall be appointed, respectively, by		
		or governing body. The International	Council, the relevant Area Association		
		Starter shall start the races (and	or governing body. The International World Athletics Starter shall start the		
		undertake any other duties) assigned to them by the Technical Delegate(s) and	races (and undertake any other duties)		
		shall supervise the checking and	assigned to them by the Technical		
		operation of the Start Information	Delegate(s) and shall supervise the		
		System. The International Photo Finish	checking and operation of the Start		
		Judge shall supervise all Photo Finish	Information System. The International		
		functions and shall be the Chief Photo	World Athletics Photo Finish Judge		
		Finish Judge.	shall supervise all Photo Finish		
			functions and shall be the Chief Photo		
		It is noted that whilst the International	Finish Judge.		
		Photo Finish Judge acts as the Chief Photo	•••		
			It is noted that whilst the International		
		which they are appointed and the World	World Athletics Photo Finish Judge acts		
		Athletics Referees act as Referees, there	as the Chief Photo Finish Judge at those		
		remains a clear division in responsibilities	competitions to which they are appointed		
		between the International Starter (IS) and	and the World Athletics Referees act as		
			Referees, there remains a clear division in		
		the IS takes on all the powers and duties of	responsibilities between the International		
		the Starter when starting any race to which	World Athletics Starter (IS) and the other		
		they are allocated, they do not either then	members of the start team. Whilst the $\frac{1}{8}$		

		or at any other time replace or have the power to override the Start Referee	World Athletics Starter takes on all the powers and duties of the Starter when starting any race to which they are allocated, they do not either then or at any other time replace or have the power to override the Start Referee		
CR12			Jury of Appeal		
CR12	Amend	In instances where there is an appeal relating to Rule 54 of the Technical Rules, at least one member of the Jury of Appeal shall be a World Athletics (or Area) Level International Race Walking Judge.	In instances where there is an appeal relating to Rule 54 of the Technical Rules, at least one member of the Jury of Appeal shall be a World Athletics (or Area) Gold, Silver or Bronze Level International Race Walking Judge.	Due to changes in the officials' education and certification system.	Editorial
CR14			Competition Director		
CR14	Amend and add	The Competition Director shall plan the technical organisation of a competition in cooperation with the Technical Delegate(s), where applicable, ensure that this plan is accomplished and resolve any technical problems together with the Technical Delegate(s). They shall direct the interaction between the participants in the competition and, through the communication system, shall be in contact with all key officials.	The Competition Director shall plan the technical organisation of a competition in cooperation with the Technical Delegate(s), where applicable, ensure that this plan is accomplished and resolve any technical problems together with the Technical Delegate(s). They shall direct the interaction between the participants in the competition and, through the communication system, shall be in contact with all key officials.		
			The Competition Director shall, where applicable with the Technical, and other relevant, Delegate(s):		

		14.1 plan the technical organisation of		
		a competition, including the		
		integration of Event Presentation and		
		Victory Ceremonies;		
		14.2 ensure that this plan is executed		
		before and during the competition;		
		14.3 ensure that any technical		
		problems are resolved or an alternate		
		solution put in place;		
		14.4 direct the interaction between the		
		participants in the competition; and		
		14.5 through the communication		
		system, be in contact with all key		
		officials and other relevant		
		stakeholders involved in the delivery		
		and broadcast of the competition;		
		14.6 engage fully with the Event		
		Presentation Manager to ensure		
		compliance with Rule 17 of the		
		Competition Rules;		
		14.7 ensure the accurate preparation		
		and publication of the Call Room		
		schedule in accordance with Rule		
		29.1.1 of the Competition Rules;		
		14.8 communicate with the Start		
		Coordinator to ensure the efficient		
		operation of Rule 22.1.3 of the		
		Competition Rules;		
		14.9 be fully aware of the applicable		
		regulations for the competition and		
		the functioning of the planned		
		technological and IT systems; and		
		14.10 manage any matters arising		
		under Rule 7.5 of the Technical Rules.		
		During the competition, to ensure an		

			efficient operation, the Competition Director should be located with an optimal view of the competition area, close to the Event Presentation team and with satisfactory and reliable availability of technological connections and supporting monitors.		
CR18			Referees		
CR 18.3; 18.4;18.5	Reformat	Race Walking Events shall have jurisdiction to decide placings in a race only when the Judges of the disputed place(s) are unable to arrive at a decision. They shall have no jurisdiction over matters within the responsibilities of the Chief Judge of Race Walking events. The Start Referee (or if one is not appointed, the relevant Running and Race Walking Events Referee) has jurisdiction to decide on any facts related to the starts if they do not agree with the decisions made by the start team except in the cases when it regards an apparent false start indicated by a World Athletics certified Start Information System, unless for any reason the Referee determines that the information provided by the System is obviously inaccurate. The Combined Events Referee shall have jurisdiction over the conduct of the	Race Walking Events shall have jurisdiction to decide placings in a race only when the Judges of the disputed place(s) are unable to arrive at a decision. They shall have no jurisdiction over matters within the responsibilities of the Chief Judge of Race Walking Events. The Start Referee (or if one is not appointed, the relevant Running and Race Walking Events Referee) has jurisdiction to decide on any facts related to the starts if they do not agree with the decisions made by the start team except in the cases when it regards an apparent false start indicated by a World Athletics certified Start Information System, unless for any reason the Referee determines that the information provided by the System is obviously inaccurate. See also Rule 8.4.1 of the Technical Rules.  The Combined Events Referee shall have jurisdiction over the conduct of the	CR18.5 is more properly a TR. The "offences" of unsporting behaviour, improper manner and no bona fide effort are not properly constituted as TRs but many words are included about the consequences. It would provide greater clarity if these provisions were re-worded and reformatted.	

events within it (except in matters related the conduct of the respective individual to their jurisdiction when a Start Referee events within it (except in matters related is appointed and available). to their jurisdiction when a Start Referee 18.4 The appropriate Referee shall is appointed and available). check all final results, shall deal with any 18.4 The appropriate Referee shall disputed points and, in conjunction with check all final results, shall deal with any Chief Measurement Judge disputed points and, in conjunction with (Scientific) where appointed, shall Chief Measurement Judae supervise the measurements of Record (Scientific) where appointed, shall supervise the measurements of Record performances. At the conclusion of each event, the result card shall be completed performances. At the conclusion of each immediately, signed (or otherwise round of an event, the result card shall approved) by the appropriate Referee be completed immediately, signed (or and conveyed to the Competition otherwise approved) by the appropriate Secretary. Referee or the Chief Photo Finish The applicable Referee shall Judge and conveyed to the Competition have authority to warn or exclude from Secretary. competition, any athlete or relay team 18.5 The applicable Referee shall quilty of acting in an unsporting or have authority to warn or exclude from improper manner or under Rules 6.1 competition, any athlete or relay team in Note (ii), (iii) and (iv) of the Competition accordance with Rule 7.1 of the Rules or Rules 6, 16.5, 17.14, 17.15.4, Technical Rules, quilty of acting in an unsporting or improper manner or under 25.5, 25.19, 54.7.6, 54.10.8 or 55.8.8 of Rules 6.1 Note (ii), (iii) and (iv) of the the Technical Rules. Warnings may be indicated to the athlete by showing a Competition Rules or Rules 6, 16.5, 17 14 17 15 4 25 5 25 19 54 7 6 vellow card, exclusion by showing a red 54.10.8 or 55.8.8 of the Technical Rules. card. Warnings and exclusions shall be entered on the result card and Warnings may be indicated to the athlete communicated to the Competition by showing a vellow card, exclusion by Secretary and to the other Referees. showing a red card. Warnings and exclusions shall be entered on the result In disciplinary matters, the Call Room card and communicated to the Referee has authority starting from the Warm-up Area up to the competition Competition Secretary and to the other area. In all other instances, the Referee Referees. applicable to the event in which the In disciplinary matters, the Call Room athlete is or was competing, shall have Referee has authority starting from the

authority. Warm-up Area up to the competition applicable Referee (where area. In all other instances, the Referee The practicable after consulting applicable to the event in which the Competition Director) may warn or athlete is or was competing, shall have remove any other person from the authority. The applicable Referee (where competition area (or other area related to practicable after consulting the the competition including the Warm-up Area, Call Room and coaches seating) Competition Director) may warn or remove any other person from the who is acting in an unsporting or improper manner or who is providing competition area (or other area related to assistance to athletes that is not the competition including the Warm-up permitted by the Rules. Area, Call Room and coaches seating) Note (i): The Referee may, where the who is acting in an unsporting or circumstances justify it, exclude an improper manner or who is providing assistance to athletes that is not athlete or relav team without a warning having been given. (See also Note to permitted by the Rules. Note (i): The Referee may, where the Rule 6.2 of the Technical Rules) circumstances justify it, exclude an Note (ii): The Referee for events outside the stadium shall, wherever practicable athlete or relay team without a warning (e.g. under Rules 6, 54,10 or 55.8 of the having been given. (See also Note to Technical Rules), give a warning prior to Rule 6.2 of the Technical Rules) disqualification. If the Referee's action is Note (ii): The Referee for events outside the stadium shall, wherever practicable contested. Rule 8 of the Technical Rules (e.g. under Rules 6, 54.10 or 55.8 of the will apply. Technical Rules), give a warning prior to Note (iii): When excluding an athlete or disqualification. If the Referee's action is relay team from competition under this contested. Rule 8 of the Technical Rules Rule, if the Referee is aware that a yellow card has already been given, they should will apply. show a second yellow card followed Note (iii): When excluding an athlete or immediately by a red card. relay team from competition under this Rule, if the Referee is aware that a vellow Note (iv): If a yellow card is given and the Referee is not aware that there is a card has already been given, they should previous yellow card, it shall, once this is show a second vellow card followed known, have the same consequence as immediately by a red card. if it was given in association with a red Note (iv): If a vellow card is given and the card. The relevant Referee shall take Referee is not aware that there is a

immediate action to inform the athlete or	previous yellow card, it shall, once this is		
relay team or their team of their			
exclusion.	if it was given in association with a red		
	card. The relevant Referee shall take		
The below key points are made to	immediate action to inform the athlete or		
provide guidance and clarity in relation to	relay team or their team of their		
the way in which cards are shown and	exclusion.		
recorded:			
a. Yellow and red cards can be	The below key points are made to		
given either for disciplinary reasons	provide guidance and clarity in relation to		
(refer mostly to Rule 18.5 of the	the way in which cards are shown and		
Competition Rules and Rule 7.2 of the	recorded:		
Technical Rules) or for technical	a. Yellow and red cards can be		
infringements in case they are serious	given either for disciplinary reasons		
enough to be considered unsporting	<del>(refer mostly to Rule 18.5 of the</del>		
manners (e.g. a serious and clear	Competition Rules and Rule 7.2 of the		
deliberate obstruction in a race).	Technical Rules) or for technical		
b. Whilst it is normal and usually	infringements in case they are serious		
expected that a yellow card would have	enough to be considered unsporting		
been given before a red card, it is	manners (e.g. a serious and clear		
envisaged that in the cases of particularly	deliberate obstruction in a race).		
bad unsporting or improper behaviour a	b. Whilst it is normal and usually		
red card can be given immediately. It	expected that a yellow card would have		
should be noted that the athlete or relay	been given before a red card, it is		
team has in any case the opportunity to	envisaged that in the cases of particularly		
appeal such a decision to the Jury of	bad unsporting or improper behaviour a		
Appeal.	red card can be given immediately. It		
c. There will be also some cases in	should be noted that the athlete or relay		
which it is not practical or even logical for	team has in any case the opportunity to		
a yellow card to have been issued. For	appeal such a decision to the Jury of		
example the note to Rule 6.2 of the	Appeal.		
Technical Rules specifically allows for an	c. There will be also some cases in		
immediate red card if justified in cases	which it is not practical or even logical for		
covered by Rule 6.3.1 of the Technical	a yellow card to have been issued. For		
Rules such as pacing in races.	example the note to Rule 6.2 of the		
d. A similar situation might also	Technical Rules specifically allows for an		

		follow when a Referee issues a yellow	immediate red card if justified in cases		İ
		card and the athlete or relay team	covered by Rule 6.3.1 of the Technical		İ
		responds in such an inappropriate	Rules such as pacing in races.		İ
		manner that it is justified to then	d. A similar situation might also		İ
		immediately give a red card. It is not	follow when a Referee issues a yellow		İ
		essential for there to be two completely	card and the athlete or relay team		İ
		different and distinct in time instances of	responds in such an inappropriate		İ
		inappropriate behaviour.	manner that it is justified to then		İ
		e. As per Note (iii), in cases where	immediately give a red card. It is not		İ
		a Referee is aware that the athlete or	essential for there to be two completely		İ
		relay team in question has already	different and distinct in time instances of		İ
		received a yellow card during the	inappropriate behaviour.		İ
		competition and they propose to issue a	e. As per Note (iii), in cases where		İ
		red card, the Referee should first show a	a Referee is aware that the athlete or		İ
		second yellow card and then the red	relay team in question has already		İ
		card. However if a referee does not show	received a yellow card during the		l
		the second yellow card, it will not	competition and they propose to issue a		İ
		invalidate the issuing of the red card.	red card, the Referee should first show a		l
		f. In cases where a Referee is not	second yellow card and then the red		İ
		aware of a pre-existing yellow card, and	card. However if a referee does not show		İ
		they show only a yellow card, once this	the second yellow card, it will not		l
		becomes known, the appropriate steps	invalidate the issuing of the red card.		İ
		should be taken to disqualify the athlete	f. In cases where a Referee is not		İ
		as soon as possible. Normally, this would	aware of a pre-existing yellow card, and		İ
		be done by the Referee advising the	they show only a yellow card, once this		İ
		athlete directly or through their team.	becomes known, the appropriate steps		İ
		g. In cases of relay events, cards	should be taken to disqualify the athlete		İ
		received by one or more members of	as soon as possible. Normally, this would		l
		the team during any round of the event	be done by the Referee advising the		İ
		shall count against the team. Therefore,	athlete directly or through their team.		I
		if one athlete receives two cards or two	g. In cases of relay events, cards		I
		different athletes receive a yellow card	received by one or more members of		I
		in any round of the particular event, the	the team during any round of the event		I
		team shall be regarded as having	shall count against the team. Therefore,		I
		received a red card and shall be	if one athlete receives two cards or two		l
		disqualified. Cards received in relay	different athletes receive a yellow card		

CR22		Sta	art Coordinator, Starter and Recallers		
green	Amend	The addition of Rule 8.4.4 of the Technical Rules is intended to standardise practice and to complement Note (ii) to Rule 20.4 of the Competition Rules - as there has been a clear difference of approach across the world	The addition of Rule 8.4.4 of the Technical Rules is intended to standardise practice and to complement Note (ii) to Rule 20.4 of the Competition Rules - as there has been a clear difference of approach across the world	Rule 20.	Luitollai
CR20	Amend			Note (ii) refers to the entire	Editorial
CR20	<u> </u>	Umpi	res (Running and Race Walking Events)	<u>'</u>	
CR18.7	Amend	competition such that justice demands that any event or any part of an event should be contested again, they shall have authority to declare the event or any part of an event void and that it shall be held again, either on the same day or on some future occasion, as they shall	Referee, circumstances arise at any competition such that justice demands that any event or any part of an event should be contested again, they shall have authority to declare the event or any	Reference changed.	Editorial
		events are only applicable to the team	in any round of the particular event, the		

CR22.1.1		Amend	22.1 The Start Coordinator shall: 22.1.1 Allocate the duties of the start team. However, in the case of competitions under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competitions definition, the determination of which events will be assigned to the International Starter will be the responsibility of the Technical Delegates.	22.1 The Start Coordinator shall: 22.1.1 Allocate the duties of the start team. However, in the case of competitions under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competitions definition, the determination of which events will be assigned to the International World Athletics Starter will be the responsibility of the Technical Delegates.	Due to changes in the officials' education and certification system.	Editorial
CR25			Competition	Secretary, Technical Information Centre	e (TIC)	
CR25.4	52	Add, Amend		Advanced to next round by draw qD	Qualified by draw.	
			Lane infringement (Rules 17.4.3 and 17.4.4 of the Technical Rules)	Lane infringement (Rules 47.4.3 17.3.3 and 47.4.4 17.3.4 of the Technical Rules)	Reference changed.	Editorial
CR25.5	54	Add	will be established for competitions held under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competition definition, and is recommended for other competitions held over more than one day. The main function of the TIC is to ensure smooth communication between each team delegation, the organisers, the Technical Delegates and the competition administration regarding technical and	25.5 A Technical Information Centre (TIC) will be established for competitions held under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competition definition, and is recommended for other competitions held over more than one day. It may be a virtual or physical operation, or a combination of both. The main function of the TIC is to ensure smooth communication between each team delegation, the organisers, the Technical Delegates and the competition administration regarding technical and other matters relating to the competition.	and revise green text.	

An effectively managed Technical Information Centre will significantly assist An effectively managed Technical in the delivery of a high quality competition Information Centre will significantly assist organisation. The TIC Manager should in the delivery of a high quality competition have excellent knowledge of the Rules organisation. The TIC Manager should and equally importantly of the specific have excellent knowledge of the Rules Regulations for the particular competition. and equally importantly of the specific The hours of operation of the TIC should Regulations for the particular competition. reflect the hours of the competition plus The hours of operation of the TIC should some periods of time before and after reflect the hours of the competition plus when there will need to be interaction some periods of time before and after between the various parties, particularly when there will need to be interaction between the team delegations and the between the various parties, particularly Organisers. It is common, although not between the team delegations and the essential, for larger events to have Organisers. It is common, although not "branches" of the TIC (sometimes called essential, for larger events to have Sport Information Desks) in the main "branches" of the TIC (sometimes called athlete accommodation locations. If this is Sport Information Desks) in the main the case, there must be excellent athlete accommodation locations. If this is communication between the SID(s) and the case, there must be excellent the TIC. communication between the SID(s) and Because the hours of operation of the TIC the TIC. and SID(s) may be long, it will be Because the hours of operation of the TIC necessary for the TIC Manager to have and SID(s) may be long, it will be several assistants and for them to work in necessary for the TIC Manager to have several assistants and for them to work in Whilst some duties of the TIC are covered shifts. Where a virtual TIC is fully or in the Competition Rules (see for example partially in operation, the hours of Rule 25 of the Competition Rules, and operation may more easily be Rules 8.3 and 8.7 of the Technical Rules), extended, but it is important to make others will be set out in the Regulations for clear the hours during which the virtual each competition and in competition operation will be monitored. documents such as team handbooks etc. Whilst some duties of the TIC are covered in the Competition Rules (see for example Rule 25 of the Competition Rules, and Rules 8.3 and 8.7 of the Technical Rules).

			others will be set out in the Regulations for each competition and in competition documents such as team handbooks etc.		
CR31			World Records		
CR31.8	Amend	Performances made in Qualification Rounds, in deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules or Rule 8.4.2 of the Technical Rules, Rules 17.2 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, may be submitted for ratification.	Performances made in Qualification Rounds, in deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules or Rules 8.4.2 of the Technical Rules, Rules 17.21 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, may be submitted for ratification.	Reference changed.	Editorial
CR31.14.4	Amend	31.14.4 No performance will be ratified where the athlete has infringed Rule 17.3 of the Technical Rules unless, in cases covered in Rules 17.4.3 and 17.4.4 of the Technical Rules, it is the first infringement in the event, nor in the case an individual event where an athlete has recorded a false start as allowed under Rule 39.8.3 of the Technical Rules  The amendment to Rule 17.4 of the Technical Rules means for World Record ratification that if an athlete or relay team	31.14.4 No performance will be ratified where the athlete has infringed Rule 17.3 of the Technical Rules unless except, (a) in cases covered in Rule 17.3.2 of the Technical Rules, or (b) in cases covered in Rules 17.43.3 and 17.43.4 of the Technical Rules, if it is the first infringement in the event, nor in the case of an individual event where an athlete has recorded a false start as allowed under Rule 39.8.3 of the Technical Rules	To be more exact.	Editorial

		achieves a record time and, in that race, that athlete (or any athlete in the relay team) made a single infringement under Rules 17.4.3 or 17.4.4 of the Technical Rules, and in the case of an event with more than one round, it was the first infringement in the event, the record can stand. If the athlete or relay team achieves a record time and, in that race, an infringement occurred more than once or the athlete or relay team carried over such infringement from a previous round of the same event, the record cannot be ratified.	The amendment to Rule 17.4 17.3 of the Technical Rules means for World Record ratification that if an athlete or relay team achieves a record time and, in that race, that athlete (or any athlete in the relay team) made a single infringement under Rules 17.4.3 17.3.3 or 17.4.4 17.3.4 of the Technical Rules, and in the case of an event with more than one round, it was the first infringement in the event, the record can stand. If the athlete or relay team achieves a record time and, in that race, an infringement occurred more than once or the athlete or relay team carried over such infringement from a previous round of the same event, the record cannot be ratified.	Reference changed.	Editorial
CR31.14.5	Amend	31.14.5 For performances up to and including 400m (including 4 × 200m and 4 × 400m) under Rules 32 and 34 of the Competition Rules, starting blocks linked to a World Athletics certified Start Information System under Rule 15.2 of the Technical Rules must have been used and have functioned correctly so that reaction times were obtained and are shown on the results of the event.	including 400m (including 4 × 200m and 4 × 400m) under Rules 32 and 34 of the Competition Rules, starting blocks linked to a World Athletics certified Start	Reference changed.	Editorial
CR31.19	Amend	31.19 For World Records in Race Walking Events: At least three Judges who are either World Athletics Level or Area Level International Race Walking Judges shall be officiating during the competition and	Walking Events: At least three Judges who are either World Athletics Gold or Silver Level er Area Level International Race Walking	Due to changes in the officials' education and certification system.	Editorial

		shall sign the application form.	competition and shall sign the application form.		
TR4			Entries		
TR4.4.2	Add new note	4.4.2 an athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further;	4.4.2 an athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further;  Note: If the applicable regulations require a Repechage Round, failure to participate in that round is not an infringement of this Rule.	There is a Repechage Round at the Olympic Games e.g.	
TR7		Eff	ect of Warnings and Disqualification		
TR7.1-5	Amend	Disqualification resulting from an infringement of a Technical Rule (other than Rule 18.5 of the Competition Rules and Rule 16.5 of the Technical Rules)  7.1 If an athlete is disqualified in an event for an infringement of a Technical Rule (except under Rule 18.5 of the Competition Rules or Rule 16.5 of the Technical Rules) any performance accomplished in the same round of that event up to the time of the disqualification shall not be valid. However, performances accomplished in a previous round of that event shall remain valid. Such disqualification from an event shall not prevent an athlete from taking part in any further event in that competition.	and Improper Conduct  7.1 Athletes and relay teams shall participate in athletics competitions in a bona fide manner and shall not engage in unsporting or improper conduct. Any athlete or relay team failing to comply with this Rule may be warned or disqualified.  The applicable Referee shall have authority to warn or exclude from competition, any athlete or relay team guilty of acting in an unsporting or improper manner breaches of this Rule or under Rules 6.1 Note (ii), (iii) andor (iv)	CR18.5 is more properly a TR. The "offences" of unsporting behaviour, improper manner and no bona fide effort are not properly constituted as TRs but many words are included about the consequences. It would provide greater clarity if these provisions were re-worded and reformatted.	

54.10.8 or 55.8.8 of the Technical Rules. Disqualification resulting Warnings may be indicated to the athlete from exclusion under Rule 18.5 of the by showing a yellow card, exclusion by Competition Rules (including under showing a red card. Warnings and Rule 16.5 of the Technical Rules) exclusions shall be entered on the result If an athlete is excluded from card and communicated to competition under Rule 18.5 of the Competition Secretary and to the other Competition Rules, they shall be Referees. disqualified from that event. If the In disciplinary matters, the Call Room Referee has authority starting from the athlete's second warning occurs in a different event, they shall be disqualified Warm-up Area up to the competition only from the second event. Any area. In all other instances, the Referee applicable to the event in which the performance accomplished in the same round of that event up to the time of the athlete is or was competing, shall have disqualification shall not be valid. authority. However, performances accomplished in The applicable Referee (where a previous round of that event, other consulting practicable after previous events or previous individual Competition Director) may warn or events of a Combined Event shall remain remove any other person from the valid. Such disqualification shall prevent competition area (or other area related to an athlete from taking part in all further the competition including the Warm-up events or rounds of events (including Area, Call Room and coaches seating) individual events of a Combined Event. who is acting in an unsporting or improper manner or who is providing other events in which they are simultaneously participating and relays) assistance to athletes that is not in that competition. permitted by the Rules. 7.3 If a relay team is excluded from Note (i): The Referee may, where the competition under Rule 18.5 of the circumstances justify it, exclude an Competition Rules, it shall be disqualified athlete or relay team without a warning from that event. Performances having been given. (See also Note to accomplished in a previous round of that Rule 6.2 of the Technical Rules) event shall remain valid. Such Note (ii): The Referee for events outside disqualification shall not prevent any the stadium shall, wherever practicable athlete or relay from that team taking part (e.g. under Rules 6, 54.10 or 55.8 of the in all further events (including individual Technical Rules), give a warning prior to events of a Combined Event, other disqualification. If the Referee's action is

events in which they are simultaneously	contested, Rule 8 of the Technical Rules	
participating and relays) in that	will apply.	
competition.	Note (iii): When excluding an athlete or	
However, if the behaviour of one or more	relay team from competition under this	
such individual athletes is considered	Rule, if the Referee is aware that a yellow	
serious enough, Rule 18.5 of the	card has already been given, they should	
Competition Rules may be applied to	show a second yellow card followed	
them with the applicable consequences.	immediately by a red card.	
7.4 If the offence is considered	Note (iv): If a yellow card is given and the	
serious, the Competition Director shall	Referee is not aware that there is a	
report it to the relevant governing body	previous yellow card, it shall, once this is	
for consideration of further disciplinary	known, have the same consequence as	
action.	if it was given in association with a red	
	card. The relevant Referee shall take	
	immediate action to inform the athlete or	
	relay team or their team of their	
	exclusion.	
	The below key points are made to	
	provide guidance and clarity in relation to	
	the way in which cards are shown and	
	recorded:	
	a. Yellow and red cards can be	
	given either for disciplinary reasons	
	(refer mostly to Rule 18.5 of the	
	Competition Rules and Rule 7.2 of the	
	Technical Rules this Rule) or for certain	
	technical infringements that are	
	disciplinary in nature in case they are	
	serious enough to be considered	
	unsporting manners (e.g. a serious and	
	<del>clear deliberate obstruction in a race)</del> .	
	b. Whilst it is normal and usually	
	expected that a yellow card would have	
	been given before a red card, it is	
	envisaged that in the cases of particularly	

				had unaparting or improper behaviour		
				bad unsporting or improper behaviour or		
				failing to participate in a bona fide		
				manner, a red card can be given		
				immediately. It should be noted that the		
				athlete or relay team has in any case the		
				opportunity to appeal such a decision to		
				the Jury of Appeal.		
				c. There will be also some cases in		
				which it is not practical or even logical for		
				a yellow card to have been issued. For		
				example the note to Rule 6.2 of the		
				Technical Rules specifically allows for an		
				immediate red card if justified in cases		
				covered by Rule 6.3.1 of the Technical		
				Rules such as pacing in races.		
				d. A similar situation might also		
				follow when a Referee issues a yellow		
				card and the athlete or relay team		
				responds in such an inappropriate		
				manner that it is justified to then		
				immediately give a red card. It is not		
				essential for there to be two completely		
				different and distinct in time instances of		
				inappropriate behaviour.		
				e. As per Note (iii), in cases where		
				a Referee is aware that the athlete or		
				relay team in question has already		
				received a yellow card during the		
				competition and they propose to issue a		
				red card, the Referee should first show a		
				second yellow card and then the red		
				card. However if a Referee does not		
				show the second yellow card, it will not		
				invalidate the issuing of the red card.		
				f. In cases where a Referee is not		
				aware of a pre-existing yellow card, and		
L	l .	<u> </u>		anais of a pro onioning joiner bard, and		

			they show only a yellow card, once this		
			becomes known, the appropriate steps		
			should be taken to disqualify the athlete		
			as soon as possible. Normally, this would		
			be done by the Referee advising the		
			athlete directly or through their team.		
			g. In cases of relay events, cards		
			received by one or more members of		
			the team during any round of the event		
			shall count against the team. Therefore,		
			if one athlete receives two <b>yellow</b> cards		
			or two different athletes receive a yellow		
			card in any round of the particular event,		
			the team shall be regarded as having		
			received a red card and shall be		
			disqualified. Cards received in relay		
			events are only applicable to the team		
			and never applicable to an individual		
			athlete.		
			utilioto:		
			Disqualification resulting from an		
			infringement of a Technical Rule		
			(other than Rule 18.5 of the		
			Competition Rules and Rule 16.5 7.1		
			of the Technical Rules)		
			7.42 If an athlete is disqualified in an		
			event for an infringement of a Technical		
			Rules (except under Rule 18.5 of the		
1	I .				
			Competition Rules or Rule 16.5 7.1 of the		
			Technical Rules) any performance		
			Technical Rules) any performance accomplished in the same round of that		
			Technical Rules) any performance accomplished in the same round of that event up to the time of the disqualification		
			Technical Rules) any performance accomplished in the same round of that event up to the time of the disqualification shall not be valid. However,		
			Technical Rules) any performance accomplished in the same round of that event up to the time of the disqualification shall not be valid. However, performances accomplished in a		
			Technical Rules) any performance accomplished in the same round of that event up to the time of the disqualification shall not be valid. However,		

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		events of a Combined		
		all remain valid. Such		
		on from an event shall not		
		thlete from taking part in any		
	further even	in that competition.		
	Disqualifica	ntion resulting from		
		under Rule <del>18.5 of the</del>		
		n Rules (including under		
		1 of the Technical Rules		
		athlete is excluded from		
		under Rule <del>18.5</del> <b>7.1</b> of the		
		Technical Rules, they shall		
		ed from that event. If the		
		cond warning occurs in a		
		nt, they shall be disqualified		
		the second event. Any		
		accomplished in the same		
		t event up to the time of the		
		on shall not be valid.		
		rformances accomplished in		
		round of that event, other		
		ents or previous individual		
	•	Combined Event shall remain		
	valid. Such	disqualification shall prevent		
		om taking part in all further		
		ounds of events (including		
		rents of a Combined Event,		
		its in which they are		
		sly participating and relays)		
	in that comp			
		hen a relay team is		
		m competition under Rule		
		ne- <del>Competition</del> Technical		
		Il be disqualified from that		
		rmances accomplished in a		

remain valid. If the disqualification of the relay team was the consequence of (an) athlete(s) acting in a manner that would lead to a disqualification under Rule 7.1 if competing in an individual event, Rule 7.3 of this Rule will be applicable to such athlete(s).  Otherwise, Seuch disqualification shall not prevent any athlete or relay from of that team tking part in-all-further events (including individual events of a Combined Event, other events of the events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of a Combined Event, other events of the events o
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TR8	TR8 Protests and Appeals				
TR8.3	Add note		Note: The World Athletics Photo Finish Judge, where appointed, should act on behalf of the Running and Race Walking Events Referee regarding protests about the placing of athletes.	To reflect practice.	
TR8.4.1	Amend and add note	8.4.1 if an athlete makes an immediate oral protest against having been charged with a false start, the Start Referee (or if one is not appointed, the relevant Running and Race Walking Events Referee) may, if they are in any doubt, allow the athlete to compete "under protest" in order to preserve the rights of all concerned. Competing "under protest" should not be allowed if the false start was indicated by a World Athletics certified Start Information System, unless for any reason the Referee determines that the information provided by the System is obviously inaccurate.	8.4.1 if an athlete makes an immediate oral protest against having been charged with a false start, the Start Referee (or if one is not appointed, the relevant Running and Race Walking Events Referee) may, if they are in any doubt, allow the athlete to compete "under protest" in order to preserve the rights of all concerned. Competing "under protest" should not be allowed if the false start was indicated by a World Athletics certified Start Information System, unless for any reason the Referee determines that the information provided by the System is obviously inaccurate. If an athlete is allowed to compete under protest, a red and white (diagonally halved) card shall be raised in front of the athlete.	To have more clarity in the case of disputed start situations.	
TR8.4.2	Amend	In a Running or Race Walking Event,	In a Running or Race Walking Event,		
		8.4.2 a protest may be based on the failure of the Starter to recall a false start or, under Rule 16.5 of the Technical Rules, to abort a start. The	8.4.2 a protest may be based on the failure of the Starter to recall a false start or, under Rule 16.5 of the Technical Rules, to abort a start. The		

		protest may be made only by, or on behalf of, an athlete who has completed the race. If the protest is upheld,	protest may be made only by, or on behalf of, an athlete who <b>should normally has have</b> completed the race <b>with bona fide effort</b> . If the protest is upheld,		
TR8.4.3	Amend	Note: This Rule may also be applied by the Referee, the Jury of Appeal in other circumstances where it is deemed appropriate (see Rule 17.2 of the Technical Rules).	Note: This Rule may also be applied by the Referee, the Jury of Appeal in other circumstances where it is deemed appropriate (see Rule 17.2 17.1 of the Technical Rules).	Reference changed.	Editorial
TR9			Mixed Competition		
TR9.2.2 green	Amend	The intent of Rule 9.2.1 of the Technical Rules is to facilitate the conduct of races of 5000m or longer, when small numbers of athletes of one or both sexes are entered in the case of longer events (i.e. a track Race Walk of 10,000m or more), where timetabling constraints make it difficult to program separate races	The intent of Rule 9.2.1 of the Technical Rules is to facilitate the conduct of races of 5000m or longer, when small numbers of athletes of one or both sexes are entered, or in the case of longer events (i.e. a track Race Walk of 10,000m or more), where timetabling constraints make it difficult to program separate races	The missing word "or" makes the sentence incomprehensible.	Editorial
TR11		•	Validity of Performances		
TR11.2.2	Amend	11.2.2 a qualified panel of National Technical Officials are appointed to and officiate at the event;	11.2.2 a qualified panel of National Technical Officials Athletics Referees are appointed to and officiate at the event;	Due to changes in the officials' education and certification system.	Editorial
TR11.3.2	Amend	11.3.2 a qualified panel of National Technical Officials are appointed to and officiate at the event;	11.3.2 a qualified panel of National Technical Officials Athletics Referees are appointed to and officiate at the event;	Due to changes in the officials' education and certification system.	Editorial
TR11.4	Amend	Performances made in accordance with these Rules in Qualification Rounds, in	Performances made in accordance with these Rules in Qualification Rounds, in	Reference changed.	Editorial

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		deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules, or Rules 8.4.2, 17.2 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, will normally be regarded as valid for purposes such as statistics, records, rankings and the achievement of entry standards.	deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules, or Rules 8.4.2, 47.2 17.1 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, will normally be regarded as valid for purposes such as statistics, records, rankings and the achievement of entry standards.		
PART II – TRACK EVENTS			PART II – TRACK EVENTS		
PART II – TRACK EVENTS	Amend	Rules 17.2, 17.6 (except under Rules 54.12 and 55.9), 17.14, 18.2, 19 and 21.1 of the Technical Rules also apply to Parts VI, VII, and VIII of the Technical Rules.		Reference changed.	Editorial
TR16			The Start		
TR16.5.3	Amend	Where an athlete in the judgement of the Starter, 16.5.3 after the command "On your marks" or "Set" disturbs other athletes in the race through sound, movement or	Where an athlete in the judgement of the Starter, 16.5.3 after the command "On your marks" or "Set" disturbs (an)other athlete(s) in the race through sound,	This Rule is interpreted in a different way by different officials acting as Start Referees (and as Starters) around the World. Start Referees are warning	

		the Starter shall abort the start.  The Referee may warn the athlete for improper conduct (disqualify in case of a second infringement of the Rule during the same competition), according to Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules.	such athlete(s) committing what would otherwise be a false start, the Starter shall abort the start.  The Referee may warn the athlete for improper conduct (disqualify in case of a second infringement of the Rule during the same competition), according to Rules 18.5 7.1 of the Competition Rules and Rule 7.2 3 of the Technical Rules.	(sometimes very slightly), not disturbing any other, after the Starter aborted the start, or sometimes, when the SIS automatically recalls the athletes.  If an athlete is disqualified for committing a false start not consequence of a move of another athlete, a warning should not be done to this last athlete.		
TR16.5 green	Amend	integrity of the intention of this division, that Starters and Referees are as diligent in the application of Rule 16.5 of the	It is important, in order to maintain the integrity of the intention of this division, that Starters and Referees are as diligent in the application of Rule 16.5 of the Technical Rules as well as in detecting false starts.		Edito	rial
TR17			The Race			
TR17	Amend	Obstruction  17.2 If an athlete is jostled or obstructed during an event so as to impede their progress, then: 17.2.1 if the jostling or obstruction is considered unintentional or is caused otherwise than by an athlete, the Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for	Obstruction  17.2 1 If an athlete is jostled or obstructed during an event so as to impede their progress, then: 17.2 1.1 if the jostling or obstruction is considered unintentional or is caused otherwise than by an athlete, the Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for	Logical restructuring.	Edito	orial

one, some or all of the athletes) be reone, some or all of the athletes) be reheld or allow the affected athlete (or held or allow the affected athlete (or team) to compete in a subsequent round team) to compete in a subsequent round of the event: of the event: 17.2.2 if another athlete is found by the 17.2 1.2 if another athlete is found by the Referee to be responsible for the jostling Referee to be responsible for the iostling or obstruction, such athlete (or their or obstruction, such athlete (or their team) shall be liable to disqualification team) shall be liable to disqualification from that event. The Referee may, if they from that event. The Referee may, if they are of the opinion that an athlete (or their are of the opinion that an athlete (or their team) was seriously affected, in team) was seriously affected, in accordance with Rule 18.7 of the accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for Technical Rules, order that the race (for one, some or all of the athletes) be reone, some or all of the athletes) be reheld excluding any disqualified athlete (or held excluding any disqualified athlete (or team) or allow any affected athlete (or team) or allow any affected athlete (or team) (other than any disqualified athlete team) (other than any disqualified athlete or team) to compete in a subsequent or team) to compete in a subsequent round of the event. round of the event. Note: In cases considered serious Note: In cases considered serious enough, Rule 18.5 of the Competition enough, Rule 18.5 of the Competition Rules and Rule 7.2 Rules 7.1 and 7.3 of Rules and Rule 7.2 of the Technical Rules may also be applied. the Technical Rules may also be applied. In both cases of Rules 17.2.1 and 17.2.2 In both cases of Rules 17.2 1.1 and 17.2 of the Technical Rules, such athlete (or 1.2 of the Technical Rules, such athlete team) should normally have completed (or team) should normally have the event with bona fide effort. completed the event with bona fide effort. Jostling should be understood as Jostling should be understood as physical contact on one or more physical contact on one or more occasions with another athlete or athletes occasions with another athlete or athletes that results in an unfair advantage or that results in an unfair advantage or causes injury or harm to them or, causes injury or harm to them or, consequently, to another athlete or consequently, to another athlete or athletes. athletes.

TR17.1-4	Reformat	17.1 In races including at least one	17.4 2 In all races:	Reformat the construction so	Editorial
		bend, the direction of running and	17.2.1 In races including at least one	as to better be able to denote	
		walking shall be left-hand inside. The	bend, the direction of <del>running and</del>	which Rule has been	
		lanes shall be numbered with the left-	walking the race shall be left-hand	infringed and to remove	
		hand inside lane numbered 1.	inside. The lanes shall be numbered with	possible confusion by 17.4	
		, ,	the left-hand inside lane numbered 1;	being currently written in the	
		and the track is properly surveyed,		negative.	
		straight events to be conducted in the	and the track is properly surveyed,		
		opposite direction, i.e. right-hand inside.	straight events to be conducted in the		
			opposite direction, i.e. right hand inside.		
			17.2.2 run entirely on the straight,		
			the direction of the race may be		
			either left-hand or right-hand inside,		
			according to the available conditions;		
			<b>17.2.3</b> run in lanes (or any part of a		
			race run in lanes), each athlete shall		
			keep within their allocated lane from		
			start to finish and, when running on a		
			bend, shall not step or run on or		
			inside the left-hand lane line or in the		
			case of the inside lane, the kerb or		
			line marking the applicable border of		
			the track;		
			17.2.4 not run in lanes (or any part of a		
			race not run in lanes), an athlete running		
			on a bend, on the outer half of the track		
			as per Rule 17.5.2 of the Technical		
			Rules, or on any curved part of the		
			diversion from the track for the		
			steeplechase water jump, shall not step		
			or run on or inside the kerb or line		
			marking the applicable border (the		
			inside of the track, the outer half of the		
			track, or any curved part of the diversion		
			from the track for the steeplechase		
			water jump).		

	This Rule allows, where conditions permit
	and the track is properly surveyed, straight
	events to be conducted in the opposite
	direction, i.e. right-hand inside.
Lane Infringement	
	Lane Infringement
17.3.1 run in lanes, each athlete shall	17.3 In all races:
keep within their allocated lane from start	17.3.1 run in lanes, each athlete shall
	keep within their allocated lane from start
	to finish. This shall also apply to any
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	portion of a race run in lanes;
	17.3.2 (or any part of races) not run in
	lanes, an athlete running on a bend, on
	the outer half of the track as per Rule
	17.5.2 of the Technical Rules, or on any
	curved part of the diversion from the
	track for the steeplechase water jump,
	shall not step or run on or inside the kerb or line marking the applicable border (the
[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]	inside of the track, the outer half of the
	track, or any curved part of the diversion
l	from the track for the steeplechase water
Free nt as atata d in Dula 47.4 of the	iump).
	Except as stated in Rule 17.4 of the
	Technical Rules, if the Referee is
Umpire or otherwise, that an athlete has	satisfied, on the report of a Judge or
infringed this Rule, they or in the case of	Umpire or otherwise, that an athlete has
a relay race, their team shall be	infringed this Rule 17.2.3 or 17.2.4 of the
disqualified.	Technical Rules, they or in the case of a
17.4 An athlete, or in the case of a	relay race, their team shall be disqualified
relay race, their team, shall not be	unless.
disqualified if the athlete:	

17.4.1 is pushed or forced by another 17.4 An athlete, or in the case of a person or object to step or run outside relay race, their team, shall not be disqualified if the athlete: their lane or on or inside the kerb or line marking the applicable border; 17.43.1 is pushed or forced by another 17.4.2 steps or runs outside their lane in person or object to step or run outside the straight, any straight part of the their lane or on or inside the kerb or line diversion from the track for the marking the applicable border; or steeplechase water jump or outside the 17.43.2 steps or runs outside their lane in outer line of their lane on the bend; the straight, any straight part of the 17.4.3 in all races run in lanes, touches diversion from the track for the once the line on their left, or the kerb or steeplechase water jump or outside the line marking the applicable border (as outer line of their lane on the bend; or defined in Rule 17.3.2 of the Technical 17.43.3 in all races run in lanes (or any Rules) on a bend; or part of races) run in lanes), touches 17.4.4 in all races (or any part of races) once the line on their left, or the kerb or not run in lanes, steps once on or line marking the applicable border (as defined in Rule 17.32.24 of the Technical completely over the kerb or line marking the applicable border (as defined in Rule Rules) on a bend: or 17.3.2 of the Technical Rules) on a bend; 17.43.4 in all races not run in lanes (or and no material advantage is gained and any part of races) not run in lanes), steps once on or completely over the kerb or no other athlete being jostled or obstructed so as to impede the other line marking the applicable border (as defined in Rule 17.32.24 of the Technical athlete's progress (see Rule 17.2 of the Technical Rules). If material advantage is Rules) on a bend; gained, the athlete (or team) shall be and no material advantage is gained and no other athlete being jostled or disqualified. In races with multiple rounds, an obstructed so as to impede the other infringement defined in Rules 17.4.3 and athlete's progress (see Rule 17.2 17.1 of 17.4.4 of the Technical Rules may be the Technical Rules) and no material made only once during all rounds of an advantage is gained (see Rule 17.4 of event by a particular athlete without the the Technical Rules). If material disqualification of that athlete. A second advantage is gained, the athlete (or infringement will result in the team) shall be disqualified. disqualification of that athlete whether it In races with multiple rounds, an was made in the same round or in infringement any action defined in another round of the same event. Rules 17.43.3 and or 17.43.4 of the

In the case of Relay Races, any second step (as described in this Rule 17.4.3 and 17.4.4 of the Technical Rules) by an athlete who is a member of a team, regardless of whether committed by the same or different athletes, will result in the disqualification of the team whether it happens in the same round or in another round of the same event. For the ratification of records, see Rule 31.14.4 of the Competition Rules. Note: Material advantage includes improving their position by any means, including removing themselves from a "boxed" position in the race by having stepped or run inside the inside edge of the track.

This Note specifically outlaws the practice of an athlete seeking to improve their position in races by moving onto the inside of the track (whether intentionally or after being pushed or jostled there by another athlete) to get out of a boxed position by running on the inside until clear. Whilst normally running on the inside of lane 1 in the straight (as distinct from doing so on the bend) would not lead to mandatory disqualification, the Referee has the power to disqualify in their discretion if this occurs and the athlete is advantaged even if the initial reason for being there was the result of being pushed or jostled. In such cases the athlete should take immediate steps to

Technical Rules may be made only once during all rounds of an event by a particular athlete without the disqualification of that athlete. A second infringement action will result in the disqualification of that athlete whether it was made in the same round or in another round of the same event. In the case of Relay Races, any second step action (as described in this Rule 17.43.3 and 17.43.4 of the Technical Rules) by an athlete who is a member of a team, regardless of whether committed made by the same or different athletes, will result in the disqualification of the team whether it happens in the same round or in another round of the same event.

For the ratification of records, see Rule 31.14.4 of the Competition Rules.

Note: Material advantage includes improving their position by any means, including removing themselves from a "boxed" position in the race by having stepped or run inside the inside edge of the track.

17.4 If material advantage is gained by an athlete by improving their position by any means including under the exceptions in Rule 17.3 of the Technical Rules or by removing themselves from a "boxed" position in the race by having stepped or run inside the inside edge of the track at any point, the athlete (or team) shall be disqualified.

return to the track without seeking or This Note Rule 17.4 specifically outlaws gaining any advantage. the practice of an athlete seeking to improve their position in races by moving Where a race is started in lanes and then onto the inside of the track (whether continues not using separate lanes, Rules intentionally or after being pushed or 17.3 and 17.4 of the Technical Rules apply jostled there by another athlete) to get out accordingly to each such part of the race. of a boxed position by running on the When determining whether the exception inside until clear. Whilst normally running on in 17.4.3 applies in cases where some part the inside of lane 1 in the straight (as of the shoe / foot is also to the left of the distinct from doing so on the bend) would line, there is a requirement for at least some not lead to mandatory disqualification, the part of the outline of athlete's shoe / foot Referee has the power to disqualify in their to be touching the line, i.e. some contact discretion if this occurs and the athlete is with the line (depicted by the outline of the advantaged even if the initial reason for relevant part of the shoe or foot) is required being there was the result of being pushed for this exception to apply. If this is not the or jostled. In such cases the athlete should case, then the exception does not apply. take immediate steps to return to the track without seeking or gaining any advantage. Where a race is started in lanes and then continues not using separate lanes, Rules 17.32 and 17.43 of the Technical Rules apply accordingly to each such part of the race. Therefore, only one infringement according to Rules 17.3.3 or 17.3.4 is allowed. A second infringement in the same race will result in disqualification. When determining whether the exception in 17.43.3 applies in cases where some part of the shoe / foot is also to the left of the line, there is a requirement for at least some part of the outline of athlete's shoe / foot to be touching the line, i.e. some contact

			with the line (depicted by the outline of the relevant part of the shoe or foot) is required for this exception to apply. If this is not the case, then the exception does not apply			
TR17.5 green	Amend	a. if an athlete steps on or inside the line, then state Rule 17.3 of the Technical Rules,	a. if an athlete steps on or inside the line, then state Rule 17.3 17.2 of the Technical Rules,	Reference changed.	Editorial	
TR17.7	Amend	Note: Serious cases may further be dealt with under Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules	Note: Serious cases may further be dealt with under Rule 18.5 of the Competition Rules and Rule 7.2 Rules 7.1 and 7.3 of the Technical Rules	Reference changed.	Editorial	
TR17.15	Amend title	Drinking / Sponging	Drinking / Sponging and Refreshment Stations in Track Events	Similarly to TR55 and TR56.	Editorial	
TR17.15	Amend	Drinking / Sponging, as follows:	Drinking / Sponging and Refreshment Stations in Track Events, as follows:		Editorial	
TR19	-	Timing and Photo Finish				
TR19.19	Add	In cooperation with the Running and Race Walking Events Referee and the Starter, they shall initiate a zero control test, before the beginning of each session, to ensure that the equipment is started automatically by the Starter's signal within the limit identified in Rule 19.13.2 of the Technical Rules (i.e. equal to or less than 0.001 second).	19.19 In cooperation with the Start Referee (or if one is not appointed, the relevant Running and Race Walking Events Referee) and the Starter, they shall initiate a zero control test, before the beginning of each session, to ensure that the equipment is started automatically by the Starter's signal within the limit identified in Rule 19.13.2 of the Technical		Editorial	

			Rules (i.e. equal to or less than 0.001 second).		
TR19.20 Note	Amend	Note: Where two or more Photo Finish cameras are used, one should be designated as official by the Technical Delegate(s) (or International Photo Finish Judge where appointed) before the start of the competition.	Note: Where two or more Photo Finish cameras are used, one should be designated as official by the Technical Delegate(s) (or International World Athletics Photo Finish Judge where appointed) before the start of the competition.	Due to changes in the officials' education and certification system.	Editorial
TR19.23	Add Note		Note: Events held according to Rule 11.2 of the Technical Rules shall be considered to be conducted inside the stadium for timing and recording of performance.	There are events that are, by definition, outside the stadium, but which should be timed to the 1/100 second.	
TR20	•	Seeding	s, Draws and Qualification in Track Eve	nts	•
TR20.2 green	Amend green	For major competitions, at least, the basis of the seeding should be the best times achieved by each athlete in valid conditions (including with wind readings for the relevant events) during the predetermined period. This period may be specified in the Technical Regulations or in the document setting out the entry conditions and standards for the competition. Where there is no such specification, then "Season Best" should be used unless the Technical Delegate(s) or the Organisers decide that for one, some or all events the circumstances justify an alternate period	Unless the applicable regulations determine otherwise, for major competitions, at least, the basis of the seeding should be the best times achieved by each athlete in valid conditions (including with wind readings for the relevant events) during the predetermined period. This period may be specified in the Technical applicable Regulations or in the document setting out the entry conditions and standards for the competition. Where there is no such specification, then the "Season Best" should be used unless the Technical Delegate(s) or the Organisers	To align with the change to TR20.3.1.	

		or other criteria being applied.	decide that for one, some or all events the circumstances justify an alternate period or other criteria being applied.		
TR20.3.1	Amend	20.3.1 For the first round, the athletes shall be ranked with the seeding determined from the relevant list of valid performances achieved during the predetermined period.	20.3.1 For the first round, the athletes shall be ranked with the seeding determined from the relevant list of valid performances achieved during the predetermined period or in accordance with the applicable regulations.	To reflect reality (e.g. DL)	
TR20.3.2 a.	Amend	a. for events of 100m to 400m inclusive, and relays up to and including 4 × 400m, seeding shall be based upon placings and times of each previous round. For this purpose, athletes shall be ranked as follows:	a. for events of 100m to up to and including 400m inclusive, and relays up to and including 4 × 400m, seeding shall be based upon placings and times of each previous round. For this purpose, athletes shall be ranked as follows:	More correct with the introduction of Short Track.	Editorial
TR20.4	Amend	20.4 For events 100m to 800m inclusive, and relays up to and including 4 × 400m, where there are several successive rounds of a race, lanes will be drawn as follows:	20.4 For events 100m to up to and including 800m inclusive, and relays up to and including 4 × 400m, where there are several successive rounds of a race, lanes will be drawn as follows:	More correct with the introduction of Short Track.	Editorial
TR20.4.1	Amend	Draw for Lanes 20.4.1 For the first round and any additional preliminary qualification round as per Rule 20.1 of the Technical Rules, the lane order shall be drawn by lot	Draw for Lanes 20.4.1 Unless the applicable regulations provide otherwise, for the first round and any additional preliminary qualification round as per Rule 20.1 of the Technical Rules, the lane order shall be drawn by lot	The addition in 20.4.1 will be important in the future if we want to allocate lanes according to WRk positions even in the first round.	
TR20.4.5	Amend	Draw for Lanes	Draw for Lanes	The 800m was missing from the earlier amendment. It is	To be in force from

For an eight lane track, three draws for	For an eight lane track, three draws for	grouped to 400m where it	14 August
For an eight-lane track, three draws for lanes will then be made. When there are	For an eight-lane track, three draws for lanes will then be made. When there are	grouped to 400m where it	14 August 2023
		logically belongs.	2023
fewer or more than eight lanes, the	fewer or more than eight lanes, the		
principles in the following system with the	principles in the following system with the		
necessary modifications should be used.	necessary modifications should be used.		
20.4.3 For straight races:	20.4.3 For straight races:		
a. one draw for the four highest	a. one draw for the four highest		
ranked athletes or teams to determine	ranked athletes or teams to determine		
placings in lanes 3, 4, 5 and 6;	placings in lanes 3, 4, 5 and 6;		
b. another for the fifth and sixth	b. another for the fifth and sixth		
ranked athletes or teams to determine	ranked athletes or teams to determine		
placings in lanes 2 and 7, and	placings in lanes 2 and 7, and		
c. another for the two lowest	c. another for the two lowest		
ranked athletes or teams to determine	ranked athletes or teams to determine		
placings in lanes 1 and 8.	placings in lanes 1 and 8.		
20.4.4 For 200m races:	20.4.4 For 200m races:		
a. one draw for the three highest	a. one draw for the three highest		
•	ranked athletes or teams to determine		
placings in lanes 5, 6 and 7;	placings in lanes 5, 6 and 7;		
b. another for the fourth, fifth and	1.		
sixth ranked athletes or teams to	sixth ranked athletes or teams to		
determine placings in lanes 3, 4 and 8,	determine placings in lanes 3, 4 and 8,		
and	and		
c. another for the two lowest	c. another for the two lowest		
ranked athletes or teams to determine	ranked athletes or teams to determine		
placings in lanes 1 and 2.	placings in lanes 1 and 2.		
20.4.5 For 400m races and all relays up	20.4.5 For 400m races, and all relays		
to and including 4 x 400m:	up to and including 4 x 400m and 800m		
a. one draw for the four highest			
ranked athletes or teams to determine	a. one draw for the four highest		
placings in lanes 4, 5, 6 and 7;	ranked athletes or teams to determine		
b. another for the fifth and sixth	placings in lanes 4, 5, 6 and 7;		
ranked athletes or teams to determine	b. another for the fifth and sixth		
placings in lanes 3 and 8, and	ranked athletes or teams to determine		
c. another for the two lowest			
ranked athletes or teams to determine			
ranked atmetes of teams to determine	Lo. allottici ioi tiic two lowest		

		placings in lanes 1 and 2. 20.4.6 For 800m races: a. one draw for the four highest ranked athletes or teams to determine placings in lanes 3, 4, 5 and 6; b. another for the fifth and sixth ranked athletes or teams to determine placings in lanes 7 and 8, and c. another for the two lowest ranked athletes or teams to determine placings in lanes 1 and 2.	ranked athletes or teams to determine placings in lanes 1 and 2.  20.4.6 For 800m races: a. one draw for the four highest ranked athletes or teams to determine placings in lanes 3, 4, 5 and 6; b. another for the fifth and sixth ranked athletes or teams to determine placings in lanes 7 and 8, and c. another for the two lowest ranked athletes or teams to determine placings in lanes 1 and 2.		
TR22			Hurdle Races		
TR22.6.1	Amend	22.6 All races shall be run in lanes and each athlete shall go over each hurdle and keep to their own lane throughout. Failure to do so will result in a disqualification, unless Rule 17.4 of the Technical Rules applies. In addition, an athlete shall be disqualified, if: 22.6.1 their foot or leg is, at the instant of clearance, beside the hurdle (on either side) below the horizontal plane of the top of any hurdle	22.6 All races shall be run in lanes and each athlete shall go over each hurdle and keep to their own lane throughout. Failure to do so will result in a disqualification, unless Rule 47.4 17.3 of the Technical Rules applies. In addition, an athlete shall be disqualified, if: 22.6.1 their foot or leg is, at the instant of clearance, beside the hurdle (on either side) and below the horizontal plane of the top of any hurdle	Reference changed.  More correct.	Editorial
		The requirement to go over each hurdle should not be read as requiring the athlete to go over each hurdle in their own lane - provided always the intention of Rules 17.3 and 17.4 of the Technical Rules is followed. But if an athlete knocks down or displaces a hurdle in another lane and thereby affects the progress of	The requirement to go over each hurdle should not be read as requiring the athlete to go over each hurdle in their own lane - provided always the intention of Rules 17.3 17.1 and 17.4 17.3 of the Technical Rules is followed. But if an athlete knocks down or displaces a hurdle in another lane and thereby	Reference changed.	

	another athlete they should be	affects the progress of another athlete		
	disqualified.	they should be disqualified.		
	Situations when an athlete knocks down	Situations when an athlete knocks down		
	or displaces a hurdle in another lane	or displaces a hurdle in another lane		
	should be interpreted in a logical way.	should be interpreted in a logical way.		
	For example, an athlete who knocks	For example, an athlete who knocks		
	down or displaces a hurdle in the lane of	down or displaces a hurdle in the lane of		
	an athlete who has already gone over	an athlete who has already gone over		
	that hurdle, should not necessarily be	that hurdle, should not necessarily be		
	disqualified unless they otherwise	disqualified unless they otherwise		
	infringe the Rules, i.e. by moving to an	infringe the Rules, i.e. by moving to an		
	inside lane on the bend or having their	inside lane on the bend or having their		
	foot or leg, at the instant of clearance,	foot or leg, at the instant of clearance,		
	beside the hurdle (on either side), below	beside the hurdle (on either side), and	More correct.	
	the horizontal plane of the top of any	below the horizontal plane of the top of		
	hurdle. The intent of this Rule is to make	any hurdle. The intent of this Rule is to		
	it clear that an athlete who in making	make it clear that an athlete who in		
	such action affects another athlete	making such action affects another		
	should be considered for	athlete should be considered for		
	disqualification.	disqualification.		
	·	·		
	Referees and Umpires must nonetheless	Referees and Umpires must		
	be alert and be sure that each athlete has	nonetheless be alert and be sure that		
	kept to their own lane. Additionally, it is	each athlete has kept to their own lane.		
	common in hurdle races that athletes	Additionally, it is common in hurdle		
	stretch their arms widely while going over	races that athletes stretch their arms		
	the hurdle, thus hitting or hampering the	widely while going over the hurdle, thus		
		hitting or hampering the athlete in the		
	noticed by Umpires standing or a video	next lane. This can best be noticed by		
	camera being placed head-on to the	Umpires standing or a video camera		
	athletes. In this regard Rule 17.2 of the	being placed head-on to the athletes. In		
	Technical Rules may be applied.	this regard Rule <del>17.2</del> <b>17.1</b> of the	Reference changed.	
	• • • • • • • • • • • • • • • • • • • •	Technical Rules may be applied.	j	

TR23			Steeplechase Races				
TR23.7.2	Amend	23.7.2 their foot or leg is, at the instant of clearance, beside the hurdle (on either side), below the horizontal plane of the top of any hurdle.	23.7.2 their foot or leg is, at the instant of clearance, beside the hurdle (on either side), <b>and</b> below the horizontal plane of the top of any hurdle.	Consequential to TR22.6.1			
TR24	1		Relay Races				
TR24.4	Amend	Note: Serious cases may further be dealt with under Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules.	Note: Serious cases may further be dealt with under Rule 18.5 of the Competition Rules and Rule 7.2 Rules 7.1 and 7.3 of the Technical Rules.	Reference changed.	Editorial		
TR24.7	Amend and add green	24.7 The baton shall be passed within the takeover zone. The passing of the baton commences when it is first touched by the receiving athlete and is completed the moment it is in the hand of only the receiving athlete. In relation to the takeover zone, it is only the position of the baton which is decisive. Passing of the baton outside the takeover zone shall result in disqualification.	24.7 The baton shall be passed within the takeover zone. The passing of the baton commences when it is first touched by the receiving athlete and is completed the moment it is in the hand of only the receiving athlete. In relation to the takeover zone, it is only the position of the baton which is decisive. Passing of the baton outside the takeover zone shall result in disqualification. Rule 17.3.2 of the Technical Rules shall apply when relevant.  The application of Rule 17.3.2 of the Technical Rules may be necessary when an athlete, during the takeover, steps outside the allocated lane inside the takeover zone without material advantage gained and other athletes obstructed. In determining the position of the baton, it is the whole baton which must be considered.	To make it clear that Rule 17.3.2 (former 17.4.2) should be applied to applicable cases in relay takeover zones.			

TR24.8	Amend	Rules 17.3 and 17.4 of the Technical Rules shall not apply to these athletes. If, however, an athlete impedes a member of another team, including by running out of position or lane, Rule 17.2 of the Technical Rules shall be applied.	Umpires must be diligent to ensure that they observe any contact with the baton prior to the baton entering the change-takeover zone. If the outgoing runner even touches the baton prior to the baton being inside the zone, the team will be subject to disqualification. They must also ensure that the baton is only in the hand of the receiving athlete before it "leaves" the takeover zone. Rules 17.3 17.2 and 17.4 17.3 of the Technical Rules shall not apply to these athletes. If, however, an athlete impedes a member of another team, including by running out of position or lane, Rule 17.2 17.1 of the Technical Rules shall be applied.	Reference changed.	Editoria
TR25			General Conditions – Field Events		
TR 25.2	Amend		Practice Trials at the Competition Area	The Rule applies to all throwing events, including the javelin.  Warming up with implements cannot be done outside the circles or runway.	

			prohibited at any time.		
TR 25.3.4	Amend	Note: Serious cases may further be dealt with under Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules.	Note: Serious cases may further be dealt with under Rule 18.5 of the Competition Rules and Rule 7.2 Rules 7.1 and 7.3 of the Technical Rules.	Reference changed.	Editorial
TR 25.5	Amend	If any athlete by their own decision makes a trial in an order different from that previously determined, Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules shall be applied	If any athlete by their own decision makes a trial in an order different from that previously determined, Rule 18.5 of the Competition Rules and Rule 7.2 Rules 7.1 and 7.3 of the Technical Rules shall be applied.	Reference changed.	Editorial
TR 25.6	Amend note (v)	Note (v): In competitions held under paragraphs 1.5, 1.9 and 1.10 of the International Competition definition, athletes may be seeded, ranked and/or allocated to competing order in accordance with the applicable regulations	Note (v): In competitions held under paragraphs 1.5, 1.9 and 1.10 of the International Competition 1. (d) and 2. (d) of the World Rankings Competition definition, athletes may be seeded, ranked and/or allocated to competing order in accordance with the applicable regulations	Due to the introduction of World Rankings Competitions	Editorial
TR 25.11	Amend	25.11 It is recommended that, in competitions of more than three days, a rest day be provided between Qualifying Rounds and the finals in the vertical jumping events.	25.11 It is recommended that, in competitions of more than three days, a rest day be provided between Qualifying Qualification Rounds and the finals in the vertical jumping events.	Consistent wording.	Editorial
TR 25.13	Amend	athlete shall be allowed up to three trials. Once an athlete has achieved the	25.13 In a Qualifying Qualification Round, apart from the High Jump and the Pole Vault, each athlete shall be allowed up to three trials. Once an athlete has achieved the qualifying standard, they	Consistent wording.	Editorial

		continue in the Qualifying Round.	shall not continue in the Qualifying Qualification Round.		
TR25.14	Amend	25.14 In a Qualifying Round for the High Jump and the Pole Vault, the athletes, not eliminated after three consecutive failures, shall continue to compete according to Rule 26.2 of the Technical Rules (including passing a trial) until the end of the last trial at the height set as the qualifying standard, unless the number of athletes for the final has been reached as defined in Rule 25.12 of the Technical Rules. Once it is determined that an athlete will be in the final, they shall not continue in the Qualifying Round.	25.14 In a Qualifying Qualification Round for the High Jump and the Pole Vault, the athletes, not eliminated after three consecutive failures, shall continue to compete according to Rule 26.2 of the Technical Rules (including passing a trial) until the end of the last trial at the height set as the qualifying standard, unless the number of athletes for the final has been reached as defined in Rule 25.12 of the Technical Rules. Once it is determined that an athlete will be in the final, they shall not continue in the Qualifying Qualification Round.	Consistent wording.	Editorial
TR25.15	Amend	required number of athletes, achieve the pre-set qualifying standard, the group of	25.15 If no athletes, or fewer than the required number of athletes, achieve the pre-set qualifying standard, the group of finalists shall be expanded to that number by adding athletes according to their performances in the Qualifying Qualification Round. In the case of the last qualifying place, if two or more athletes have the same best performances in the overall results of the competition, Rule 25.22 or 26.8 of the Technical Rules as appropriate shall be applied. If it is thus determined that there has been a tie, the tying athletes shall be placed in the final.	Consistent wording.	Editorial
TR 25.16	Amend	25.16 When a Qualifying Round for the High Jump and Pole Vault is held in two simultaneous groups, it is recommended	25.16 When a Qualifying Qualification Round for the High Jump and Pole Vault is held in two simultaneous groups, it is	Consistent wording.	Editorial

		the same time in each group The Technical Delegates and the ITO/Referee must follow closely the	recommended that the bar be raised to each height at the same time in each group.   The Technical Delegates and the HTO / Referee must follow closely the progress of the qualifying Qualification Rounds of the High Jump and the Pole Vault to ensure that, on the one hand, the athletes must jump (or indicate that they are passing) as long as they are not eliminated under Rule 26.2 of the Technical Rules until the qualifying standard has been reached (unless the number of athletes for the final has been reached as defined in Rule 25.12 of the Technical Rules) and, on the other hand, any tie between athletes in the overall standings in the two groups is resolved according to Rule 26.8 of the Technical Rules.		
TR 25.19	Add	Absence during Competition  25.19 An athlete may not leave the immediate area of the event during the progress of the competition, unless they have the permission of, and is accompanied by, an official. If possible, a warning should be given first, but for subsequent instances or in serious cases the athlete shall be disqualified.	Absence during Competition  25.19 An athlete may not leave the immediate area of the event during the progress of the competition, unless they have the permission of, and is accompanied by, an official. If possible, a warning should be given first, but for subsequent instances or in serious cases the athlete shall be disqualified. If an athlete subsequently is not present for a particular trial, it will be counted as a failure once the period	For clarity and highlighting the difference to a TR4.3 case.	

_			allowed for the trial has elapsed.	
TR28			Pole Vault	
TR28.1	Add	28.1 Athletes may have the crossbar moved only in the direction of the landing area so that the edge of the crossbar nearest the athlete can be positioned at any point from that directly above the back end of the box to a point 80cm in the direction of the landing area.  An athlete shall, before the competition starts, inform the appropriate official of the position of the crossbar they require for their first trial and this position shall be recorded. If subsequently an athlete wants to make any changes, they should immediately inform the appropriate official before the crossbar has been set in accordance with their initial wishes. Failure to do this shall lead to the start of their time limit.	28.1 Athletes may have the crossbar moved only in the direction of the landing area so that the edge of the crossbar nearest the athlete can be positioned at any point from that directly above the back end of the box to a point 80cm in the direction of the landing area.  An athlete shall, before the competition starts, inform the appropriate official of the position of the crossbar they require for their first trial and this position shall be recorded.  If subsequently an athlete wants to make any changes, they should immediately inform the appropriate official before the crossbar has been set in accordance with their initial wishes. Failure to do this shall lead to the start of their time limit.  Once the time for the trial has started, no further change in the position of the crossbar is allowed.	To avoid any possible controversy between athletes and officials related to the fall of the bar during trial time.
TR28.8	Amend text and figure. Add tolerance.	Apparatus  28.8 The take-off for the Pole Vault shall be from a box. It shall be constructed of suitable material, with rounded or soft upper edges and shall	Apparatus  28.8 The take-off for the Pole Vault shall be from a box. It shall be constructed of suitable material, with rounded or soft upper edges and shall	To provide for alternate designs and practices.

TR28.11	Add note	be sunk level with the runway, preferably, with the synthetic surface carried over the upper edges and shall be sunk level with the runway, preferably with the synthetic surface carried over the upper edges  Vaulting Poles	be sunk level with the runway, preferably, with or without the synthetic surface carried over the upper edges. Any synthetic covering must be within the allowed tolerances for the height of the box  Vaulting Poles	Note to clarify the necessary	
		Athletes may use their own poles. No athlete shall use any other athlete's pole except with the consent of the owner.	Athletes may use their own poles. No athlete shall use any other athlete's pole except with the consent of the owner.  Note: If the Judges are aware, they shall direct any athlete not complying with this Rule to correct the situation. If the athlete does not, such trial(s) shall be a failure. It shall also be judged as a failure, if a trial is completed before the non-compliance is noticed. In all cases considered serious enough, Rules 7.1 and 7.3 of the Technical Rules may also be applied.	different subjective decisions. (See also TR32.4.4.)	
TR29			neral Conditions – Horizontal Jumps		
TR29.5	Add new note	29.5 The use of video or other technology, to assist the Judges in deciding the application of Rule 30.1.1 of the Technical Rules, is strongly recommended at all levels of competition. However, if no technology is available, a plasticine indicator board placed immediately beyond the take-off line may still be used.	29.5 The use of video or other technology, to assist the Judges in deciding the application of Rule 30.1.1 of the Technical Rules, is strongly recommended at all levels of competition. However, if no technology is available, a plasticine indicator board placed immediately beyond the take-off line may still be used.		

		When mounted in this recess, the whole assembly shall be sufficiently rigid to accept the full force of the athlete's foot. The surface of the board shall be of a material in which the spikes of an athlete's shoe will grip and not skid. The plasticine can be smoothed off by means of a roller or suitably shaped scraper for the purposes of removing the footprint of an athlete.  Note: Where in the construction of the runway and/or take-off board there was previously provision for the placement of a plasticine indicator board and such board is not used, this recess should be filled by a blanking board flush with the take-off board.	When mounted in this recess, the whole assembly shall be sufficiently rigid to accept the full force of the athlete's foot. The surface of the board shall be of a material in which the spikes of an athlete's shoe will grip and not skid. The plasticine can be smoothed off by means of a roller or suitably shaped scraper for the purposes of removing the footprint of an athlete.  Note (i): Where in the construction of the runway and/or take-off board there was previously provision for the placement of a plasticine indicator board and such board is not used, this recess should be filled by a blanking board flush with the take-off board.  Note (ii): The take-off board can be		
			constructed as a single piece of board 0.30m wide with a 0.20m white section and a 0.10m in a contrasting colour, i.e. the take-off board and		
			blanking board can be one piece.		
TR30			Long Jump		
TR30.1.1	Amend and add note and green	30.1.1 they while taking off (prior to the instant at which they cease contact with the take-off board or ground), break the vertical plane of the take-off line with	30.1.1 they while taking off (at any time prior to the instant at which they cease contact with the take-off board or ground), break the vertical plane of the	No change in the rule but important clarifications. Similar concept to TR32.14 note.	To be in force from 14 August 2023
	9. 23.1	any part of their take-off foot / shoe, whether running up without jumping or in the act of jumping; or	take-off line with any <b>front</b> part of their take-off foot / shoe, whether running up without jumping or in the act of jumping;		

			Note: It will not be considered a failure, if the break of the vertical plane is made by a loose part of the shoe (e.g. shoelace).  Since the intent of Rule 30.1.1 focuses on the position of the front of the take-off shoe / foot, it is not relevant if the vertical plane should be broken in other ways, for example by their hands or arms or a cap or piece of jewellery falling from the athlete's body during the take-off. Similarly, a loose shoelace or the like is not relevant to the adjudication even if it breaks the plane.		
TR31	Amond	24.2 The benighall be made so that an	Triple Jump	For more clarity	Editorial
TR31.2	Amend		athlete lands first on the same foot as that from which they have taken off; in the step they shall land on the other foot, from which, subsequently, the jump is performed.	For more clarity.	Editorial
TR32		Ge	eneral Conditions – Throwing Events		

TR32.1	F	Note: The current standard forms required to be used for the certification and renewal application as well as the Certification System Procedures are available from the World Athletics Office, or may be downloaded from the World Athletics website.	Note (i): The current standard forms required to be used for the certification and renewal application as well as the Certification System Procedures are available from the World Athletics Office, or may be downloaded from the World Athletics website.  Note (ii): Recommended weights and specifications for other implements commonly used in underage, para or master competition will be listed on the World Athletics website.	To provide global leadership and guidance for implements commonly used in underage, para or masters competitions.	
TR32.3		32.3 No modification shall be made to any implements during the competition.	32.3 No modification shall be made to any implements during the competition. No spitting or application by other means of human body fluids on any implement, is permitted.	Health and safety.	
TR32.4.4 note		Note: If the Judges are aware, they shall direct any athlete not complying with this rule to correct the situation. If the athlete does not, such trial(s) shall be a failure. If a trial is completed before the noncompliance is noticed, the Referee shall decide what action shall be taken. In all cases considered serious enough, Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules may also be applied.	Note: If the Judges are aware, they shall direct any athlete not complying with this #Rule to correct the situation. If the athlete does not, such trial(s) shall be a failure. If a trial is completed before the non-compliance is noticed, the Referee shall decide what action shall be taken. It shall also be judged as a failure, if a trial is completed before the non-compliance is noticed. In all cases considered serious enough, Rule 18.5 of the Competition Rules and Rule 7.21 and 7.3 of the Technical Rules may also be applied.	See also TR28.11.	

TR32.12.2	Amend	32.12.2 In the Javelin Throw, the landing sector shall be marked with white lines 50mm wide such that the inner edge of the lines, if extended, would pass through the two intersections of the inner edges of the arc, and the parallel lines marking the runway and intersect at the centre of the circle of which the arc is part (see Figure (e) TR32). The sector angle is thus 28.96°.	32.12.2 In the Javelin Throw, the landing sector shall be marked with white lines 50mm wide such that the inner edge of the lines, if extended, would pass through the two intersections of the inner edges of the arc, and the parallel lines marking the runway, and intersect at the centre of the circle of which the arc is part (see Figure (e) TR32). The sector angle is thus 28.96°.	To make it clear.	Editorial
TR32.14.2	Amend and add to note	32.14 It shall be a failure if an athlete in the course of a trial: 32.14.2 after they have stepped into the	32.14 It shall be a failure if an athlete in the course of a trial: 32.14.2 after they have stepped into the	To remove the subjective element from the rule and to make an important clarification according to long-standing practice.	To be in force from 14 August 2023

		body at the time of the start of throw and became detached during or after the throw.		
TR32.14 green Amer	The addition of the Note to Rule 32.14.2 of the Technical Rules applies to rotational techniques used by athletes in Shot Put, Discus Throw or Hammer Throw. It should be interpreted that any "incidental" touch of the top of the rim or the ground outside in respect of the back half of the circle during the first rotation should not, of itself, be regarded as a failure. However it is clear that any technique which thereby obtains an advantage through leverage or propulsion would constitute a failure	The addition of the Note to Rule 32.14.2 of the Technical Rules about the first rotation applies to rotational techniques used by athletes in Shot Put, Discus Throw or Hammer Throw. It should be interpreted that any "incidental" touch of the top of the rim or the ground outside in respect of the back half of the circle during the first rotation should not, of itself, be regarded as a failure. However, it is clear that any technique which thereby obtains an advantage through leverage or propulsion would constitute a failure. The other addition confirms that the intent of Rule 32.14.2 is to respect the purpose of the circle's or runway's limits so that the athlete complies by remaining in the circle or runway until they exit correctly. It is, unless they overbalance, only the position of their feet / shoes which is critical. It is not relevant, if the top of the iron band rim or, in the case of Javelin Throw, the throwing arc or lines marking the runway, the ground outside or the top of the stopboard is touched by a loose shoelace or the like or for example a cap or piece of jewellery falling from the athlete's	Consequential to the TR32.14.2 Note amendment.	To be in force from 14 August 2023

TR32.16	Amend	32.16 It shall be a failure if the shot, the discus, the hammer head or the head of the javelin in contacting the ground when it first lands touches the sector line or the ground or any object (other than the cage as provided in the Note to Rule 32.14 of the Technical Rules) outside the sector line.	32.16 It shall be a failure if the shot, the discus, the hammer head or the head of the javelin in contacting the ground when it first lands touches the sector line or the ground or any object (other than the cage as provided in the Note (ii) to Rule 32.14 of the Technical Rules) outside the sector line.	There are two Notes to Rule 32.14.	Editorial
TR33			Shot Put		
TR33.2	Amend	33.2 The stop board shall be white and made of wood or other suitable material in the shape of an arc so that the inner surface aligns with the inner edge of the rim of the circle and is perpendicular to the surface of the circle. It shall be placed so that its centre coincides with the centre line of the landing sector (see Figure TR33), and shall be firmly fixed to the ground or to the concrete surrounding the circle.  Note: Stop boards to the 1983/84 World Athletics specifications remain acceptable.	33.2 The stop board shall be white and made of wood or other suitable material in the shape of an arc so that the inner surface aligns with the inner edge of the rim of the circle and is perpendicular to the surface of the circle. It shall be placed so that its centre coincides with the centre line of the landing sector (see Figure TR33), (a) TR32 and shall be firmly fixed to the ground or to the concrete surrounding the circle.  Note: Stop boards to the 1983/84 World Athletics specifications remain acceptable.	More correct reference.	Editorial
TR33.4	Add	Shot 33.4 The shot shall be of solid iron, brass or any metal not softer than brass, or a shell of such metal filled with lead or other solid material. It shall be spherical in shape and its surface finish shall be smooth.	Shot 33.4 The shot shall be of solid iron, brass or any metal not softer than brass, or a shell of such metal filled with lead or other solid material. It shall be spherical in shape and its surface finish shall be smooth. If a filling is used,	To better describe construction. (Same as in 36.5.)	

			this shall be inserted in such manner that it is immovable and complies with the requirement for the centre of gravity as defined in Rule 36.5 of the Technical Rules.  Discus Throw			
TR34			I	T 1		
TR34.1	Add	34.1 The body of the discus may be solid or hollow and shall be made of wood, or other suitable material, with a metal rim, the edge of which shall be circular. The cross section of the edge shall be rounded in a true circle having a radius of approximately 6mm. There may be circular plates set flush into the centre of the sides. Alternatively, the discus may be made without metal plates, provided that the equivalent area is flat and the measurements and total weight of the implement correspond to the specifications.	34.1 The body of the discus may be solid or hollow and shall be made of wood, or other suitable material, with a metal rim, the edge of which shall be circular. The cross section of the edge shall be rounded in a true circle having a radius of approximately 6mm. There may be circular plates set flush into the centre of the sides. The plates shall be tightly fixed and not able to be rotated. Alternatively, the discus may be made without metal plates, provided that the equivalent area is flat and the measurements and total weight of the implement correspond to the specifications. There shall be no loose parts.	To better describe construction.  [WS: same should apply to shot (TR33.4) and hammer (TR36.5)]		
TR35			Discus Cage			
TR35.4 and TR37.5	Add	35.4 The netting for the cage can be made from suitable natural or synthetic fibre cord or, alternatively, from mild or high tensile steel wire. The maximum mesh size shall be 45mm for cord netting and 50mm for steel wire.	35.4 The netting for the cage can be made from suitable natural or synthetic fibre cord or, alternatively, from mild or high tensile steel wire. The maximum mesh size shall be 45mm for cord netting and 50mm for steel wire.  The measurement of the mesh cord centres shall be a maximum of 45mm for cord netting and 50mm for steel	To clarify.		

			wire netting.		
TR36			Hammer Throw	<u> </u>	<u> </u>
TR36.5	Add	Hammer 36.5 The head shall be of solid iron, brass or other metal not softer than brass or a shell of such metal filled with lead or other solid material	Hammer 36.5 The head shall be of solid iron, brass or other metal not softer than brass or a shell of such metal filled with lead or other solid material. There shall be no loose parts	To better describe construction. (Same as in 34.1.)	Remove!
TR36.6	Add	36.6 The wire shall be a single unbroken and straight length of spring steel wire not less than 3mm in diameter and shall be such that it cannot stretch appreciably while the hammer is being thrown. The wire may be looped at one or both ends as a means of attachment. The wire shall be connected to the head by means of a swivel, which may be either plain or ball bearing.	36.6 The wire shall be a single unbroken and straight length of spring steel wire not less than 3mm in diameter and shall be such that it cannot stretch appreciably while the hammer is being thrown. The wire may be looped at one or both ends as a means of attachment. The wire shall be connected to the head by means of a swivel, which may be either plain or ball bearing.  Note: A small section of clear vinyl tubing 50mm long with an internal diameter of 5mm may be placed over the twisted ends of the hammer wire.	To secure the hammer wire with a small section of clear vinyl tubing attached to both ends of the twisted sections to protect the twisted wire from causing injury or damage to the cage netting. It also prevents athletes adding weight to the hammer under the wire wrapping.	
TR37	•		Hammer Cage	,	•
TR37.3	Add Note (ii)	Provisions should be made in the design and construction of the cage to prevent a hammer forcing its way through any joints in the cage or the netting or	Provisions should be made in the design and construction of the cage to prevent a hammer forcing its way through any joints in the cage or the netting or	To clarify.  Many manufacturers still seem wedded to the earlier cage configuration which seemed to indicate that ten	
	TR36.6	TR36.5 Add  TR36.6 Add  TR37 TR37.3 Add Note	TR36.5  Add Hammer 36.5 The head shall be of solid iron, brass or other metal not softer than brass or a shell of such metal filled with lead or other solid material  TR36.6  Add 36.6 The wire shall be a single unbroken and straight length of spring steel wire not less than 3mm in diameter and shall be such that it cannot stretch appreciably while the hammer is being thrown. The wire may be looped at one or both ends as a means of attachment. The wire shall be connected to the head by means of a swivel, which may be either plain or ball bearing.  TR37.3  Add Note (ii) Provisions should be made in the design and construction of the cage to prevent a hammer forcing its way through any	TR36.5  Add Hammer 36.5 The head shall be of solid iron, brass or other metal not softer than brass or a shell of such metal filled with lead or other solid material  TR36.6  Add 36.6 The wire shall be a single unbroken and straight length of spring steel wire not less than 3mm in diameter and shall be such that it cannot stretch appreciably while the hammer is being thrown. The wire may be looped at one or both ends as a means of attachment. The wire shall be connected to the head by means of a swivel, which may be either plain or ball bearing.  TR37.3  Add Note (ii)  Provisions should be made in the design and construction of the cage to prevent a hammer forcing its way through any joints in the cage or the netting or interesting and construction of the cage to prevent a hammer forcing its way through any joints in the cage or the netting or interesting and construction of the cage to prevent a hammer forcing its way through any joints in the cage or the netting or	TR36.5  Add Hammer

		netting. Note: The arrangement of the rear panels / netting is not important provided the netting is a minimum of 3.50m away from the centre of the circle.	netting. Note (i): The arrangement of the rear panels / netting is not important provided the netting is a minimum of 3.50m away from the centre of the circle.  Note (ii) Any number of posts may be used to support the netting in the position shown in Figures TR 37.	support the netting to cage configuration exactly.
TR38			Javelin Throw	
TR38.7	Add new Note		Note: The metal head up to 3mm from the tip may be disregarded for the angle of the point, when the construction of the tip is made with safety measures implemented.	To reflect the realistic procedure taken when certifying a javelin. In reality, the shape of the small front end of the tip is disregarded when determining the angle of the tip during a certification process for the javelin implement (the small front end of the tip is not 40 degrees in angle).
TR38.9	Delete	38.9 The cross-section shall be regularly circular throughout (see Note (i)). The maximum diameter of the shaft shall be immediately in front of the grip. The central portion of the shaft, including the part under the grip, may be cylindrical or slightly tapered towards the rear but in no case may the reduction in diameter, from immediately in front of the grip to immediately behind, exceed 0.25mm. From the grip,	38.9 The cross-section shall be regularly circular throughout (see Note (i)). The maximum diameter of the shaft shall be immediately in front of the grip. The central portion of the shaft, including the part under the grip, may be cylindrical or slightly tapered towards the rear but in no case may the reduction in diameter, from immediately in front of the grip to immediately behind, exceed 0.25mm. From the grip,	Delete this specification.  This point on the javelin is not usually checked as it is not in the table in TR38.10 nor in the table at Figure TR38. It is quite close to D5 which is measured. The general longitudinal profile requirement would still apply but without the exception for

		the javelin shall taper regularly to the tip at the front and the tail at the rear. The longitudinal profile from the grip to the front tip and to the tail shall be straight or slightly convex (see Note (ii)), and there shall be no abrupt alteration in the overall diameter, except immediately behind the head and at the front and rear of the grip, throughout the length of the javelin. At the rear of the head, the reduction in the diameter may not exceed 2.5mm and this departure from the longitudinal profile requirement may not extend more than 0.3m behind the head.	the javelin shall taper regularly to the tip at the front and the tail at the rear. The longitudinal profile from the grip to the front tip and to the tail shall be straight or slightly convex (see Note (ii)), and there shall be no abrupt alteration in the overall diameter, except immediately behind the head and at the front and rear of the grip, throughout the length of the javelin. At the rear of the head, the reduction in the diameter may not exceed 2.5mm and this departure from the longitudinal profile requirement may not extend more than 0.3m behind the head.	this 0.3m part which is difficult to interpret.	
TR38.10	table	700g L0: 2300–2400mm L1: 860–1000mm L2: 1300–1540mm L3: 250–330mm L4: 150–160mm D0: 23–28mm	700g L0: 2300–2400-2500mm L1: 860–1000 850-990mm L2: 1300–1540 1410-1650mm L3: 250–330mm L4: 150–160mm D0: 23–28mm	By moving the CoG forward and at the same time moving the CoP backwards (more area behind the CoG) it will make the javelin land tip first much more probable. The relation between 800g, 700g and 600 g will also be linear. CoP = centre of pressure  Spring 2023, Nordic Sport to fabricate test javelins to be tested by Swedish, Finish and Taipei throwers both medium throwers and world class throwers. Testing will take place during spring and summer 2023 with a final report to be submitted to WA in October 2023. The report	To be in force from 1 April 2025

Figure TR38	Amend	Note: All measurements of diameters must be to at least 0.1 mm.	Note: All measurements of diameters must be to at least made with an uncertainty of not more than 0.1 mm.	will have comments from throwers, coaches, and also technical officials. The javelin will be used in competitions in the end of the season. The rule can be changed at the earliest in 2025. The records must be cleared, and all javelins need to be replaced. We propose that all manufacturers get a heads up as early as possible so they can start production in time.  "At least" implies not less than, meaning literally that the measurements are to be made to an accuracy which is equal to or bigger than 0.1mm. (1mm for example – or even 10mm – would satisfy this loosely worded requirement.) The proposed amendment tightens the wording to convey what was almost certainly the originally intended meaning.	Editorial
TR45			ing and Draw for Lanes in Track Events		
TR45.1	Add new note	45.1 The ranking and composition of heats shall be made in accordance with Rule 20.3 of the Technical Rules.	45.1 The ranking and composition of heats shall be made in accordance with Rule 20.3 of the Technical Rules.  Note (i): Tables to determine the	Missing provision.	

TR54			number of rounds and heats in each round to be held and the qualification procedure which may be used in the absence of any provision in applicable regulations or other determination by the Organisers are published on the World Athletics website.  Note (ii): The applicable regulations may specify how vacant positions due to withdrawals in semi-finals and finals may be filled in by athletes ranked next following the previous round after those qualified.  Race Walking			
TR54.3.6	Amend	Note: The Member affiliation of each	Note: The Member affiliation of each	Due to changes in the	I	
Note	Amenu	Judge is that properly stated on the current lists of Area Level or World Athletics Level International Race Walking Judges.	Judge is that properly stated on the current lists of Area Level or World Athletics Gold, Silver or Bronze Level International Race Walking Judges.	officials' education and certification system.		
TR54.7.2 Note	Amend	Note: The Member affiliation of each Judge is that properly stated on the current lists of Area Level or World Athletics Level International Race Walking Judges.	Note: The Member affiliation of each Judge is that properly stated on the current lists of Area Level or World Athletics Gold, Silver or Bronze Level International Race Walking Judges.	Due to changes in the officials' education and certification system.		
TR54.7.5	Add	54.7.5 If, at any time when Rule 54.7.3 of the Technical Rules applies, an athlete receives an additional Red Card from a Judge other than one of the three who had previously sent a Red Card, they shall be disqualified.	54.7.5 If, at any time when Rule 54.7.3 of the Technical Rules applies, an athlete receives an additional Red Card from a Judge other than one of the three who had previously sent a Red Card, they shall be disqualified. They shall be notified of this disqualification by the			Editorial

				Chief Judge or a Chief Judge's Assistant by being shown a red paddle. The failure to give notification shall not result in the reinstatement of a disqualified athlete.		
TR54	1.7.6	Amend	Any disqualified athlete who fails to leave the course or track or comply with directions given under Rule 54.7.3 of the Technical Rules to enter and remain for the required period in the Penalty Zone may be liable to further disciplinary action in accordance with Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules.	Any disqualified athlete who fails to leave the course or track or comply with directions given under Rule 54.7.3 of the Technical Rules to enter and remain for the required period in the Penalty Zone may be liable to further disciplinary action in accordance with Rule 18.5 of the Competition Rules and Rule 7.2 Rules 7.1 and 7.3 of the Technical Rules.	Reference changed.	Editorial
TR5	4.10	Amend title	Drinking / Sponging and Refreshment Stations in Road Events	Drinking / Sponging and Refreshment Stations in Road Race Walking Events	Similarly to TR17.5	Editorial
TR5	4.10	Amend	Drinking/Sponging and Refreshment Stations in Road Events, as follows:	Drinking/Sponging Drinking / Sponging and Refreshment Stations in Road Race Walking Events, as follows:	Similarly to TR17.5	Editorial
TR5	4.10	Amend	Generally, where it is logical and in accordance with practice, there is uniformity of the provisions within Rules 54, 55 and 56 of the Technical Rules pertaining to outside events. It should be noted however that Rule 54.10.5 of the Technical Rules is intentionally different from Rule 55.8.5 of the Technical Rules in that in walking events, the team officials are not permitted in front of the tables.	Generally, where it is logical and in accordance with practice, there is uniformity of the provisions within Rules 54, 55 and 56 of the Technical Rules pertaining to outside events. It should be noted, however, that Rule 54.10.5 of the Technical Rules is intentionally different from Rule 55.8.5 of the Technical Rules in that in Race Walking Events, the team officials are not permitted in front of the tables.	For consistency.	Editorial

TR54.14	Add new		54.14 In the case of Race Walking Events not covered by this Rule, the applicable regulations should specify any particular rules that should be applied and the method by which the event should be conducted.	E.g., the Marathon RW Relay Mixed.		
TR55			Road Races		•	
TR55.8	Amend title	Drinking / Sponging and Refreshment Stations	Drinking / Sponging and Refreshment Stations in Road Races	Similarly to TR17.5	Editor	rial
TR55.8	Amend	Drinking/Sponging and Refreshment Stations	Drinking / Sponging and Refreshment Stations in Road Races, as follows:		Editor	rial
TR56			Cross Country Races		•	
TR56.1	Amend	56.1 Distances at World Athletics Cross Country Championships should be approximately: Men: 10km Women: 10km U20 Men: 8km U20 Women: 6km	56.1 Distances at World Athletics Cross Country Championships should be approximately:  Senior Men:10km Senior Women:10km U20 Men: 8km U20 Women: 6km	More correct.	Editor	rial
TR56.3.1	Amend	distances to the required overall distances of the various events, in which case the small loop must be run in the		Common practice.		

TR56.4.1		Amend	56.4.1 The course shall be clearly marked with tape on both sides. It is recommended that all along one side of the course a 1m wide corridor, heavily fenced from the outside of the course, shall be installed for the use of organisation officials and media only (obligatory for Championship events). Crucial areas must be heavily fenced; in particular the start area (including the Warm-up Area and the Call Room) and finish area (including any Mixed Zone).	56.4.1 The course shall be clearly marked with tape on both sides. It is recommended that all along one side of the course a 1m wide corridor, heavily fenced from the outside of the course, shall be installed for the use of organisation officials and media only (obligatory for Championship events). Crucial areas must be heavily fenced; in particular the start area (including the Warm-up Area and the Call Room) and finish area (including any Mixed Zone).	We do not require this for other out of stadia events.	
TR56.5	241	Amend	Only accredited people will be allowed access to these areas.  56.5 For Cross Country Relays, lines 50mm wide 20m apart shall be drawn across the course to denote the takeover zone. All takeover procedures, which, unless otherwise specified by the organisers, shall comprise a physical contact between the incoming and outgoing athletes, shall be completed within this zone.	Only accredited people will be allowed access to these areas.  56.5 For Cross Country Relays, lines 50mm 300mm wide 20m apart shall be drawn across the course to denote the takeover zone. For all takeovers, athletes are not permitted to begin running outside their takeover zone, and shall start within the zone. All takeover procedures, which, unless otherwise specified by the organisers, shall comprise a physical contact between the incoming and outgoing athletes, shall be completed within this zone. If an athlete does not follow this Rule, their team shall be disqualified.  Note: 1m × 1m flags, mounted at least 2m high, should be placed at the beginning and end of the relay takeover zone. Green flags for the beginning of the zone and red flags	To assist the athletes and officials.	

			for the end of the zone.		
TR56.8	Amend title	Drinking / Sponging and Refreshment Stations	Drinking / Sponging and Refreshment Stations in Cross Country Races	Similarly to TR17.5	Editorial
TR57	TR57 Mountain and Trail Races				
TR57.12.1	Amend	57.12.1 "Classic Uphill": 5km to 6km for Juniors (men and women); 10km to 12km for Seniors (men and women)	57.12.1 "Classic Uphill": 5km to 6km for Juniors U20 (mMen and U20 wWomen); 10km to 12km for Seniors (mMen and Senior wWomen)	More correct.	Editorial
TR57.12.2	Amend	57.12.2 "Classic Up and Down": 5km to 6km for Juniors (men and women); 10km to 12km for Seniors (men and women)	57.12.2 "Classic Up and Down": 5km to 6km for Juniors U20 (mMen and wWomen); 10km to 12km for Seniors (mMen and Senior wWomen)	More correct.	Editorial