

# RACE ANALYSIS



## 5000 Metres Women - Round 1

First 8 of each heat (Q) qualify to Final

Heat 1 **2**

23 August 2023 19:02 START TIME 31° C TEMPERATURE 53 % HUMIDITY

1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m	30	3000 m
31	3100 m	32	3200 m	33	3300 m	34	3400 m	35	3500 m	36	3600 m	37	3700 m	38	3800 m	39	3900 m	40	4000 m
41	4100 m	42	4200 m	43	4300 m	44	4400 m	45	4500 m	46	4600 m	47	4700 m	48	4800 m	49	4900 m		

**1** 1069 **Beatrice CHEBET** KEN 5 Mar 00 **14:57.70**

5		6	18.29	7	18.46	8	18.43	9	17.76	10	18.00	11	18.10	12	18.51	13	18.51	14	18.91
	1:38.20 (20)		1:56.49 (20)		2:14.95 (20)		2:33.38 (20)		2:51.14 (20)		3:09.14 (20)		3:27.24 (20)		3:45.75 (20)		4:04.26 (20)		4:23.17 (20)
15	17.83	16	17.36	17	17.59	18	17.34	19	17.73	20	18.13	21	18.25	22	18.76	23	19.11	24	18.51
	4:41.00 (20)		4:58.36 (20)		5:15.95 (20)		5:33.29 (20)		5:51.02 (20)		6:09.15 (20)		6:27.40 (20)		6:46.16 (20)		7:05.27 (20)		7:23.78 (20)
25	18.81	26	18.97	27	19.41	28	19.10	29	19.15	30	18.88	31	19.47	32	18.24	33	18.22	34	17.84
	7:42.59 (20)		8:01.56 (20)		8:20.97 (20)		8:40.07 (20)		8:59.22 (20)		9:18.10 (20)		9:37.57 (20)		9:55.81 (20)		10:14.03 (20)		10:31.87 (20)
35	18.28	36	15.60	37	19.67	38	17.25	39	17.45	40	17.21	41	17.19	42	17.26	43	17.13	44	16.58
	10:50.15 (20)		11:05.75 (20)		11:25.42 (20)		11:42.67 (20)		12:00.12 (20)		12:17.33 (20)		12:34.52 (20)		12:51.78 (20)		13:08.91 (20)		13:25.49 (20)
45	15.95	46	16.32	47	15.54	48	14.97	49	15.03		14.40								
	13:41.44 (20)		13:57.76 (20)		14:13.30 (20)		14:28.27 (20)		14:43.30 (20)										

**2** 772 **Gudaf TSEGAY** ETH 23 Jun 97 **14:57.72**

1	17.84	2	21.01	3	21.69	4	20.16	5	18.48	6	18.46	7	18.55	8	17.98	9	18.03	10	17.77
	<b>17.84</b> (1)		38.85 (4)		1:00.54 (9)		1:20.70 (11)		1:39.18 (12)		1:57.64 (13)		2:16.19 (14)		2:34.17 (11)		2:52.20 (12)		3:09.97 (12)
11	18.22	12	18.36	13	18.61	14	18.37	15	18.51	16	17.23	17	17.36	18	17.23	19	17.55	20	18.15
	3:28.19 (11)		3:46.55 (11)		4:05.16 (12)		4:23.53 (12)		4:42.04 (12)		4:59.27 (10)		5:16.63 (8)		5:33.86 (7)		5:51.41 (6)		6:09.56 (5)
21	18.24	22	18.95	23	18.81	24	18.66	25	18.82	26	18.79	27	19.29	28	19.02	29	19.29	30	19.02
	6:27.80 (5)		6:46.75 (6)		7:05.56 (6)		7:24.22 (7)		7:43.04 (7)		8:01.83 (7)		8:21.12 (6)		8:40.14 (7)		8:59.43 (8)		9:18.45 (10)
31	19.38	32	16.08	33	20.43	34	17.72	35	18.68	36	17.19	37	17.50	38	17.49	39	17.39	40	17.23
	9:37.83 (8)		9:53.91 (6)		10:14.34 (8)		10:32.06 (7)		10:50.74 (9)		11:07.93 (3)		11:25.43 (3)		11:42.92 (4)		12:00.31 (3)		12:17.54 (3)
41	17.39	42	17.08	43	17.34	44	15.99	45	15.94	46	16.07	47	15.81	48	14.92	49	15.09		14.55
	12:34.93 (7)		12:52.01 (7)		13:09.35 (6)		13:25.34 (3)		13:41.28 (2)		13:57.35 (2)		14:13.16 (2)		14:28.08 (2)		<b>14:43.17</b> (1)		

**3** 1078 **Margaret Chelimo KIPKEMBOI** KEN 9 Feb 93 **15:00.10**

1	18.42	2	21.04	3	21.62	4	20.14	5	18.68	6	17.34	7	18.39	8	18.35	9	17.70	10	17.93
	18.42 (14)		39.46 (15)		1:01.08 (17)		1:21.22 (18)		1:39.90 (17)		1:57.24 (9)		2:15.63 (8)		2:33.98 (9)		2:51.68 (8)		3:09.61 (9)
11	18.40	12	18.31	13	18.56	14	18.47	15	18.48	16	17.13	17	17.51	18	15.66	19	19.03	20	18.31
	3:28.01 (9)		3:46.32 (10)		4:04.88 (10)		4:23.35 (9)		4:41.83 (10)		4:58.96 (8)		5:16.47 (7)		5:32.13 (2)		5:51.16 (4)		6:09.47 (4)
21	18.18	22	18.95	23	18.86	24	18.47	25	18.83	26	19.05	27	19.35	28	19.02	29	19.21	30	18.93
	6:27.65 (4)		6:46.60 (5)		7:05.46 (4)		7:23.93 (5)		7:42.76 (5)		8:01.81 (6)		8:21.16 (7)		8:40.18 (8)		8:59.39 (7)		9:18.32 (8)
31	19.44	32	16.31	33	20.08	34	17.92	35	18.63	36	17.69	37	17.58	38	17.30	39	17.08	40	17.20
	9:37.76 (7)		9:54.07 (8)		10:14.15 (6)		10:32.07 (8)		10:50.70 (7)		11:08.39 (9)		11:25.97 (8)		11:43.27 (9)		12:00.35 (4)		12:17.55 (4)
41	17.11	42	17.31	43	17.28	44	16.78	45	15.75	46	16.25	47	15.67	48	15.31	49	15.50		15.59
	12:34.66 (5)		12:51.97 (5)		13:09.25 (5)		13:26.03 (7)		13:41.78 (4)		13:58.03 (4)		14:13.70 (4)		14:29.01 (3)		14:44.51 (3)		

**4** 1098 **Agate CAUNE** LAT 7 Aug 04 **15:00.48** PB

1	18.34	2	20.13	3	17.86	4	17.29	5	17.63	6	17.30	7	17.53	8	17.36	9	17.32	10	13.79
	18.34 (12)		38.47 (2)		56.33 (2)		<b>1:13.62</b> (1)		<b>1:31.25</b> (1)		<b>1:48.55</b> (1)		<b>2:06.08</b> (1)		<b>2:23.44</b> (1)		<b>2:40.76</b> (1)		<b>2:54.55</b> (1)
11	21.40	12	17.24	13	17.50	14	17.38	15	17.98	16	17.28	17	17.63	18	17.70	19	18.00	20	17.41
	3:15.95 (2)		<b>3:33.19</b> (1)		<b>3:50.69</b> (1)		<b>4:08.07</b> (1)		<b>4:26.05</b> (1)		<b>4:43.33</b> (1)		<b>5:00.96</b> (1)		<b>5:18.66</b> (1)		<b>5:36.66</b> (1)		<b>5:54.07</b> (1)
21	17.62	22	18.00	23	18.03	24	17.76	25	17.82	26	17.85	27	18.55	28	17.83	29	18.16	30	18.39
	<b>6:11.69</b> (1)		<b>6:29.69</b> (1)		<b>6:47.72</b> (1)		<b>7:05.48</b> (1)		<b>7:23.30</b> (1)		<b>7:41.15</b> (1)		<b>7:59.70</b> (1)		<b>8:17.53</b> (1)		<b>8:35.69</b> (1)		<b>8:54.08</b> (1)
31	18.41	32	16.09	33	20.55	34	18.60	35	18.68	36	18.39	37	18.38	38	18.72	39	18.72	40	18.47
	<b>9:12.49</b> (1)		<b>9:28.58</b> (1)		<b>9:49.13</b> (1)		<b>10:07.73</b> (1)		<b>10:26.41</b> (1)		<b>10:44.80</b> (1)		<b>11:03.18</b> (1)		<b>11:21.90</b> (1)		<b>11:40.62</b> (1)		<b>11:59.09</b> (1)
41	18.42	42	18.55	43	18.83	44	18.36	45	18.42	46	18.52	47	18.00	48	17.92	49	17.57		16.80
	<b>12:17.51</b> (1)		<b>12:36.06</b> (1)		<b>12:54.89</b> (1)		13:13.25 (2)		<b>13:31.67</b> (1)		<b>13:50.19</b> (1)		<b>14:08.19</b> (1)		<b>14:26.11</b> (1)		14:43.68 (2)		

RACE ANALYSIS  
5000 Metres Women - Round 1

**5 1384 Elise CRANNY** USA 9 May 96 **15:01.53**

1	18.09	2	20.30	3	21.67	4	20.02	5	18.27	6	18.37	7	18.43	8	18.38	9	17.81	10	18.01
	18.09 (7)		<b>38.39</b> (1)		1:00.06 (3)		1:20.08 (5)		1:38.35 (5)		1:56.72 (5)		2:15.15 (5)		2:33.53 (5)		2:51.34 (5)		3:09.35 (5)
11	18.17	12	18.35	13	18.52	14	18.79	15	18.14	16	17.53	17	17.55	18	17.42	19	17.83	20	18.33
	3:27.52 (5)		3:45.87 (5)		4:04.39 (5)		4:23.18 (7)		4:41.32 (6)		4:58.85 (7)		5:16.40 (5)		5:33.82 (6)		5:51.65 (8)		6:09.98 (9)
21	18.16	22	18.90	23	18.89	24	18.60	25	18.86	26	18.64	27	19.28	28	19.06	29	19.31	30	18.79
	6:28.14 (8)		6:47.04 (10)		7:05.93 (9)		7:24.53 (11)		7:43.39 (10)		8:02.03 (9)		8:21.31 (10)		8:40.37 (11)		8:59.68 (10)		9:18.47 (11)
31	19.54	32	16.43	33	20.00	34	18.18	35	18.21	36	17.61	37	17.73	38	17.23	39	17.57	40	16.89
	9:38.01 (10)		9:54.44 (10)		10:14.44 (9)		10:32.62 (10)		10:50.83 (11)		11:08.44 (10)		11:26.17 (10)		11:43.40 (11)		12:00.97 (9)		12:17.86 (7)
41	17.15	42	16.84	43	17.19	44	16.57	45	16.03	46	16.10	47	15.77	48	15.83	49	15.90		16.29
	12:35.01 (8)		12:51.85 (4)		13:09.04 (3)		13:25.61 (4)		13:41.64 (3)		13:57.74 (3)		14:13.51 (3)		14:29.34 (4)		14:45.24 (4)		

**6 759 Medina EISA** ETH 3 Jan 05 **15:03.07**

1	18.64	2	21.00	3	21.35	4	19.93	5	18.68	6	18.41	7	17.87	8	18.55	9	17.89	10	17.94
	18.64 (8)		39.64 (8)		1:00.99 (15)		1:20.92 (13)		1:39.60 (15)		1:58.01 (16)		2:15.88 (11)		2:34.43 (13)		2:52.32 (14)		3:10.26 (14)
11	18.14	12	18.38	13	18.58	14	18.38	15	18.45	16	17.51	17	17.79	18	17.81	19	17.09	20	17.43
	3:28.40 (13)		3:46.78 (13)		4:05.36 (14)		4:23.74 (14)		4:42.19 (13)		4:59.70 (13)		5:17.49 (14)		5:35.30 (13)		5:52.39 (13)		6:09.82 (8)
21	18.46	22	18.60	23	18.91	24	18.54	25	18.98	26	18.70	27	19.34	28	18.87	29	19.50	30	20.89
	6:28.28 (9)		6:46.88 (8)		7:05.79 (8)		7:24.33 (9)		7:43.31 (9)		8:02.01 (8)		8:21.35 (11)		8:40.22 (9)		8:59.72 (11)		9:20.61 (17)
31	17.43	32	15.90	33	20.29	34	17.82	35	18.37	36	17.87	37	17.84	38	17.13	39	17.47	40	17.00
	9:38.04 (11)		9:53.94 (7)		10:14.23 (7)		10:32.05 (6)		10:50.42 (6)		11:08.29 (7)		11:26.13 (9)		11:43.26 (8)		12:00.73 (7)		12:17.73 (6)
41	17.41	42	17.14	43	17.40	44	16.03	45	16.25	46	16.32	47	16.11	48	15.93	49	16.58		16.17
	12:35.14 (9)		12:52.28 (9)		13:09.68 (8)		13:25.71 (5)		13:41.96 (5)		13:58.28 (5)		14:14.39 (5)		14:30.32 (5)		14:46.90 (5)		

**7 1426 Alicia MONSON** USA 13 May 98 **15:03.35**

1	17.98	2	21.12	3	21.94	4	19.89	5	18.58	6	18.13	7	18.69	8	17.77	9	17.67	10	17.91
	17.98 (2)		39.10 (11)		1:01.04 (16)		1:20.93 (14)		1:39.51 (14)		1:57.64 (14)		2:16.33 (15)		2:34.10 (10)		2:51.77 (9)		3:09.68 (10)
11	18.16	12	17.13	13	19.12	14	18.68	15	18.03	16	17.42	17	17.59	18	17.23	19	17.82	20	18.17
	3:27.84 (8)		3:44.97 (4)		4:04.09 (3)		4:22.77 (4)		4:40.80 (4)		4:58.22 (4)		5:15.81 (4)		5:33.04 (5)		5:50.86 (3)		6:09.03 (3)
21	18.20	22	18.92	23	18.91	24	18.54	25	18.70	26	18.73	27	19.57	28	19.00	29	19.38	30	15.96
	6:27.23 (3)		6:46.15 (3)		7:05.06 (3)		7:23.60 (3)		7:42.30 (3)		8:01.03 (3)		8:20.60 (3)		8:39.60 (3)		8:58.98 (3)		9:14.94 (2)
31	22.35	32	15.24	33	21.28	34	14.55	35	21.64	36	17.11	37	18.06	38	17.34	39	17.46	40	16.63
	9:37.29 (2)		9:52.53 (2)		10:13.81 (4)		10:28.36 (2)		10:50.00 (2)		11:07.11 (2)		11:25.17 (2)		11:42.51 (2)		11:59.97 (2)		12:16.60 (2)
41	17.84	42	17.21	43	17.16	44	17.03	45	16.39	46	16.45	47	16.29	48	15.36	49	16.84		16.18
	12:34.44 (4)		12:51.65 (3)		13:08.81 (2)		13:25.84 (6)		13:42.23 (6)		13:58.68 (6)		14:14.97 (6)		14:30.33 (6)		14:47.17 (6)		

**8 1143 Maureen KOSTER** NED 3 Jul 92 **15:05.13**

1	18.08	2	20.88	3	21.79	4	19.90	5	18.42	6	18.31	7	18.46	8	18.46	9	17.85	10	17.94
	18.08 (6)		38.96 (7)		1:00.75 (11)		1:20.65 (10)		1:39.07 (11)		1:57.38 (11)		2:15.84 (10)		2:34.30 (12)		2:52.15 (11)		3:10.09 (13)
11	18.17	12	18.41	13	18.32	14	17.92	15	18.44	16	17.73	17	17.97	18	17.04	19	17.77	20	17.83
	3:28.26 (12)		3:46.67 (12)		4:04.99 (11)		4:22.91 (6)		4:41.35 (7)		4:59.08 (9)		5:17.05 (10)		5:34.09 (8)		5:51.86 (9)		6:09.69 (7)
21	18.28	22	18.54	23	18.99	24	18.50	25	18.94	26	19.13	27	19.15	28	19.02	29	19.38	30	18.83
	6:27.97 (7)		6:46.51 (4)		7:05.50 (5)		7:24.00 (6)		7:42.94 (6)		8:02.07 (10)		8:21.22 (9)		8:40.24 (10)		8:59.62 (9)		9:18.45 (9)
31	19.41	32	16.40	33	20.25	34	18.02	35	18.28	36	17.32	37	17.58	38	17.15	39	17.76	40	17.00
	9:37.86 (9)		9:54.26 (9)		10:14.51 (10)		10:32.53 (9)		10:50.81 (10)		11:08.13 (5)		11:25.71 (4)		11:42.86 (3)		12:00.62 (6)		12:17.62 (5)
41	17.25	42	17.13	43	17.16	44	16.94	45	16.54	46	16.37	47	16.22	48	16.38	49	16.31		17.21
	12:34.87 (6)		12:52.00 (6)		13:09.16 (4)		13:26.10 (8)		13:42.64 (7)		13:59.01 (7)		14:15.23 (7)		14:31.61 (7)		14:47.92 (7)		

**9 551 Francine NIYOMUKUNZI** BDI 1 Aug 99 **15:05.24**

1	18.39	2	20.66	3	21.74	4	20.28	5	17.86	6	18.14	7	18.28	8	18.36	9	17.75	10	18.11
	18.39 (13)		39.05 (9)		1:00.79 (13)		1:21.07 (15)		1:38.93 (10)		1:57.07 (7)		2:15.35 (6)		2:33.71 (6)		2:51.46 (6)		3:09.57 (8)
11	18.14	12	18.44	13	18.56	14	18.47	15	18.06	16	17.38	17	17.84	18	18.10	19	16.91	20	18.17
	3:27.71 (7)		3:46.15 (7)		4:04.71 (8)		4:23.18 (8)		4:41.24 (5)		4:58.62 (6)		5:16.46 (6)		5:34.56 (10)		5:51.47 (7)		6:09.64 (6)
21	18.32	22	18.87	23	18.81	24	18.64	25	18.83	26	18.54	27	19.10	28	18.96	29	19.26	30	18.91
	6:27.96 (6)		6:46.83 (7)		7:05.64 (7)		7:24.28 (8)		7:43.11 (8)		8:01.65 (5)		8:20.75 (4)		8:39.71 (4)		8:58.97 (2)		9:17.88 (4)
31	19.43	32	16.28	33	20.05	34	18.09	35	18.53	36	17.87	37	17.81	38	17.24	39	17.67	40	17.19
	9:37.31 (3)		9:53.59 (4)		10:13.64 (3)		10:31.73 (4)		10:50.26 (4)		11:08.13 (6)		11:25.94 (7)		11:43.18 (7)		12:00.85 (8)		12:18.04 (9)
41	17.39	42	16.95	43	17.34	44	16.62	45	16.71	46	17.11	47	16.71	48	16.28	49	16.10		15.99
	12:35.43 (11)		12:52.38 (10)		13:09.72 (9)		13:26.34 (9)		13:43.05 (8)		14:00.16 (10)		14:16.87 (10)		14:33.15 (9)		14:49.25 (8)		

RACE ANALYSIS  
5000 Metres Women - Round 1

10 514 Rose DAVIES										AUS	21 Dec 99	15:07.93 <sup>SB</sup>							
1	18.20	2	20.88	3	21.83	4	19.83	5	18.67	6	18.66	7	18.60	8	18.30	9	17.94	10	17.64
	18.20(10)		39.08(10)		1:00.91(14)		1:20.74(12)		1:39.41(13)		1:58.07(17)		2:16.67(18)		2:34.97(18)		2:52.91(18)		3:10.55(17)
11	18.40	12	18.32	13	18.36	14	18.58	15	18.41	16	17.30	17	17.46	18	17.57	19	17.27	20	18.19
	3:28.95(18)		3:47.27(18)		4:05.63(17)		4:24.21(18)		4:42.62(17)		4:59.92(16)		5:17.38(13)		5:34.95(12)		5:52.22(12)		6:10.41(13)
21	18.33	22	18.55	23	19.04	24	18.47	25	18.99	26	18.46	27	19.23	28	19.04	29	19.23	30	18.89
	6:28.74(14)		6:47.29(12)		7:06.33(12)		7:24.80(13)		7:43.79(14)		8:02.25(12)		8:21.48(12)		8:40.52(12)		8:59.75(12)		9:18.64(12)
31	19.41	32	16.61	33	20.26	34	17.90	35	18.09	36	17.80	37	17.64	38	17.24	39	17.58	40	16.99
	9:38.05(12)		9:54.66(14)		10:14.92(13)		10:32.82(12)		10:50.91(12)		11:08.71(13)		11:26.35(12)		11:43.59(12)		12:01.17(11)		12:18.16(10)
41	17.43	42	16.95	43	17.42	44	16.74	45	16.77	46	16.59	47	16.72	48	17.11	49	16.88		17.16
	12:35.59(12)		12:52.54(11)		13:09.96(10)		13:26.70(11)		13:43.47(10)		14:00.06(9)		14:16.78(9)		14:33.89(10)		14:50.77(9)		

11 1178 Karoline Bjerkeli GRØVDAL										NOR	14 Jun 90	15:08.96							
1	18.06	2	21.33	3	21.74	4	20.08	5	18.56	6	18.12	7	18.49	8	18.31	9	17.89	10	15.45
	18.06(5)		39.39(14)		1:01.13(18)		1:21.21(17)		1:39.77(16)		1:57.89(15)		2:16.38(16)		2:34.69(16)		2:52.58(15)		3:08.03(3)
11	20.53	12	18.43	13	18.41	14	18.58	15	18.48	16	17.43	17	17.91	18	18.46	19	16.67	20	17.79
	3:28.56(15)		3:46.99(15)		4:05.40(15)		4:23.98(17)		4:42.46(15)		4:59.89(15)		5:17.80(16)		5:36.26(17)		5:52.93(16)		6:10.72(16)
21	18.30	22	18.49	23	18.94	24	18.67	25	18.81	26	18.67	27	19.07	28	18.89	29	19.23	30	18.93
	6:29.02(16)		6:47.51(15)		7:06.45(15)		7:25.12(15)		7:43.93(15)		8:02.60(15)		8:21.67(14)		8:40.56(13)		8:59.79(13)		9:18.72(13)
31	19.36	32	16.37	33	20.21	34	18.01	35	18.35	36	17.91	37	17.58	38	16.51	39	18.20	40	17.27
	9:38.08(13)		9:54.45(11)		10:14.66(11)		10:32.67(11)		10:51.02(13)		11:08.93(14)		11:26.51(13)		11:43.02(6)		12:01.22(12)		12:18.49(12)
41	17.39	42	17.74	43	17.40	44	17.24	45	16.94	46	17.26	47	16.74	48	16.03	49	17.07		16.66
	12:35.88(14)		12:53.62(13)		13:11.02(12)		13:28.26(13)		13:45.20(11)		14:02.46(11)		14:19.20(11)		14:35.23(11)		14:52.30(11)		

12 1045 Ririka HIRONAKA										JPN	24 Nov 00	15:11.16 <sup>SB</sup>							
1	17.99	2	20.79	3	21.35	4	20.03	5	18.37	6	18.52	7	18.38	8	18.32	9	17.78	10	18.02
	17.99(3)		38.78(3)		1:00.13(5)		1:20.16(6)		1:38.53(6)		1:57.05(6)		2:15.43(7)		2:33.75(7)		2:51.53(7)		3:09.55(7)
11	18.11	12	18.53	13	18.33	14	18.85	15	18.41	16	17.53	17	17.87	18	17.47	19	17.41	20	17.96
	3:27.66(6)		3:46.19(8)		4:04.52(7)		4:23.37(10)		4:41.78(9)		4:59.31(12)		5:17.18(12)		5:34.65(11)		5:52.06(11)		6:10.02(10)
21	18.30	22	18.58	23	19.36	24	18.44	25	18.87	26	18.72	27	19.28	28	19.10	29	19.30	30	18.84
	6:28.32(10)		6:46.90(9)		7:06.26(11)		7:24.70(12)		7:43.57(12)		8:02.29(13)		8:21.57(13)		8:40.67(14)		8:59.97(14)		9:18.81(15)
31	19.45	32	16.38	33	20.36	34	18.40	35	17.82	36	17.37	37	17.70	38	16.73	39	17.44	40	17.42
	9:38.26(14)		9:54.64(13)		10:15.00(14)		10:33.40(15)		10:51.22(14)		11:08.59(11)		11:26.29(11)		11:43.02(5)		12:00.46(5)		12:17.88(8)
41	17.37	42	16.94	43	17.34	44	16.90	45	16.80	46	16.72	47	16.31	48	16.00	49	18.93		19.97
	12:35.25(10)		12:52.19(8)		13:09.53(7)		13:26.43(10)		13:43.23(9)		13:59.95(8)		14:16.26(8)		14:32.26(8)		14:51.19(10)		

13 1349 Sarah CHELANGAT										UGA	5 Jun 01	15:14.89							
1	18.51	2	20.49	3	21.36	4	19.55	5	18.35	6	18.46	7	18.31	8	18.42	9	17.78	10	18.16
	18.51(16)		39.00(8)		1:00.36(6)		1:19.91(4)		1:38.26(4)		1:56.72(4)		2:15.03(4)		2:33.45(4)		2:51.23(4)		3:09.39(6)
11	17.99	12	18.50	13	18.54	14	18.31	15	17.79	16	16.40	17	18.70	18	17.31	19	17.80	20	17.12
	3:27.38(4)		3:45.88(6)		4:04.42(6)		4:22.73(3)		4:40.52(3)		4:56.92(3)		5:15.62(3)		5:32.93(4)		5:50.73(2)		6:07.85(2)
21	19.19	22	18.91	23	18.86	24	18.54	25	18.63	26	10.66	27	27.74	28	18.01	29	20.61	30	19.07
	6:27.04(2)		6:45.95(2)		7:04.81(2)		7:23.35(2)		7:41.98(2)		7:52.64(2)		8:20.38(2)		8:38.39(2)		8:59.00(4)		9:18.07(5)
31	19.43	32	16.96	33	20.32	34	18.15	35	17.80	36	17.64	37	17.46	38	17.47	39	17.68	40	17.20
	9:37.50(5)		9:54.46(12)		10:14.78(12)		10:32.93(13)		10:50.73(8)		11:08.37(8)		11:25.83(6)		11:43.30(10)		12:00.98(10)		12:18.18(11)
41	17.59	42	17.09	43	17.49	44	17.58	45	18.00	46	17.77	47	17.65	48	17.85	49	17.86		17.83
	12:35.77(13)		12:52.86(12)		13:10.35(11)		13:27.93(12)		13:45.93(12)		14:03.70(12)		14:21.35(12)		14:39.20(12)		14:57.06(12)		

14 849 Megan KEITH										GBR	23 Apr 02	15:21.94							
1	18.70	2	20.85	3	21.02	4	19.74	5	18.58	6	18.42	7	18.61	8	18.54	9	18.26	10	17.86
	18.70(19)		39.55(16)		1:00.57(10)		1:20.31(8)		1:38.89(9)		1:57.31(10)		2:15.92(12)		2:34.46(14)		2:52.72(17)		3:10.58(18)
11	18.15	12	18.33	13	18.59	14	18.07	15	18.57	16	17.46	17	17.87	18	20.28	19	14.95	20	17.66
	3:28.73(17)		3:47.06(16)		4:05.65(18)		4:23.72(13)		4:42.29(14)		4:59.75(14)		5:17.62(15)		5:37.90(19)		5:52.85(15)		6:10.51(14)
21	18.05	22	18.52	23	18.96	24	18.45	25	19.03	26	18.57	27	19.09	28	18.71	29	19.32	30	18.94
	6:28.56(12)		6:47.08(11)		7:06.04(10)		7:24.49(10)		7:43.52(11)		8:02.09(11)		8:21.18(8)		8:39.89(6)		8:59.21(6)		9:18.15(6)
31	19.26	32	15.94	33	20.13	34	18.06	35	18.53	36	17.93	37	17.79	38	17.88	39	17.89	40	17.65
	9:37.41(4)		9:53.35(3)		10:13.48(2)		10:31.54(3)		10:50.07(3)		11:08.00(4)		11:25.79(5)		11:43.67(13)		12:01.56(13)		12:19.21(13)
41	17.91	42	18.03	43	18.41	44	18.40	45	18.41	46	18.24	47	18.43	48	18.53	49	18.33		18.04
	12:37.12(15)		12:55.15(14)		13:13.56(13)		13:31.96(15)		13:50.37(13)		14:08.61(13)		14:27.04(13)		14:45.57(13)		15:03.90(13)		



**RACE ANALYSIS**  
**5000 Metres Women - Round 1**

20 1062 Yuma YAMAMOTO										JPN		1 May 00		16:05.57					
1	18.04	2	20.85	3	21.58	4	19.96	5	18.45	6	18.59	7	18.64	8	18.41	9	17.77	10	18.06
	18.04 (4)		38.89 (5)		1:00.47 (7)		1:20.43 (9)		1:38.88 (8)		1:57.47 (12)		2:16.11 (13)		2:34.52 (15)		2:52.29 (13)		3:10.35 (15)
11	18.11	12	18.45	13	18.31	14	18.61	15	18.77	16	17.70	17	17.83	18	17.89	19	18.00	20	18.21
	3:28.46 (14)		3:46.91 (14)		4:05.22 (13)		4:23.83 (15)		4:42.60 (16)		5:00.30 (17)		5:18.13 (18)		5:36.02 (16)		5:54.02 (18)		6:12.23 (18)
21	18.35	22	18.76	23	19.25	24	19.23	25	19.44	26	19.54	27	19.85	28	20.27	29	20.13	30	20.04
	6:30.58 (18)		6:49.34 (18)		7:08.59 (18)		7:27.82 (18)		7:47.26 (18)		8:06.80 (19)		8:26.65 (19)		8:46.92 (19)		9:07.05 (19)		9:27.09 (19)
31	20.20	32	18.16	33	22.35	34	20.23	35	20.30	36	20.62	37	20.36	38	20.57	39	20.68	40	20.61
	9:47.29 (19)		10:05.45 (19)		10:27.80 (19)		10:48.03 (19)		11:08.33 (19)		11:28.95 (19)		11:49.31 (19)		12:09.88 (19)		12:30.56 (19)		12:51.17 (19)
41	20.41	42	19.91	43	19.99	44	19.75	45	19.72	46	19.80	47	19.80	48	19.20	49	18.12		17.70
	13:11.58 (19)		13:31.49 (19)		13:51.48 (19)		14:11.23 (19)		14:30.95 (19)		14:50.75 (19)		15:10.55 (19)		15:29.75 (19)		15:47.87 (19)		