

# RACE ANALYSIS

## 5000 Metres Women - Final



26 August 2023 20:50 START TIME 30° C 52 %  
TEMPERATURE HUMIDITY

1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m	30	3000 m
31	3100 m	32	3200 m	33	3300 m	34	3400 m	35	3500 m	36	3600 m	37	3700 m	38	3800 m	39	3900 m	40	4000 m
41	4100 m	42	4200 m	43	4300 m	44	4400 m	45	4500 m	46	4600 m	47	4700 m	48	4800 m	49	4900 m		

<b>1 1080 Faith KIPYEGON</b>										<b>KEN</b>					<b>10 Jan 94</b>		<b>14:53.88</b>		
1	16.95	2	16.41	3	16.71	4	16.37	5	17.06	6	17.86	7	19.34	8	19.77	9	17.86	10	17.74
	16.95 (9)		33.36 (5)		50.07 (5)		1:06.44 (3)		1:23.50 (3)		1:41.36 (3)		2:00.70 (3)		2:20.47 (3)		2:38.33 (4)		2:56.07 (4)
11	17.51	12	17.86	13	18.83	14	18.50	15	19.44	16	18.95	17	19.19	18	19.23	19	19.76	20	19.13
	3:13.58 (4)		3:31.44 (4)		3:50.27 (4)		4:08.77 (4)		4:28.21 (5)		<b>4:47.16 (1)</b>		<b>5:06.35 (1)</b>		<b>5:25.58 (1)</b>		<b>5:45.34 (1)</b>		6:04.47 (2)
21	18.78	22	18.79	23	19.56	24	19.54	25	19.92	26	19.52	27	19.73	28	19.13	29	18.82	30	18.64
	6:23.25 (2)		6:42.04 (2)		<b>7:01.60 (1)</b>		<b>7:21.14 (1)</b>		<b>7:41.06 (1)</b>		<b>8:00.58 (1)</b>		<b>8:20.31 (1)</b>		8:39.44 (2)		8:58.26 (2)		9:16.90 (4)
31	18.25	32	18.97	33	18.20	34	18.38	35	17.28	36	17.17	37	16.97	38	17.38	39	17.49	40	17.70
	9:35.15 (2)		9:54.12 (4)		10:12.32 (2)		10:30.70 (4)		10:47.98 (4)		11:05.15 (5)		11:22.12 (4)		11:39.50 (5)		11:56.99 (7)		12:14.69 (8)
41	16.69	42	17.68	43	17.50	44	17.21	45	17.14	46	16.38	47	15.45	48	14.02	49	13.30		13.82
	12:31.38 (3)		12:49.06 (3)		13:06.56 (2)		<b>13:23.77 (1)</b>		<b>13:40.91 (1)</b>		<b>13:57.29 (1)</b>		<b>14:12.74 (1)</b>		<b>14:26.76 (1)</b>		<b>14:40.06 (1)</b>		

<b>2 1139 Sifan HASSAN</b>										<b>NED</b>					<b>1 Jan 93</b>		<b>14:54.11</b>		
1	17.44	2	16.35	3	16.73	4	16.59	5	17.07	6	18.01	7	19.35	8	19.69	9	18.54	10	17.23
	17.44 (14)		33.79 (8)		50.52 (7)		1:07.11 (7)		1:24.18 (7)		1:42.19 (8)		2:01.54 (8)		2:21.23 (10)		2:39.77 (12)		2:57.00 (10)
11	17.48	12	17.64	13	18.92	14	18.57	15	19.32	16	19.37	17	19.39	18	19.29	19	19.63	20	18.88
	3:14.48 (10)		3:32.12 (10)		3:51.04 (10)		4:09.61 (11)		4:28.93 (12)		4:48.30 (13)		5:07.69 (13)		5:26.98 (13)		5:46.61 (13)		6:05.49 (13)
21	18.92	22	18.78	23	19.37	24	19.56	25	20.02	26	19.51	27	19.68	28	19.12	29	18.94	30	18.03
	6:24.41 (13)		6:43.19 (13)		7:02.56 (13)		7:22.12 (13)		7:42.14 (13)		8:01.65 (13)		8:21.33 (13)		8:40.45 (13)		8:59.39 (12)		9:17.42 (11)
31	18.62	32	18.74	33	18.32	34	18.48	35	17.82	36	16.16	37	17.03	38	17.29	39	17.25	40	17.71
	9:36.04 (11)		9:54.78 (12)		10:13.10 (12)		10:31.58 (14)		10:49.40 (14)		11:05.56 (8)		11:22.59 (8)		11:39.88 (9)		11:57.13 (9)		12:14.84 (9)
41	17.07	42	17.64	43	17.58	44	17.26	45	16.79	46	16.16	47	15.46	48	14.07	49	13.41		13.83
	12:31.91 (9)		12:49.55 (9)		13:07.13 (9)		13:24.39 (10)		13:41.18 (4)		13:57.34 (2)		14:12.80 (2)		14:26.87 (2)		14:40.28 (2)		

<b>3 1069 Beatrice CHEBET</b>										<b>KEN</b>					<b>5 Mar 00</b>		<b>14:54.33</b>		
1	16.71	2	16.24	3	16.74	4	16.42	5	17.20	6	17.75	7	19.41	8	20.03	9	17.60	10	17.57
	16.71 (5)		32.95 (3)		49.69 (3)		1:06.11 (2)		1:23.31 (2)		1:41.06 (2)		2:00.47 (2)		2:20.50 (4)		2:38.10 (3)		2:55.67 (2)
11	17.72	12	17.83	13	18.86	14	18.50	15	19.60	16	19.38	17	19.06	18	19.37	19	19.74	20	18.52
	3:13.39 (3)		3:31.22 (3)		3:50.08 (3)		4:08.58 (3)		4:28.18 (3)		4:47.56 (4)		5:06.62 (3)		5:25.99 (4)		5:45.73 (4)		<b>6:04.25 (1)</b>
21	18.86	22	18.82	23	19.71	24	19.57	25	19.96	26	19.50	27	19.87	28	19.08	29	18.86	30	18.32
	<b>6:23.11 (1)</b>		<b>6:41.93 (1)</b>		7:01.64 (2)		7:21.21 (3)		7:41.17 (3)		8:00.67 (3)		8:20.54 (4)		8:39.62 (4)		8:58.48 (4)		9:16.80 (2)
31	18.56	32	18.86	33	18.20	34	18.20	35	17.22	36	17.01	37	17.02	38	17.40	39	17.44	40	17.78
	9:35.36 (4)		9:54.22 (5)		10:12.42 (3)		10:30.62 (3)		10:47.84 (3)		11:04.85 (3)		11:21.87 (3)		11:39.27 (3)		11:56.71 (4)		12:14.49 (6)
41	17.06	42	17.63	43	17.64	44	17.10	45	17.11	46	16.44	47	15.51	48	14.04	49	13.43		13.88
	12:31.55 (4)		12:49.18 (4)		13:06.82 (5)		13:23.92 (2)		13:41.03 (2)		13:57.47 (3)		14:12.98 (5)		14:27.02 (3)		14:40.45 (3)		

<b>4 1078 Margaret Chelimo KIPKEMBOI</b>										<b>KEN</b>					<b>9 Feb 93</b>		<b>14:56.62</b>		
1	16.51	2	16.22	3	16.76	4	17.03	5	17.15	6	17.89	7	19.37	8	19.77	9	17.82	10	17.71
	16.51 (2)		32.73 (2)		49.49 (2)		1:06.52 (4)		1:23.67 (4)		1:41.56 (4)		2:00.93 (4)		2:20.70 (6)		2:38.52 (6)		2:56.23 (5)
11	17.57	12	17.85	13	18.77	14	18.57	15	19.42	16	19.41	17	19.03	18	19.45	19	19.83	20	19.01
	3:13.80 (6)		3:31.65 (6)		3:50.42 (6)		4:08.99 (7)		4:28.41 (6)		4:47.82 (9)		5:06.85 (7)		5:26.30 (7)		5:46.13 (8)		6:05.14 (10)
21	18.72	22	18.77	23	19.56	24	19.62	25	20.02	26	19.21	27	19.71	28	19.11	29	18.84	30	18.54
	6:23.86 (8)		6:42.63 (6)		7:02.19 (9)		7:21.81 (11)		7:41.83 (10)		8:01.04 (7)		8:20.75 (7)		8:39.86 (6)		8:58.70 (6)		9:17.24 (7)
31	18.31	32	18.75	33	18.23	34	18.33	35	17.35	36	17.09	37	17.01	38	17.35	39	17.06	40	17.27
	9:35.55 (6)		9:54.30 (7)		10:12.53 (5)		10:30.86 (5)		10:48.21 (6)		11:05.30 (6)		11:22.31 (6)		11:39.66 (6)		11:56.72 (5)		12:13.99 (2)
41	17.38	42	17.67	43	17.69	44	17.43	45	17.30	46	16.01	47	15.48	48	14.28	49	14.44		14.95
	12:31.37 (2)		12:49.04 (2)		13:06.73 (3)		13:24.16 (6)		13:41.46 (8)		13:57.47 (4)		14:12.95 (3)		14:27.23 (4)		14:41.67 (4)		



RACE ANALYSIS  
5000 Metres Women - Final

10 1088 Lilian Kasait RENGERUK										KEN 3 May 97										14:59.32																			
1	16.92	2	16.63	3	16.71	4	16.40	5	17.09	6	18.07	7	19.25	8	19.73	9	17.90	10	17.83	11	16.92 (7)	12	33.55 (6)	13	50.26 (6)	14	1:06.66 (5)	15	1:23.75 (5)	16	1:41.82 (5)	17	2:01.07 (5)	18	2:20.80 (7)	19	2:38.70 (7)	20	2:56.53 (7)
11	17.35	12	17.90	13	18.85	14	18.61	15	19.39	16	19.06	17	18.82	18	19.32	19	19.75	20	19.11	21	3:13.88 (7)	22	3:31.78 (7)	23	3:50.63 (7)	24	4:09.24 (9)	25	4:28.63 (9)	26	4:47.69 (6)	27	5:06.51 (2)	28	5:25.83 (2)	29	5:45.58 (2)	30	6:04.69 (4)
21	18.77	22	18.78	23	19.53	24	19.56	25	19.88	26	19.51	27	19.77	28	18.63	29	18.88	30	18.55	31	6:23.46 (4)	32	6:42.24 (3)	33	7:01.77 (4)	34	7:21.33 (5)	35	7:41.21 (4)	36	8:00.72 (4)	37	8:20.49 (3)	38	8:39.12 (1)	39	8:58.00 (1)	40	9:16.55 (1)
31	18.40	32	18.91	33	18.30	34	18.38	35	17.20	36	17.00	37	16.99	38	17.38	39	17.44	40	17.65	41	9:34.95 (1)	42	9:53.86 (2)	43	10:12.16 (1)	44	10:30.54 (2)	45	10:47.74 (2)	46	11:04.74 (2)	47	11:21.73 (2)	48	11:39.11 (2)	49	11:56.55 (2)	50	12:14.20 (4)
41	17.46	42	17.66	43	17.63	44	17.17	45	17.14	46	16.36	47	15.60	48	15.44	49	15.39		15.27	51	12:31.66 (6)	52	12:49.32 (6)	53	13:06.95 (6)	54	13:24.12 (5)	55	13:41.26 (6)	56	13:57.62 (6)	57	14:13.22 (6)	58	14:28.66 (11)	59	14:44.05 (11)	60	

10 1126 Laura GALVÁN										MEX 5 Oct 91										14:59.32																			
1	17.21	2	17.03	3	17.32	4	16.74	5	17.39	6	17.58	7	19.00	8	19.56	9	18.65	10	17.62	11	17.21 (11)	12	34.24 (13)	13	51.56 (14)	14	1:08.30 (12)	15	1:25.69 (12)	16	1:43.27 (15)	17	2:02.27 (15)	18	2:21.83 (16)	19	2:40.48 (16)	20	2:58.10 (16)
11	17.45	12	17.37	13	19.15	14	18.42	15	19.01	16	19.35	17	19.39	18	19.29	19	19.54	20	18.90	21	3:15.55 (16)	22	3:32.92 (16)	23	3:52.07 (16)	24	4:10.49 (16)	25	4:29.50 (16)	26	4:48.85 (16)	27	5:08.24 (16)	28	5:27.53 (16)	29	5:47.07 (16)	30	6:05.97 (16)
21	18.93	22	18.68	23	19.48	24	19.58	25	20.06	26	19.59	27	19.51	28	19.19	29	18.94	30	18.10	31	6:24.90 (16)	32	6:43.58 (16)	33	7:03.06 (16)	34	7:22.64 (16)	35	7:42.70 (16)	36	8:02.29 (16)	37	8:21.80 (16)	38	8:40.99 (16)	39	8:59.93 (16)	40	9:18.03 (16)
31	18.62	32	18.73	33	18.34	34	18.32	35	17.79	36	16.46	37	17.35	38	17.22	39	17.39	40	17.36	41	9:36.65 (16)	42	9:55.38 (16)	43	10:13.72 (16)	44	10:32.04 (16)	45	10:49.83 (16)	46	11:06.29 (16)	47	11:23.64 (16)	48	11:40.86 (16)	49	11:58.25 (15)	50	12:15.61 (15)
41	17.58	42	17.06	43	17.76	44	16.99	45	17.23	46	16.27	47	15.64	48	14.87	49	15.27		15.04	51	12:33.19 (14)	52	12:50.25 (14)	53	13:08.01 (14)	54	13:25.00 (14)	55	13:42.23 (14)	56	13:58.50 (14)	57	14:14.14 (13)	58	14:29.01 (12)	59	14:44.28 (12)	60	

12 1143 Maureen KOSTER										NED 3 Jul 92										15:00.78																			
1	17.36	2	17.04	3	17.14	4	17.27	5	17.26	6	17.39	7	18.93	8	18.65	9	18.51	10	17.93	11	17.36 (13)	12	34.40 (14)	13	51.54 (13)	14	1:08.81 (15)	15	1:26.07 (15)	16	1:43.46 (16)	17	2:02.39 (16)	18	2:21.04 (8)	19	2:39.55 (11)	20	2:57.48 (12)
11	17.59	12	17.53	13	18.61	14	18.57	15	19.04	16	18.98	17	19.23	18	19.42	19	19.78	20	18.80	21	3:15.07 (13)	22	3:32.60 (14)	23	3:51.21 (12)	24	4:09.78 (12)	25	4:28.82 (11)	26	4:47.80 (8)	27	5:07.03 (8)	28	5:26.45 (8)	29	5:46.23 (9)	30	6:05.03 (9)
21	18.95	22	18.78	23	19.45	24	19.56	25	20.07	26	19.42	27	19.72	28	19.10	29	19.09	30	18.31	31	6:23.98 (9)	32	6:42.76 (9)	33	7:02.21 (10)	34	7:21.77 (9)	35	7:41.84 (11)	36	8:01.26 (10)	37	8:20.98 (10)	38	8:40.08 (9)	39	8:59.17 (11)	40	9:17.48 (12)
31	18.59	32	18.44	33	18.53	34	18.25	35	17.67	36	17.14	37	17.27	38	17.09	39	17.13	40	17.52	41	9:36.07 (12)	42	9:54.51 (10)	43	10:13.04 (11)	44	10:31.29 (11)	45	10:48.96 (11)	46	11:06.10 (14)	47	11:23.37 (14)	48	11:40.46 (13)	49	11:57.59 (13)	50	12:15.11 (12)
41	17.53	42	17.43	43	17.65	44	16.92	45	17.17	46	16.26	47	15.70	48	15.45	49	15.47		16.09	51	12:32.64 (13)	52	12:50.07 (13)	53	13:07.72 (13)	54	13:24.64 (12)	55	13:41.81 (11)	56	13:58.07 (12)	57	14:13.77 (11)	58	14:29.22 (13)	59	14:44.69 (13)	60	

13 772 Gudaf TSEGAY										ETH 23 Jun 97										15:01.13																			
1	15.96	2	16.13	3	16.74	4	16.99	5	17.32	6	17.82	7	19.36	8	20.01	9	17.56	10	17.87	11	15.96 (1)	12	32.09 (1)	13	48.83 (1)	14	1:05.82 (1)	15	1:23.14 (1)	16	1:40.96 (1)	17	2:00.32 (1)	18	2:20.33 (2)	19	2:37.89 (2)	20	2:55.76 (3)
11	17.48	12	17.88	13	18.74	14	18.44	15	19.71	16	19.46	17	19.19	18	19.38	19	19.86	20	19.08	21	3:13.24 (2)	22	3:31.12 (2)	23	3:49.86 (2)	24	4:08.30 (2)	25	4:28.01 (1)	26	4:47.47 (2)	27	5:06.66 (4)	28	5:26.04 (5)	29	5:45.90 (5)	30	6:04.98 (7)
21	18.83	22	18.82	23	19.43	24	19.63	25	19.98	26	19.57	27	19.73	28	19.19	29	18.74	30	17.93	31	6:23.81 (7)	32	6:42.63 (7)	33	7:02.06 (7)	34	7:21.69 (7)	35	7:41.67 (8)	36	8:01.24 (9)	37	8:20.97 (9)	38	8:40.16 (10)	39	8:58.90 (8)	40	9:16.83 (3)
31	18.43	32	18.70	33	18.84	34	17.56	35	17.23	36	16.90	37	17.04	38	17.26	39	17.62	40	17.42	41	9:35.26 (3)	42	9:53.96 (3)	43	10:12.80 (9)	44	10:30.36 (1)	45	10:47.59 (1)	46	11:04.49 (1)	47	11:21.53 (1)	48	11:38.79 (1)	49	11:56.41 (1)	50	12:13.83 (1)
41	17.37	42	17.79	43	17.56	44	17.47	45	17.15	46	16.32	47	15.47	48	14.80	49	16.10		17.27	51	12:31.20 (1)	52	12:48.99 (1)	53	13:06.55 (1)	54	13:24.02 (3)	55	13:41.17 (3)	56	13:57.49 (5)	57	14:12.96 (4)	58	14:27.76 (5)	59	14:43.86 (10)	60	

14 1426 Alicia MONSON										USA 13 May 98										15:04.08																			
1	17.22	2	16.91	3	16.78	4	16.70	5	16.93	6	17.94	7	19.09	8	19.70	9	17.88	10	17.61	11	17.22 (12)	12	34.13 (12)	13	50.91 (9)	14	1:07.61 (9)	15	1:24.54 (9)	16	1:42.48 (9)	17	2:01.57 (9)	18	2:21.27 (11)	19	2:39.15 (9)	20	2:56.76 (8)
11	17.38	12	17.79	13	18.91	14	18.14	15	19.80	16	19.35	17	19.38	18	19.36	19	19.19	20	18.43	21	3:14.14 (8)	22	3:31.93 (8)	23	3:50.84 (8)	24	4:08.98 (6)	25	4:28.78 (10)	26	4:48.13 (11)	27	5:07.51 (12)	28	5:26.87 (12)	29	5:46.06 (7)	30	6:04.49 (3)
21	18.81	22	18.97	23	19.55	24	19.60	25	20.01	26	19.50	27	19.81	28	19.14	29	19.08	30	18.43	31	6:23.30 (3)	32	6:42.27 (4)	33	7:01.82 (5)	34	7:21.42 (6)	35	7:41.43 (6)	36	8:00.93 (5)	37	8:20.74 (6)	38	8:39.88 (7)	39	8:58.96 (9)	40	9:17.39 (10)
31	18.41	32	18.87	33	18.37	34	18.24	35	17.88	36	16.64	37	16.92	38	17.32	39	17.40	40	17.76	41	9:35.80 (9)	42	9:54.67 (11)	43	10:13.04 (10)	44	10:31.28 (10)	45	10:49.16 (13)	46	11:05.80 (11)	47	11:22.72 (9)	48	11:40.04 (10)	49	11:57.44 (12)	50	12:15.20 (13)
41	17.07	42	17.68	43	17.52	44	17.23	45	17.13	46	16.33	47	16.31	48	16.45	49	16.74		16.42	51	12:32.27 (12)	52	12:49.95 (12)	53	13:07.47 (12)	54	13:24.70 (13)	55	13:41.83 (12)	56	13:58.16 (13)	57	14:14.47 (14)	58	14:30.92 (14)	59	14:47.66 (14)	60	

**RACE ANALYSIS**  
**5000 Metres Women - Final**

15 551 Francine NIYOMUKUNZI										BDI		1 Aug 99		15:15.01					
1	17.61	2	16.99	3	17.16	4	16.93	5	17.35	6	17.23	7	18.90	8	18.92	9	17.99	10	17.78
	17.61 (15)		34.60 (15)		51.76 (15)		1:08.69 (14)		1:26.04 (14)		1:43.27 (14)		2:02.17 (14)		2:21.09 (9)		2:39.08 (8)		2:56.86 (9)
11	17.31	12	17.78	13	18.91	14	18.27	15	19.30	16	19.51	17	19.21	18	19.55	19	19.78	20	18.78
	3:14.17 (9)		3:31.95 (9)		3:50.86 (9)		4:09.13 (8)		4:28.43 (7)		4:47.94 (10)		5:07.15 (10)		5:26.70 (11)		5:46.48 (12)		6:05.26 (11)
21	18.97	22	18.60	23	19.15	24	19.29	25	20.15	26	19.53	27	19.67	28	19.06	29	18.93	30	18.71
	6:24.23 (11)		6:42.83 (10)		7:01.98 (6)		7:21.27 (4)		7:41.42 (5)		8:00.95 (6)		8:20.62 (5)		8:39.68 (5)		8:58.61 (5)		9:17.32 (9)
31	18.51	32	18.41	33	18.40	34	18.39	35	17.51	36	17.12	37	17.42	38	17.39	39	17.36	40	17.72
	9:35.83 (10)		9:54.24 (6)		10:12.64 (6)		10:31.03 (7)		10:48.54 (8)		11:05.66 (10)		11:23.08 (12)		11:40.47 (14)		11:57.83 (14)		12:15.55 (14)
41	17.70	42	17.56	43	18.05	44	18.18	45	18.80	46	18.47	47	18.04	48	17.98	49	17.78		16.90
	12:33.25 (15)		12:50.81 (15)		13:08.86 (15)		13:27.04 (15)		13:45.84 (15)		14:04.31 (15)		14:22.35 (15)		14:40.33 (15)		14:58.11 (15)		

16 974 Nadia BATTOCLETTI										ITA		12 Apr 00		15:27.86					
1	16.73	2	17.17	3	17.44	4	17.21	5	17.33	6	17.16	7	18.87	8	19.72	9	18.54	10	17.51
	16.73 (6)		33.90 (10)		51.34 (12)		1:08.55 (13)		1:25.88 (13)		1:43.04 (13)		2:01.91 (12)		2:21.63 (15)		2:40.17 (15)		2:57.68 (14)
11	17.52	12	17.04	13	18.81	14	18.43	15	19.04	16	19.07	17	19.07	18	19.29	19	19.77	20	18.98
	3:15.20 (14)		3:32.24 (11)		3:51.05 (11)		4:09.48 (10)		4:28.52 (8)		4:47.59 (5)		5:06.66 (5)		5:25.95 (3)		5:45.72 (3)		6:04.70 (5)
21	18.77	22	18.97	23	19.25	24	19.50	25	19.94	26	19.53	27	19.72	28	19.08	29	18.99	30	18.72
	6:23.47 (5)		6:42.44 (5)		7:01.69 (3)		7:21.19 (2)		7:41.13 (2)		8:00.66 (2)		8:20.38 (2)		8:39.46 (3)		8:58.45 (3)		9:17.17 (6)
31	18.51	32	18.73	33	18.38	34	18.28	35	17.67	36	17.37	37	17.28	38	17.36	39	17.69	40	18.23
	9:35.68 (8)		9:54.41 (8)		10:12.79 (8)		10:31.07 (8)		10:48.74 (9)		11:06.11 (15)		11:23.39 (15)		11:40.75 (15)		11:58.44 (16)		12:16.67 (16)
41	18.84	42	19.42	43	19.12	44	19.61	45	19.59	46	19.77	47	19.01	48	19.40	49	18.74		17.69
	12:35.51 (16)		12:54.93 (16)		13:14.05 (16)		13:33.66 (16)		13:53.25 (16)		14:13.02 (16)		14:32.03 (16)		14:51.43 (16)		15:10.17 (16)		