

START LIST



4 x 400 Metres Relay Women - Round 1

First 2 in each heat (Q) and the next 2 fastest (q) advance to the Final

RECORDS	RESULT	TEAM	COUNTRY	VENUE	DATE
World Indoor Record WIR	3:23.37	Russia	RUS	Glasgow (GBR)	28 Jan 2006
Championship Record CR	3:23.85	United States	USA	Arena Birmingham, Birmingham (GBR)	4 Mar 2018
World Leading WL	3:24.09	Arkansas		Gilliam Indoor Track, College Station, T	26 Feb 2022

Heat 1

2

20 March 2022 11:45 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	SPAIN	ESP	3:31.86	
1	177 Sara GALLEGO			
2	182 Geena STEPHENS			
3	170 Carmen AVILÉS			
4	173 Laura BUENO			
3	BELGIUM	BEL	3:32.46	
1	115 Hanne CLAES			
2	120 Naomi VAN DEN BROECK			
3	121 Imke VERVAET			
4	117 Camille LAUS			
4	GREAT BRITAIN & NI	GBR	3:27.56	
1	222 Hannah WILLIAMS			
2	215 Ama PIPI			
3	206 Yemi Mary JOHN			
4	208 Jessie KNIGHT			
5	NETHERLANDS	NED	3:27.15	
1	303 Lieke KLAVER			
2	304 Eveline SAALBERG			
3	301 Andrea BOUMA			
4	302 Lisanne DE WITTE			
6	UNITED STATES	USA	3:23.85	
1	378 Jessica BEARD			
2	376 Brittany AVENI			
3	389 Natasha JACKSON			
4	388 Lynna IRBY			

Heat 2

2

20 March 2022 11:55 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	SLOVENIA	SLO	3:37.84	3:37.84
1	342 Agata ZUPIN			
2	340 Jerneja SMONKAR			
3	339 Veronika SADEK			
4	337 Anita HORVAT			
3	IRELAND	IRL	3:34.61	
1	242 Sophie BECKER			
2	244 Roisin HARRISON			
3	248 Sharlene MAWDSLEY			
4	245 Phil HEALY			
4	CANADA	CAN	3:36.03	
1	137 Lauren GALE			
2	135 Kyra CONSTANTINE			
3	140 Natassha MCDONALD			
4	145 Sage WATSON			
5	JAMAICA	JAM	3:26.54	
1	272 Roneisha MCGREGOR			
2	274 Janieve RUSSELL			
3	271 Tiffany JAMES			
4	268 Junelle BROMFIELD			
6	POLAND	POL	3:26.09	
1	315 Iga BAUMGART-WITAN			
2	318 Aleksandra GAWORSKA			
3	319 Natalia KACZMAREK			
4	323 Justyna ŚWIĘTY-ERSETIC			

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o = Outdoor performance

ALL-TIME TOP LIST				SEASON TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2022
3:23.37	Russia (RUS)	Glasgow (GBR)	28 Jan 06	3:28.62	Kentucky (USA)	Sports Performance Center, Lubbock, TX (USA)	21 Jan
3:23.85	United States (USA)	rena Birmingham, Birmingham (GBR)	4 Mar 18	3:34.29	Moskva (RUS)	LFK CSKA, Moskva (RUS)	27 Feb
3:26.09	Poland (POL)	Arena Birmingham, Birmingham (GBR)	4 Mar 18	3:37.84	Slovenia (SLO)	Ataköy Arena, Istanbul (TUR)	5 Mar
3:26.54	Jamaica (JAM)	Ergo Arena, Sopot (POL)	9 Mar 14	3:38.48	FC Barcelona (ESP)	Gallur, Madrid (ESP)	12 Feb
3:26.87	Australia (AUS)	Green Dome, Maebashi (JPN)	7 Mar 99	3:39.14	Bracco Atletica (ITA)	Palaindoor Ancona, Ancona (ITA)	27 Feb
3:27.15	Netherlands (NED)	Arena, Torun (POL)	7 Mar 21	3:41.49	MATE-GEAC (HUN)	Atlétikai Centrum, Nyíregyháza (HUN)	27 Feb
3:27.22	Germany (GER)	Palacio de los Deportes, Sevilla (ESP)	10 Mar 91	3:41.80	Croatia (CRO)	Velesajam Hall, Zagreb (CRO)	1 Feb
3:27.56	Great Britain & NI (GBR)	Scandinavium, Göteborg (SWE)	3 Mar 13	3:44.15	University of Guelph (CAN)	ack and Field Centre, Toronto (CAN)	12 Feb
3:27.83	Belarus (BLR)	National Indoor Arena, Birmingham (GBR)	4 Mar 07	3:45.11	Romania (ROU)	Ataköy Arena, Istanbul (TUR)	5 Mar
3:27.95	Soviet Union (URS)	Palacio de los Deportes, Sevilla (ESP)	10 Mar 91	3:45.73	Sporting Clube de Portugal (POR)	Expocentro, Pombal (POR)	20 Feb