

START LIST



400 Metres Women - Semi-Final

First 3 in each heat (Q) advance to the Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Indoor Record WIR	49.59	Jarmila KRATOCHVÍLOVÁ	TCH	31	Palazzo dello Sport, Milano (ITA)	7 Mar 1982
Championship Record CR	50.04	Olesya KRASNOMOVETS-FORSHEVA	RUS	27	Olimpiyskiy Stadion, Moskva (RUS)	12 Mar 2006
World Leading WL	50.30	Femke BOL	NED	22	Omnisport, Apeldoorn (NED)	27 Feb 2022

Heat 1

2

18 March 2022 18:35 START TIME

LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
1	215	Ama PIPI	GBR	26 Nov 95	51.08 o	52.02	26
2	150	Roxana GÓMEZ	CUB	7 Jan 99	49.71 o	52.25	16
3	233	Aliyah ABRAMS	GUY	3 Apr 97	51.13 o	52.05	59
4	273	Stephenie Ann MCPHERSON	JAM	25 Nov 88	49.34 o	51.39	2
5	300	Femke BOL	NED	23 Feb 00	50.30	50.30	10
6	319	Natalia KACZMAREK	POL	17 Jan 98	50.70 o	51.15	9

Heat 2

2

18 March 2022 18:43 START TIME

LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
1	208	Jessie KNIGHT	GBR	15 Jun 94	51.57	52.03	
2	291	Modesta Justė MORAUSKAITĖ	LTU	2 Oct 95	51.63	51.63	69
3	323	Justyna ŚWIĘTY-ERSETIC	POL	3 Dec 92	50.41 o	51.04	14
4	303	Lieke KLAVER	NED	20 Aug 98	50.98 o	51.20	11
5	110	Shaunae MILLER-UIBO	BAH	15 Apr 94	48.36 o	51.74	3
6	245	Phil HEALY	IRL	19 Nov 94	51.50 o	51.66	24

World Ranking as of 15 March 2022

o = Outdoor performance

ALL-TIME TOP LIST				SEASON TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2022
49.59	Jarmila KRATOCHVÍLOVÁ (TCH)	Jello Sport, Milano (ITA)	7 Mar 82	50.30	Femke BOL (NED)	Omnisport, Apeldoorn (NED)	27 Feb
49.68	Natalya NAZAROVA (RUS)	Moskva (RUS)	18 Feb 04	50.71	Polina MILLER (ANA)	SK Arena, St. Petersburg (RUS)	16 Feb
49.76	Tatána KOCEMBOVÁ (TCH)	Wien (AUT)	2 Feb 84	50.77	Alexis HOLMES (USA)	Gilliam Indoor Track, College Station, T	26 Feb
50.01	Sabine BUSCH (GDR)	Wien (AUT)	2 Feb 84	50.88	Britton WILSON (USA)	Gilliam Indoor Track, College Station, T	26 Feb
50.02	Nicola SANDERS (GBR)	Indoor Arena, Birmingham (GBR)	3 Mar 07	50.98	Talitha DIGGS (USA)	CrossPlex Athletic Facility, Birmingham,	12 Mar
50.04	Olesya KRASNOMOVETS-FORSHEVA (RUS)	skva (RUS)	18 Feb 06	51.04	Justyna ŚWIĘTY-ERSETIC (POL)	Arena, Torun (POL)	6 Mar
50.15	Olga ZAYTSEVA (RUS)	Moskva (RUS)	25 Jan 06	51.10	Anna KIEŁBASIŃSKA (POL)	Atletická hala, Ostrava (CZE)	3 Feb
50.21	Vanya STAMBOLOVA (BUL)	iyiski Stadion, Moskva (RUS)	12 Mar 06	51.15	Natalia KACZMAREK (POL)	Arena, Torun (POL)	22 Feb
50.21	Shaunae MILLER-UIBO (BAH)	il. Complex, New York, NY	13 Feb 21	51.20	Lieke KLAVER (NED)	Omnisport, Apeldoorn (NED)	27 Feb
50.23	Irina PRIVALOVA (RUS)	Palau Sant Jordi, Barcelona (ESP)	12 Mar 95	51.24	Charokee YOUNG (JAM)	vention Center, Albuquerque, NM (USA)	12 Feb