



RESULTS



400 Metres Women - Semi-Final

First 3 in each heat (Q) advance to the Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Indoor Record WIR	49.59	Jarmila KRATOCHVÍLOVÁ	TCH	31	Milano	7 Mar 1982
Championship Record CR	50.04	Olesya KRASNOMOVETS	RUS	27	Moskva (Olimpiyskiy Stadion)	12 Mar 2006
World Leading WL	50.69	Courtney OKOLO	USA	22	Birmingham (Crossplex Arena), AL	12 Mar 2016

Heat 1

2

18 March 2016 19:23 START TIME

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	839	Ashley SPENCER	USA	08 Jun 93	5	52.39	Q 0.186	
2	767	Justyna SWIETY	POL	03 Dec 92	6	53.00	Q 0.214	
3	791	Iveta PUTALOVÁ	SVK	24 Mar 88	4	53.13	Q SB 0.280	
4	776	Bianca RAZOR	ROU	08 Aug 94	1	53.34	0.173	
5	743	Lisanne DE WITTE	NED	10 Sep 92	3	53.35	0.201	
6	601	Samantha EDWARDS	ANT	14 Jan 90	2	54.67	0.199	

INTERMEDIATE TIMES	200m	839 Ashley SPENCER	25.02
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Heat 2

2

18 March 2016 19:30 START TIME

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	LANE	RESULT	REACTION	Fn
1	625	Oluwakemi ADEKOYA	BRN	16 Jan 93	5	51.47	Q AIR 0.224	
2	827	Quanera HAYES	USA	07 Mar 92	6	51.54	Q 0.196	
3	712	Stephenie Ann MCPHERSON	JAM	25 Nov 88	3	51.91	Q SB 0.138	
4	849	Kabange MUPOPO	ZAM	21 Sep 92	1	52.68	NIR 0.185	
5	762	Malgorzata HOLUB	POL	30 Oct 92	4	52.73	SB 0.162	
6	773	Grace CLAXTON	PUR	19 Aug 93	2	53.67	0.232	

INTERMEDIATE TIMES	200m	625 Oluwakemi ADEKOYA	23.91
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ALL-TIME INDOOR TOP LIST

RESULT	NAME	VENUE	DATE
49.59	Jarmila KRATOCHVÍLOVÁ (TCH)	Milano	7 Mar 82
49.68	Natalya NAZAROVA (RUS)	Moskva	18 Feb 04
49.76	Tatána KOCEMBOVÁ (TCH)	Wien	2 Feb 84
50.01	Sabine BUSCH (GER)	Wien	2 Feb 84
50.02	Nicola SANDERS (GBR)	Birmingham (NIA), GBR	3 Mar 07
50.04	Olesya KRASNOMOVETS (RUS)	Moskva	18 Feb 06
50.15	Olga ZAYTSEVA (RUS)	Moskva	25 Jan 06
50.21	Vania STAMBOLOVA (BUL)	Moskva (Olimpiyskiy Stadion)	12 Mar 06
50.23	Irina PRIVALOVA (RUS)	Barcelona (Palau Sant Jordi)	12 Mar 95
50.28	Petra SCHERSING (GDR)	Budapest (SC)	6 Mar 88

SEASON INDOOR TOP LIST

RESULT	NAME	VENUE	DATE
50.69	Courtney OKOLO (USA)	Birmingham (Crossplex Arena), AL	12 Mar 16
51.09	Quanera HAYES (USA)	and (Oregon Convention Center), OR	12 Mar 16
51.29	Ashley SPENCER (USA)	id (Oregon Convention Center), OR	12 Mar 16
51.34	Natasha HASTINGS (USA)	(Oregon Convention Center), OR	12 Mar 16
51.47	Oluwakemi ADEKOYA (BRN)	Portland	18 Mar 16
51.51	Taylor ELLIS-WATSON (USA)	gham (Crossplex Arena), AL	12 Mar 16
51.60	Seren BUNDY-DAVIES (GBR)	Wien (Dusika-Halle)	30 Jan 16
51.69	Chrisann GORDON (JAM)	rmingham (Crossplex Arena), AL	12 Mar 16
51.74	Shamier LITTLE (USA)	Birmingham (Crossplex Arena), AL	12 Mar 16
51.91	Stephenie Ann MCPHERSON (JAM)	Portland	18 Mar 16

