

RACE ANALYSIS



400 Metres Men - Round 1

First 3 of each heat (Q) plus 6 fastest times (q) qualify to Semi-Final

Heat 1

6

20 August 2023

10:26 START TIME

30° C
TEMPERATURE

61 %
HUMIDITY

1 100 m 2 200 m 3 300 m

1	2060	Steven GARDINER	BAH	12 Sep 95	44.65	
1	11.16	2	10.13	3	11.05	12.31
	11.16 (2)		21.29 (1)		32.34 (1)	
2	2589	Kentaro SATO	JPN	16 Nov 94	44.77 NR	
1	11.45	2	10.30	3	10.98	12.04
	11.45 (5)		21.75 (5)		32.73 (3)	
3	2431	Attila MOLNÁR	HUN	17 Jan 02	44.84 NR	
1	11.25	2	10.21	3	11.49	11.89
	11.25 (3)		21.46 (3)		32.95 (5)	
4	2833	Zakithi NENE	RSA	2 Apr 98	44.88	
1	11.10	2	10.29	3	11.10	12.39
	11.10 (1)		21.39 (2)		32.49 (2)	
5	2646	Michael JOSEPH	LCA	1 Nov 02	45.04	
1	11.33	2	10.28	3	11.18	12.25
	11.33 (4)		21.61 (4)		32.79 (4)	
6	2859	Aruna DHARSHANA	SRI	19 Jan 99	45.70	
1	11.63	2	10.72	3	11.51	11.84
	11.63 (6)		22.35 (6)		33.86 (7)	
7	2625	Bonface Ontuga MWERESA	KEN	13 Nov 93	45.91	
1	11.66	2	10.82	3	11.37	12.06
	11.66 (7)		22.48 (7)		33.85 (6)	