



# START LIST



## 400 Metres Men - Round 1

First 2 in each heat (Q) and the next 2 fastest (q) advance to the Semi-Finals

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE	
World Indoor Record	<b>WIR</b>	44.57	Kerron CLEMENT	USA	20	Fayetteville (Randall Tyson TC), AR	12 Mar 2005
Championship Record	<b>CR</b>	45.11	Nery BRENES	CRC	27	Istanbul (Ataköy Arena)	10 Mar 2012
World Leading	<b>WL</b>	45.20	Bralon TAPLIN	GRN	24	College Station, TX	16 Jan 2016

o = Outdoor performance

Heat 1		18 March 2016 11:45 START TIME				
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	339	Sadam Suliman KOUMI	SUD	06 Apr 94	45.41 o	
2	180	George ERAZO	ESA	10 May 92	47.56 o	49.46
3	114	Alonzo RUSSELL	BAH	08 Feb 92	45.65 o	46.58
4	269	Boniface Ontuga MWERESA	KEN	13 Nov 93	45.01 o	46.46
5	350	Deon LENDORE	TTO	28 Oct 92	44.36 o	45.56
6	376	Kyle CLEMONS	USA	27 Aug 90	44.84 o	45.95

Heat 2		18 March 2016 11:52 START TIME				
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	177	Gustavo CUESTA	DOM	14 Nov 88	45.09 o	48.21
2	289	Orukpe ERAIYOKAN	NGR	20 Dec 93		
3	146	Philip OSEI	CAN	30 Oct 90	45.23 o	46.35
4	183	Lucas BUA	ESP	12 Jan 94	45.98 o	46.65
5	349	Lalonde GORDON	TTO	25 Nov 88	44.52 o	45.51
6	248	Fitzroy DUNKLEY	JAM	20 May 93	45.78 o	46.04

Heat 3		18 March 2016 11:59 START TIME				
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	247	Ricardo CHAMBERS	JAM	07 Oct 84	44.54 o	46.85
2	398	Alberth BRAVO	VEN	29 Aug 87		
3	194	Marek NIIT	EST	09 Aug 87	45.74 o	46.81
4	226	Emmanuel DASOR	GHA	14 Sep 95	45.61 o	46.21
5	233	Bralon TAPLIN	GRN	08 May 92	44.89 o	45.20
6	358	Yavuz CAN	TUR	23 Feb 87	45.65 o	46.20

Heat 4		18 March 2016 12:06 START TIME				
LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	280	Kristijan EFREMOV	MKD	31 Aug 90	47.92 o	49.49
2	161	Nery BRENES	CRC	25 Sep 85	44.65 o	
3	357	Batuhan ALTINTAS	TUR	28 Apr 96	46.30 o	46.55
4	401	Chidi OKEZIE	NGR	08 Aug 93	46.07 o	46.48
5	389	Vernon NORWOOD	USA	10 Apr 92	44.44 o	45.80
6	321	Abdoteleh HAROUN	QAT	01 Jan 97	44.27 o	45.88





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**Heat 5**

**5**

18 March 2016 12:13 START TIME

LANE	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	232	Payton HAZZARD	GRN	06 Sep 93	45.88 o	47.03
2	308	Mowen BOINO	PNG	16 Dec 79		
3	285	Liemarvin BONEVACIA	NED	05 Apr 89	44.72 o	46.66
4	337	Luka JANEŽIČ	SLO	14 Nov 95	45.28 o	46.32
5	171	Pavel MASLÁK	CZE	21 Feb 91	44.79 o	45.33 o
6	112	Michael MATHIEU	BAH	24 Jun 84	45.00 o	46.05

**ALL-TIME INDOOR TOP LIST**

**SEASON INDOOR TOP LIST**

RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	DATE
44.57	Kerron CLEMENT (USA)	Fayetteville (Randall Tyson TC), AR	12 Mar 05	45.20	Bralon TAPLIN (GRN)	College Station, TX	16 Jan 16
44.63	Michael JOHNSON (USA)	Atlanta (Georgiadome), GA	4 Mar 95	45.51	Lalonde GORDON (TTO)	New York (Armory), NY	20 Feb 16
44.80	Kirani JAMES (GRN)	Fayetteville, AR	27 Feb 11	45.56	Deon LENDORE (TTO)	Fayetteville (Randall Tyson TC), AR	19 Feb 16
44.93	LaShawn MERRITT (USA)	Fayetteville (Randall Tyson TC), AR	11 Feb 05	45.61	Michael CHERRY (USA)	Fayetteville (Randall Tyson TC), AR	26 Feb 16
45.02	Danny EVERETT (USA)	Stuttgart	2 Feb 92	45.72	Marqueze WASHINGTON (USA)	Fayetteville (Randall Tyson TC), AR	19 Feb 16
45.03	Torrin LAWRENCE (USA)	Fayetteville (Randall Tyson TC), AR	12 Feb 10	45.78	Kahmari MONTGOMERY (USA)	Fayetteville (Randall Tyson TC), AR	27 Feb 16
45.03	Deon LENDORE (TTO)	College Station, TX	1 Mar 14	45.79	Arman HALL (USA)	Fayetteville (Randall Tyson TC), AR	27 Feb 16
45.05	Thomas SCHÖNLEBE (GDR)	Sindelfingen	5 Feb 88	45.80	Vernon NORWOOD (USA)	Portland (Oregon Convention Center), OR	12 Mar 16
45.05	Alvin HARRISON (USA)	Atlanta, GA	28 Feb 98	45.86	Calvin SMITH (USA)	Birmingham (Crossplex Arena), AL	31 Jan 16
45.11	Nery BRENES (CRC)	Istanbul (Ataköy Arena)	10 Mar 12	45.88	Abdalelah HAROUN (QAT)	Doha (Aspire Dome)	20 Feb 16

