

RACE ANALYSIS



3000 Metres Steeplechase Men - Round 1

First 5 in each heat (Q) and the next 5 fastest (q) advance to the Final

INTERMEDIATES UPDATED

Heat 1 **2**

20 August 2021

14:29 START TIME

21° C TEMPERATURE

39% HUMIDITY

1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m		

1 403

Simon Kiprok KOECH

KEN

10 Jun 03

8:52.43

1	16.54	2	17.41	3	17.78	4	18.60	5	18.32	6	18.78	7	18.80	8	19.52	9	17.76	10	17.50
	16.54 (6)		33.95 (5)		51.73 (5)		1:10.33 (4)		1:28.65 (2)		1:47.43 (2)		2:06.23 (2)		2:25.75 (2)		2:43.51 (2)		3:01.01 (1)
11	18.05	12	18.57	13	18.49	14	18.41	15	18.18	16	18.22	17	17.33	18	17.38	19	18.53	20	19.23
	3:19.06 (2)		3:37.63 (2)		3:56.12 (1)		4:14.53 (1)		4:32.71 (2)		4:50.93 (1)		5:08.26 (1)		5:25.64 (1)		5:44.17 (2)		6:03.40 (2)
21	17.86	22	18.10	23	18.53	24	17.86	25	17.16	26	16.57	27	16.19	28	16.29	29	15.78		14.69
	6:21.26 (1)		6:39.36 (1)		6:57.89 (1)		7:15.75 (1)		7:32.91 (1)		7:49.48 (1)		8:05.67 (1)		8:21.96 (1)		8:37.74 (1)		

2 246

Samuel FIREWU

ETH

3 May 04

8:52.87

1	17.17	2	17.09	3	17.76	4	18.79	5	18.66	6	18.35	7	18.79	8	19.29	9	17.44	10	17.72
	17.17 (12)		34.26 (10)		52.02 (9)		1:10.81 (9)		1:29.47 (8)		1:47.82 (6)		2:06.61 (6)		2:25.90 (4)		2:43.34 (1)		3:01.06 (3)
11	17.96	12	18.73	13	18.39	14	18.48	15	18.14	16	18.27	17	17.30	18	17.41	19	18.53	20	19.13
	3:19.02 (1)		3:37.75 (3)		3:56.14 (2)		4:14.62 (3)		4:32.76 (3)		4:51.03 (3)		5:08.33 (2)		5:25.74 (3)		5:44.27 (3)		6:03.40 (3)
21	18.02	22	17.99	23	18.50	24	18.08	25	17.17	26	16.40	27	16.34	28	16.34	29	16.14		14.49
	6:21.42 (2)		6:39.41 (3)		6:57.91 (2)		7:15.99 (2)		7:33.16 (2)		7:49.56 (2)		8:05.90 (2)		8:22.24 (3)		8:38.38 (2)		

3 232

Simon MEBRAHTU

ERI

30 Dec 02

8:54.08

1	16.45	2	17.46	3	17.71	4	18.61	5	18.48	6	19.00	7	18.71	8	19.55	9	17.87	10	17.30
	16.45 (4)		33.91 (4)		51.62 (3)		1:10.23 (3)		1:28.71 (3)		1:47.71 (4)		2:06.42 (4)		2:25.97 (5)		2:43.84 (4)		3:01.14 (4)
11	18.01	12	19.01	13	18.26	14	18.32	15	18.24	16	18.48	17	17.32	18	17.16	19	18.51	20	19.21
	3:19.15 (4)		3:38.16 (4)		3:56.42 (4)		4:14.74 (4)		4:32.98 (4)		4:51.46 (4)		5:08.78 (4)		5:25.94 (4)		5:44.45 (4)		6:03.66 (4)
21	18.01	22	17.70	23	18.62	24	18.09	25	17.35	26	16.27	27	16.40	28	16.01	29	16.53		15.44
	6:21.67 (3)		6:39.37 (2)		6:57.99 (3)		7:16.08 (3)		7:33.43 (3)		7:49.70 (3)		8:06.10 (3)		8:22.11 (2)		8:38.64 (3)		

4 595

Elphas Toroitich NDIWA

UGA

7 Sep 03

9:05.41

1	16.83	2	17.24	3	17.74	4	18.64	5	18.52	6	18.55	7	18.68	8	19.42	9	18.08	10	17.35
	16.83 (8)		34.07 (8)		51.81 (6)		1:10.45 (6)		1:28.97 (5)		1:47.52 (3)		2:06.20 (1)		2:25.62 (1)		2:43.70 (3)		3:01.05 (2)
11	18.01	12	18.52	13	18.59	14	18.40	15	18.12	16	18.30	17	17.45	18	17.23	19	18.44	20	19.25
	3:19.06 (3)		3:37.58 (1)		3:56.17 (3)		4:14.57 (2)		4:32.69 (1)		4:50.99 (2)		5:08.44 (3)		5:25.67 (2)		5:44.11 (1)		6:03.36 (1)
21	18.55	22	17.56	23	18.69	24	18.26	25	18.13	26	17.38	27	17.76	28	18.27	29	19.22		18.23
	6:21.91 (4)		6:39.47 (4)		6:58.16 (4)		7:16.42 (4)		7:34.55 (4)		7:51.93 (4)		8:09.69 (4)		8:27.96 (4)		8:47.18 (4)		

5 272

Baptiste CARTIEAUX

FRA

28 Jul 03

9:13.87

1	16.15	2	17.52	3	17.83	4	18.65	5	18.68	6	18.89	7	18.87	8	19.61	9	18.54	10	17.85
	16.15 (2)		33.67 (2)		51.50 (2)		1:10.15 (2)		1:28.83 (4)		1:47.72 (5)		2:06.59 (5)		2:26.20 (7)		2:44.74 (7)		3:02.59 (7)
11	17.79	12	18.23	13	18.72	14	18.79	15	18.41	16	18.08	17	18.74	18	18.55	19	18.57	20	18.46
	3:20.38 (7)		3:38.61 (7)		3:57.33 (7)		4:16.12 (7)		4:34.53 (7)		4:52.61 (6)		5:11.35 (6)		5:29.90 (5)		5:48.47 (5)		6:06.93 (5)
21	18.51	22	18.61	23	18.81	24	19.38	25	19.38	26	18.91	27	17.79	28	18.32	29	18.63		18.60
	6:25.44 (5)		6:44.05 (5)		7:02.86 (5)		7:22.24 (5)		7:41.62 (5)		8:00.53 (5)		8:18.32 (5)		8:36.64 (5)		8:55.27 (5)		

6 235

Marc FERNÁNDEZ

ESP

28 Feb 02

9:16.97

1	16.58	2	17.47	3	17.87	4	18.62	5	18.53	6	18.81	7	18.94	8	19.50	9	18.04	10	17.65
	16.58 (7)		34.05 (6)		51.92 (8)		1:10.54 (7)		1:29.07 (6)		1:47.88 (8)		2:06.82 (8)		2:26.32 (8)		2:44.36 (5)		3:02.01 (5)
11	17.62	12	18.55	13	18.71	14	18.97	15	18.48	16	18.67	17	18.45	18	18.93	19	18.58	20	18.73
	3:19.63 (5)		3:38.18 (5)		3:56.89 (6)		4:15.86 (6)		4:34.34 (6)		4:53.01 (7)		5:11.46 (7)		5:30.39 (7)		5:48.97 (6)		6:07.70 (6)
21	18.52	22	18.63	23	18.46	24	19.17	25	19.34	26	19.16	27	18.49	28	19.57	29	19.68		18.25
	6:26.22 (6)		6:44.85 (6)		7:03.31 (6)		7:22.48 (6)		7:41.82 (6)		8:00.98 (6)		8:19.47 (6)		8:39.04 (6)		8:58.72 (6)		

7 206

Tomáš HABARTA

CZE

10 Jul 03

9:18.20

1	16.50	2	17.55	3	17.86	4	18.87	5	18.96	6	18.41	7	18.83	8	19.78	9	18.67	10	17.98
	16.50 (5)		34.05 (7)		51.91 (7)		1:10.78 (8)		1:29.74 (9)		1:48.15 (9)		2:06.98 (9)		2:26.76 (11)		2:45.43 (11)		3:03.41 (10)
11	18.17	12	18.16	13	18.59	14	18.51	15	18.89	16	18.61	17	18.83	18	18.54	19	18.52	20	19.37
	3:21.58 (10)		3:39.74 (10)		3:58.33 (10)		4:16.84 (10)		4:35.73 (10)		4:54.34 (9)		5:13.17 (9)		5:31.71 (8)		5:50.23 (8)		6:09.60 (8)
21	19.43	22	19.08	23	18.90	24	18.97	25	19.05	26	18.77	27	18.67	28	18.77	29	19.29		17.67
	6:29.03 (7)		6:48.11 (7)		7:07.01 (7)		7:25.98 (7)		7:45.03 (7)		8:03.80 (7)		8:22.47 (7)		8:41.24 (7)		9:00.53 (7)		

RACE ANALYSIS
3000 Metres Steeplechase Men - Round 1

INTERMEDIATES UPDATED

8										177										Dylan UHRICH										CAN										23 Dec 02										9:21.56																																																																					
1	17.44	2	17.11	3	18.01	4	18.75	5	18.48	6	18.42	7	18.92	8	19.42	9	18.53	10	18.43	11	17.44 (13)	12	34.55 (12)	13	52.56 (12)	14	1:11.31 (12)	15	1:29.79 (10)	16	1:48.21 (10)	17	2:07.13 (10)	18	2:26.55 (9)	19	2:45.08 (9)	20	3:03.51 (11)	21	18.22	22	18.46	23	18.89	24	19.01	25	18.95	26	19.19	27	19.20	28	19.29	29	19.46	30	19.66	31	3:21.73 (11)	32	3:40.19 (11)	33	3:59.08 (11)	34	4:18.09 (11)	35	4:37.04 (11)	36	4:56.23 (11)	37	5:15.43 (11)	38	5:34.72 (11)	39	5:54.18 (11)	40	6:13.84 (11)	41	19.48	42	19.24	43	19.76	44	19.57	45	19.21	46	18.85	47	18.30	48	18.35	49	18.56	50	16.40	51	6:33.32 (11)	52	6:52.56 (11)	53	7:12.32 (10)	54	7:31.89 (9)	55	7:51.10 (9)	56	8:09.95 (8)	57	8:28.25 (8)	58	8:46.60 (8)	59	9:05.16 (8)	60	
9										488										Michał ZIELEŃ										POL										20 Sep 02										9:34.93																																																																					
1	16.84	2	17.55	3	17.93	4	18.77	5	19.03	6	18.23	7	18.87	8	19.46	9	18.48	10	17.93	11	16.84 (10)	12	34.39 (11)	13	52.32 (11)	14	1:11.09 (11)	15	1:30.12 (11)	16	1:48.35 (11)	17	2:07.22 (11)	18	2:26.68 (10)	19	2:45.16 (10)	20	3:03.09 (9)	21	18.19	22	18.14	23	18.47	24	18.84	25	18.84	26	19.12	27	18.70	28	18.70	29	18.69	30	19.55	31	3:21.28 (9)	32	3:39.42 (9)	33	3:57.89 (9)	34	4:16.73 (9)	35	4:35.57 (9)	36	4:54.69 (10)	37	5:13.39 (10)	38	5:32.09 (9)	39	5:50.78 (9)	40	6:10.33 (9)	41	19.59	42	19.67	43	19.77	44	20.55	45	20.55	46	20.11	47	20.43	48	21.64	49	21.58	50	20.71	51	6:29.92 (9)	52	6:49.59 (8)	53	7:09.36 (8)	54	7:29.91 (8)	55	7:50.46 (8)	56	8:10.57 (9)	57	8:31.00 (9)	58	8:52.64 (9)	59	9:14.22 (9)	60	
10										349										Cesare CAIANI										ITA										27 Dec 03										9:43.53																																																																					
1	15.90	2	17.64	3	17.82	4	18.64	5	18.46	6	18.95	7	18.93	8	19.46	9	18.64	10	18.16	11	15.90 (1)	12	33.54 (1)	13	51.36 (1)	14	1:10.00 (1)	15	1:28.46 (1)	16	1:47.41 (1)	17	2:06.34 (3)	18	2:25.80 (3)	19	2:44.44 (6)	20	3:02.60 (8)	21	18.44	22	18.20	23	18.46	24	18.95	25	18.58	26	18.91	27	18.97	28	19.42	29	19.60	30	19.96	31	3:21.04 (8)	32	3:39.24 (8)	33	3:57.70 (8)	34	4:16.65 (8)	35	4:35.23 (8)	36	4:54.14 (8)	37	5:13.11 (8)	38	5:32.53 (10)	39	5:52.13 (10)	40	6:12.09 (10)	41	19.90	42	20.16	43	20.89	44	21.15	45	21.22	46	21.52	47	21.64	48	21.31	49	21.91	50	21.74	51	6:31.99 (10)	52	6:52.15 (10)	53	7:13.04 (11)	54	7:34.19 (11)	55	7:55.41 (10)	56	8:16.93 (10)	57	8:38.57 (10)	58	8:59.88 (10)	59	9:21.79 (10)	60	
11										104										Yazid DALLA										ALG										1 Feb 03										9:45.95																																																																					
1	16.35	2	17.53	3	17.78	4	18.68	5	18.74	6	18.75	7	18.93	8	19.40	9	18.60	10	17.38	11	16.35 (3)	12	33.88 (3)	13	51.66 (4)	14	1:10.34 (5)	15	1:29.08 (7)	16	1:47.83 (7)	17	2:06.76 (7)	18	2:26.16 (6)	19	2:44.76 (8)	20	3:02.14 (6)	21	17.85	22	18.56	23	18.31	24	18.49	25	18.13	26	18.76	27	18.88	28	18.95	29	19.31	30	19.90	31	3:19.99 (6)	32	3:38.55 (6)	33	3:56.86 (5)	34	4:15.35 (5)	35	4:33.48 (5)	36	4:52.24 (5)	37	5:11.12 (5)	38	5:30.07 (6)	39	5:49.38 (7)	40	6:09.28 (7)	41	20.32	42	21.24	43	20.86	44	22.38	45	23.57	46	22.03	47	22.36	48	23.59	49	21.71	50	18.61	51	6:29.60 (8)	52	6:50.84 (9)	53	7:11.70 (9)	54	7:34.08 (10)	55	7:57.65 (11)	56	8:19.68 (11)	57	8:42.04 (11)	58	9:05.63 (11)	59	9:27.34 (11)	60	
12										342										Tomer MUALEM										ISR										6 Oct 03										9:51.82																																																																					
1	16.84	2	17.37	3	17.90	4	18.79	5	21.16	6	17.13	7	18.12	8	19.77	9	18.88	10	18.32	11	16.84 (9)	12	34.21 (9)	13	52.11 (10)	14	1:10.90 (10)	15	1:32.06 (13)	16	1:49.19 (13)	17	2:07.31 (12)	18	2:27.08 (12)	19	2:45.96 (12)	20	3:04.28 (12)	21	18.28	22	18.86	23	19.29	24	19.24	25	19.34	26	20.05	27	20.11	28	20.46	29	20.61	30	21.00	31	3:22.56 (12)	32	3:41.42 (12)	33	4:00.71 (12)	34	4:19.95 (12)	35	4:39.29 (12)	36	4:59.34 (12)	37	5:19.45 (12)	38	5:39.91 (12)	39	6:00.52 (12)	40	6:21.52 (12)	41	20.72	42	20.76	43	21.04	44	21.90	45	21.66	46	21.46	47	20.70	48	21.42	49	20.67	50	19.97	51	6:42.24 (12)	52	7:03.00 (12)	53	7:24.04 (12)	54	7:45.94 (12)	55	8:07.60 (12)	56	8:29.06 (12)	57	8:49.76 (12)	58	9:11.18 (12)	59	9:31.85 (12)	60	
572										Jed ELMBARKI										TUN										13 Sep 02										DNF																																																																															
1	17.10	2	17.52	3	17.95	4	18.89	5	19.37	6	18.25	7	18.80	8	19.45	9	19.30	10	18.77	11	17.10 (11)	12	34.62 (13)	13	52.57 (13)	14	1:11.46 (13)	15	1:30.83 (12)	16	1:49.08 (12)	17	2:07.88 (13)	18	2:27.33 (13)	19	2:46.63 (13)	20	3:05.40 (13)	21	18.90	22	19.53	23	19.61	24	19.72	25	19.65	26	20.39	27	20.71	28	20.57	29	20.80	30	2:04.26	31	3:24.30 (13)	32	3:43.83 (13)	33	4:03.44 (13)	34	4:23.16 (13)	35	4:42.81 (13)	36	5:03.20 (13)	37	5:23.91 (13)	38	5:44.48 (13)	39	6:05.28 (13)	40	8:09.54 (13)	41		42		43		44		45		46		47		48		49		50		51		52		53		54		55		56		57		58		59		60	