

RESULTS



3000 Metres Steeplechase Men - Round 1

First 5 of each heat (Q) qualify to Final

BIB 3035 ADVANCED TO THE FINAL BY THE REFEREE

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record WR	7:52.11	Lamecha GIRMA	ETH	23	Paris (FRA)	9 Jun 2023
Championships Record CR	8:00.43	Ezekiel KEMBOI	KEN	27	Berlin (GER)	18 Aug 2009
World Leading WL	7:52.11	Lamecha GIRMA	ETH	23	Paris (FRA)	9 Jun 2023

Note: World Record pending ratification

Area Record AR	National Record NR	Personal Best PB	Season Best SB

Heat 1

3

19 August 2023

12:35 START TIME

21° C
TEMPERATURE

94 %
HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT	
1	2282	Getnet WALE	ETH	16 Jul 00	5	8:19.99	Q
2	2141	Jean-Simon DESGAGNÉS	CAN	26 Jul 98	12	8:20.04	Q
3	2620	Simon Kiprop KOECH	KEN	10 Jun 03	1	8:20.29	Q
4	2235	Daniel ARCE	ESP	22 Apr 92	8	8:20.46	Q
5	2563	Ryoma AOKI	JPN	16 Jun 97	7	8:20.54 (.531)	Q SB
6	2667	Mohamed TINDOUFT	MAR	12 Mar 93	2	8:20.67	
7	2462	Avinash Mukund SABLE	IND	13 Sep 94	11	8:22.24	
8	2999	Benard KETER	USA	25 May 92	6	8:24.20 (.194)	
9	2895	Vidar JOHANSSON	SWE	8 Oct 96	9	8:27.21	
10	2925	Ahmed JAZIRI	TUN	16 Dec 97	10	8:29.81	
11	2293	Topi RAITANEN	FIN	7 Feb 96	3	8:30.69	
12	2035	Matthew CLARKE	AUS	29 Apr 95	4	8:40.92	

INTERMEDIATE TIMES

100 m	16.19 Getnet WALE	200 m	33.59 Getnet WALE
300 m	50.74 Getnet WALE	400 m	1:07.96 Getnet WALE
500 m	1:25.20 Getnet WALE	600 m	1:42.82 Getnet WALE
700 m	2:00.42 Getnet WALE	800 m	2:17.94 Getnet WALE
900 m	2:35.47 Getnet WALE	1000 m	2:53.00 Getnet WALE
1100 m	3:10.75 Getnet WALE	1200 m	3:29.15 Getnet WALE
1300 m	3:46.67 Getnet WALE	1400 m	4:04.35 Getnet WALE
1500 m	4:20.03 Simon Kiprop KOECH	1600 m	4:37.50 Getnet WALE
1700 m	4:54.11 Getnet WALE	1800 m	5:10.55 Simon Kiprop KOECH
1900 m	5:26.87 Simon Kiprop KOECH	2000 m	5:43.12 Simon Kiprop KOECH
2100 m	5:59.57 Simon Kiprop KOECH	2200 m	6:16.06 Simon Kiprop KOECH
2300 m	6:32.43 Avinash Mukund SABLE	2400 m	6:48.72 Simon Kiprop KOECH
2500 m	7:05.00 Getnet WALE	2600 m	7:20.13 Getnet WALE
2700 m	7:35.06 Getnet WALE	2800 m	7:49.65 Getnet WALE
2900 m	8:05.30 Getnet WALE		

RESULTS
3000 Metres Steeplechase Men - Round 1

BIB 3035 ADVANCED TO THE FINAL BY THE REFEREE

Heat 2 **3**

19 August 2023

12:50 START TIME

22° C
TEMPERATURE

88 %
HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE of BIRTH	ORDER	RESULT
1	3027	Kenneth ROOKS	USA	21 Oct 99	8	8:23.66 (.656) Q
2	2659	Soufiane EL BAKKALI	MAR	7 Jan 96	7	8:23.66 (.657) Q
3	2926	Mohamed Amin JHINAOU	TUN	2 Apr 97	2	8:24.20 (.193) Q
4	2612	Abraham KIBIWOT	KEN	6 Apr 96	9	8:24.31 Q
5	2939	Leonard CHEMUTAI	UGA	5 May 03	1	8:24.74 Q
6	2012	Nahuel CARABAÑA	AND	10 Nov 99	11	8:27.05
7	2434	István PALKOVITS	HUN	27 Dec 00	4	8:29.37
8	2280	Abrham SIME	ETH	7 Nov 01	10	8:31.49
9	2524	Osama ZOGHLAMI	ITA	19 Jun 94	3	8:33.07
10	2657	Salaheddine BEN YAZIDE	MAR	6 May 03	5	8:38.14
11	2594	Seiya SUNADA	JPN	30 Oct 01	12	8:38.59
12	2890	Emil BLOMBERG	SWE	9 Apr 92	6	8:42.33

INTERMEDIATE TIMES

100 m	16.87 Abraham KIBIWOT	200 m	34.65 Abraham KIBIWOT
300 m	52.06 Abraham KIBIWOT	400 m	1:09.18 Abraham KIBIWOT
500 m	1:27.07 Seiya SUNADA	600 m	1:45.18 Abraham KIBIWOT
700 m	2:02.60 Abraham KIBIWOT	800 m	2:19.58 Abraham KIBIWOT
900 m	2:37.11 Abraham KIBIWOT	1000 m	2:54.80 Abraham KIBIWOT
1100 m	3:12.18 Abrham SIME	1200 m	3:28.98 Abrham SIME
1300 m	3:45.88 Abrham SIME	1400 m	4:03.35 István PALKOVITS
1500 m	4:20.24 Abraham KIBIWOT	1600 m	4:37.21 Abraham KIBIWOT
1700 m	4:54.43 Soufiane EL BAKKALI	1800 m	5:11.34 Soufiane EL BAKKALI
1900 m	5:28.35 Abraham KIBIWOT	2000 m	5:44.81 István PALKOVITS
2100 m	6:01.29 Abraham KIBIWOT	2200 m	6:17.90 Abraham KIBIWOT
2300 m	6:34.29 Abraham KIBIWOT	2400 m	6:50.57 Abraham KIBIWOT
2500 m	7:07.08 Soufiane EL BAKKALI	2600 m	7:22.54 Soufiane EL BAKKALI
2700 m	7:37.84 Soufiane EL BAKKALI	2800 m	7:53.20 Soufiane EL BAKKALI
2900 m	8:08.89 Soufiane EL BAKKALI		

RESULTS
3000 Metres Steeplechase Men - Round 1

BIB 3035 ADVANCED TO THE FINAL BY THE REFEREE

Heat 3 3

19 August 2023

13:05 START TIME

22° C
TEMPERATURE

88 %
HUMIDITY

PLACE	BIB	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT	
1	2276	Lamecha GIRMA	ETH	26 Nov 00	2	8:15.89	Q
2	2744	George BEAMISH	NZL	24 Oct 96	7	8:16.36	Q
3	2605	Leonard Kipkemoi BETT	KEN	3 Nov 00	9	8:16.74	Q
4	2580	Ryuji MIURA	JPN	21 Feb 02	11	8:18.73	Q
5	2903	Simon SUNDSTRÖM	SWE	4 Feb 98	6	8:20.10	Q PB
6	2258	Victor RUIZ	ESP	24 Jun 93	8	8:20.54	(.531)
7	2297	Djilali BEDRANI	FRA	1 Oct 93	13	8:20.69	
8	2366	Karl BEBENDORF	GER	7 May 96	12	8:22.33	
9	2663	Mohammed MSAAD	MAR	4 Mar 04	5	8:22.95	
10	2523	Ala ZOGHLAMI	ITA	19 Jun 94	1	8:28.76	
11	3035	Isaac UPDIKE	USA	21 Mar 92	4	8:31.81	qR
12	2027	Fouad IDBAFDIL	ART	9 Feb 88	3	8:39.21	
13	2021	Julián MOLINA	ARG	11 May 93	10	8:46.44	

INTERMEDIATE TIMES

100 m	16.90 Isaac UPDIKE	200 m	34.94 Isaac UPDIKE
300 m	51.99 Djilali BEDRANI	400 m	1:08.93 Djilali BEDRANI
500 m	1:25.77 Djilali BEDRANI	600 m	1:43.82 Leonard Kipkemoi BETT
700 m	2:00.23 Julián MOLINA	800 m	2:16.43 Julián MOLINA
900 m	2:33.60 Julián MOLINA	1000 m	2:50.68 Leonard Kipkemoi BETT
1100 m	3:08.07 Leonard Kipkemoi BETT	1200 m	3:24.85 Leonard Kipkemoi BETT
1300 m	3:42.43 Leonard Kipkemoi BETT	1400 m	3:59.29 Lamecha GIRMA
1500 m	4:16.40 Leonard Kipkemoi BETT	1600 m	4:32.64 Leonard Kipkemoi BETT
1700 m	4:49.35 Lamecha GIRMA	1800 m	5:05.69 Lamecha GIRMA
1900 m	5:21.89 Lamecha GIRMA	2000 m	5:37.92 Lamecha GIRMA
2100 m	5:54.29 Lamecha GIRMA	2200 m	6:10.39 Lamecha GIRMA
2300 m	6:26.64 Lamecha GIRMA		

ALL-TIME OUTDOOR TOP LIST

RESULT	NAME	VENUE	DATE
7:52.11	Lamecha GIRMA (ETH)	Paris (FRA)	9 Jun 23
7:53.63	Saif Saaeed SHAHEEN (QAT)	Bruxelles (BEL)	3 Sep 04
7:53.64	Brimin Kiprop KIPRUTO (KEN)	Monaco (MON)	22 Jul 11
7:54.31	Paul Kipsiele KOECH (KEN)	Roma (ITA)	31 May 12
7:55.28	Brahim BOULAMI (MAR)	Bruxelles (BEL)	24 Aug 01
7:55.72	Bernard BARMASAI (KEN)	Köln (GER)	24 Aug 97
7:55.76	Ezekiel KEMBOI (KEN)	Monaco (MON)	22 Jul 11
7:56.16	Moses KIPTANUI (KEN)	Köln (GER)	24 Aug 97
7:56.68	Soufiane EL BAKKALI (MAR)	Rabat (MAR)	28 May 23
7:56.81	Richard Kipkemboi MATEELONG (KEN)	Doha (QAT)	11 May 12

2023 OUTDOOR TOP LIST

RESULT	NAME	VENUE	2023
7:52.11	Lamecha GIRMA (ETH)	Paris (FRA)	9 Jun
7:56.68	Soufiane EL BAKKALI (MAR)	Rabat (MAR)	28 May
8:04.19	Simon Kiprop KOECH (KEN)	Monaco (MON)	21 Jul
8:05.15	Getnet WALE (ETH)	Rabat (MAR)	28 May
8:05.51	Abraham KIBIWOT (KEN)	Rabat (MAR)	28 May
8:09.45	Leonard Kipkemoi BETT (KEN)	Chorzów (POL)	16 Jul
8:09.91	Ryuji MIURA (JPN)	Paris (FRA)	9 Jun
8:10.56	Abrham SIME (ETH)	Monaco (MON)	21 Jul
8:10.57	Samuel FIREWU (ETH)	Monaco (MON)	21 Jul
8:10.63	Daniel ARCE (ESP)	Paris (FRA)	9 Jun