

START LIST



3000 Metres Women - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World U20 Record	WU20R	8:28.83 Zola BUDD-PIETERSE	GBR	19	Roma (ITA)	7 Sep 1985
Championships Record	CR	8:41.76 Beyenu DEGEFA	ETH	17	Bydgoszcz (POL)	20 Jul 2016
World U20 Leading	WU20L	8:41.42 Medina EISA	ETH	17	Rabat (MAR)	5 Jun 2022

1 August 2022 17:00 START TIME

ORDER	BIB	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	483	Tsiyon ABEBE	ETH	17 Aug 06	8:44.82	8:44.82
2	377	Siona CHISHOLM	CAN	03	9:17.77	9:17.77
3	981	Heidi NIELSON	USA	22 May 03	9:21.30 i	9:21.30 i
4	928	Scarlet CHEBET	UGA	20 Aug 05	9:30.92	9:31.98
5	602	Maria KASSOU	GRE	19 Dec 03	9:26.16	9:26.16
6	780	Anna Marie Nordengen SIREVÅG	NOR	24 May 04	9:30.00	9:30.00
7	390	Chloe THOMAS	CAN	03	9:26.50	9:26.50
8	550	Sofia BENFARES	GER	30 Jul 04	9:18.01	9:18.01
9	490	Bertukan WELDE	ETH	10 May 04	8:59.10	8:59.10
10	501	Ilona MONONEN	FIN	18 Dec 03	9:02.00	9:02.00
11	705	Betty CHELANGAT	KEN	7 Apr 03	8:51.33	8:51.33
12	717	Agate CAUNE	LAT	7 Aug 04	9:12.67	9:12.67
13	983	Kate PETERS	USA	26 Jan 05	9:17.97	9:17.97
14	709	Nancy CHEROP	KEN	7 Apr 03	8:52.86	8:52.86
15	775	Ina Halle HAUGEN	NOR	22 Nov 03	9:11.81	9:14.51

i = Indoor performance

ALL-TIME OUTDOOR TOP LIST				2022 OUTDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2022
8:28.83	Zola BUDD-PIETERSE (GBR)	Roma (ITA)	7 Sep 85	8:41.42	Medina EISA (ETH)	Rabat (MAR)	5 Jun
8:33.63	Meskerem MAMO (ETH)	Doha (QAT)	4 May 18	8:44.82	Tsiyon ABEBE (ETH)	Rabat (MAR)	5 Jun
8:34.03	Lemlem HAILU (ETH)	Doha (QAT)	3 May 19	8:45.76	Melknat WUDU (ETH)	Doha (QAT)	13 May
8:35.76	Beyenu DEGEFA (ETH)	Doha (QAT)	4 May 18	8:51.33	Betty CHELANGAT (KEN)	Nairobi (KEN)	2 Jul
8:35.89	Sally BARSOSIO (KEN)	Monaco (MON)	16 Aug 97	8:52.86	Nancy CHEROP (KEN)	Nairobi (KEN)	2 Jul
8:36.45	Ninqninq MA (CHN)	Jinan (CHN)	6 Jun 93	8:53.56	Caroline KARIBA (KEN)	Kumamoto (JPN)	9 Apr
8:36.87	Alemitu HAROYE (ETH)	Bruxelles (BEL)	5 Sep 14	8:57.02	Joyline CHEPKEMOI (KEN)	Nairobi (KEN)	2 Jul
8:37.68	Alemaz SAMUEL (ETH)	Zagreb (CRO)	4 Sep 18	8:59.10	Bertukan WELDE (ETH)	Doha (QAT)	13 May
8:38.61	Kalkidan GEZAHEGNE (ETH)	Thessaloniki (GRE)	13 Sep 09	9:02.00	Ilona MONONEN (FIN)	Kuortane (FIN)	18 Jun
8:38.97	Linet Chepkwemoi MASAI (KEN)	Rieti (ITA)	9 Sep 07	9:06.45	Marion JEPNGETICH (KEN)	Nairobi (KEN)	2 Jul