

START LIST



3000 Metres Men - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Indoor Record WIR	7:24.90	Daniel KOMEN	KEN	22	Budapest (HUN)	6 Feb 1998
Championship Record CR	7:34.71	Haile GEBRSELESSIE	ETH	24	Palais Omnisports de Paris-Bercy, Paris	9 Mar 1997
World Leading WL	7:26.20	Berihu AREGAWI	ETH	21	Messehalle, Karlsruhe (GER)	28 Jan 2022

20 March 2022 12:10 START TIME

ORDER	BIB	NAME	COUNTRY	DATE OF BIRTH	PERSONAL BEST	SEASON BEST	WORLD RANKING
1	301	Daniel Simiu EBENYO	KEN	18 Sep 95	7:37.86	7:37.86	12
2	131	Michael SOMERS	BEL	2 Mar 95	7:48.72	7:48.72	81
3	321	Zouhair TALBI	MAR	8 Apr 95	7:39.88 o	7:40.39	41
4	200	Lamecha GIRMA	ETH	26 Nov 00	7:27.98	7:30.54	
5	128	Isaac KIMELI	BEL	9 Mar 94	7:44.17	7:46.62	43
6	305	Jacob KROP	KEN	4 Jun 01	7:30.07 o	7:31.90	9
7	459	Dillon MAGGARD	USA	16 Oct 95	7:47.21 o	7:47.21 o	106
8	241	Maximilian THORWIRTH	GER	9 Jan 95	7:38.14	7:38.14	58
9	190	Adel MECHAAL	ESP	5 Dec 90	7:30.82	7:30.82	
10	199	Selemon BAREGA	ETH	20 Jan 00	7:26.10	7:30.66	
11	112	Matthew RAMSDEN	AUS	23 Jul 97	7:35.65 o	7:52.04	27
12	227	Marc SCOTT	GBR	21 Dec 93	7:36.08 o	7:53.35	
13	412	Jonas RAESS	SUI	8 Mar 94	7:39.49	7:39.49	21
14	274	Baldvin MAGNUSSON	ISL	7 Apr 99	7:47.51	7:47.51	138
15	353	George BEAMISH	NZL	24 Oct 96	7:39.50	7:39.50	

World Ranking as of 15 March 2022

o = Outdoor performance

ALL-TIME TOP LIST				SEASON TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2022
7:24.90	Daniel KOMEN (KEN)	Budapest (HUN)	6 Feb 98	7:26.20	Berihu AREGAWI (ETH)	Messehalle, Karlsruhe (GER)	28 Jan
7:24.98	Getnet WALE (ETH)	Arena Stade Couvert, Liévin (FRA)	9 Feb 21	7:30.54	Lamecha GIRMA (ETH)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:26.10	Selemon BAREGA (ETH)	Arena Stade Couvert, Liévin (FRA)	9 Feb 21	7:30.66	Selemon BAREGA (ETH)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:26.15	Haile GEBRSELESSIE (ETH)	Karlsruhe (GER)	25 Jan 98	7:30.82	Adel MECHAAL (ESP)	Icean Breeze Athl. Complex, New York, NY	6 Feb
7:26.20	Berihu AREGAWI (ETH)	Messehalle, Karlsruhe (GER)	28 Jan 22	7:30.88	Getnet WALE (ETH)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:27.80	Yenew ALAMIREW (ETH)	Schleyer Halle, Stuttgart (GER)	5 Feb 11	7:31.77	Birhanu BALEW (BRN)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:27.98	Lamecha GIRMA (ETH)	Arena Stade Couvert, Liévin (FRA)	9 Feb 21	7:31.90	Jacob KROP (KEN)	Arena, Torun (POL)	22 Feb
7:28.00	Auqustine Kiprono CHOGE (KEN)	Halle, Stuttgart (GER)	5 Feb 11	7:34.31	Andreas ALMGREN (SWE)	Arena Stade Couvert, Liévin (FRA)	17 Feb
7:29.37	Eliud KIPCHOGE (KEN)	Schleyer Halle, Stuttgart (GER)	5 Feb 11	7:35.73	Mohamed KATIR (ESP)	Gallur, Madrid (ESP)	2 Mar
7:29.94	Edwin Cheruiyot SOI (KEN)	Karlsruhe (GER)	12 Feb 12	7:37.42	Luis GRIJALVA (GUA)	Icean Breeze Athl. Complex, New York, NY	6 Feb
				7:37.42	Andrew BUTCHART (GBR)	Breeze Athl. Complex, New York, NY	6 Feb